

# Why Neighborhood Watch Programs Are Rare in HOAs Today

In years past, many neighborhoods—including HOA communities—organized "Neighborhood Watch" programs to keep an extra set of eyes on streets, homes, and community spaces. While the intent was good, most HOAs today do not maintain formal neighborhood watch groups. Here are a few reasons why this practice has shifted:

### **Liability Concerns**

When an HOA officially organizes or endorses a neighborhood watch, it can open the association (and its Board) to potential liability if something goes wrong. For example, if a volunteer confronts a suspicious person and the situation escalates, the HOA may be held responsible. To reduce this risk, most HOAs encourage residents to report concerns directly to law enforcement rather than take on the role of security themselves.

### **Professional Law Enforcement is Better Equipped**

HOAs are not law enforcement agencies, and volunteers lack the training, authority, and resources that police officers have. Modern community safety practices encourage residents to be observant and call 911 or non-emergency police numbers when needing trained professionals to handle potential criminal situations safely.

### **Shifts in Community Safety Practices**

Today, many communities focus on "safety awareness" rather than organized patrols. This includes encouraging residents to:

- Lock doors and windows consistently.
- Install security cameras or video doorbells.
- Report suspicious activity immediately to the police.

Stay connected through digital neighborhood platforms, email groups, or community apps.

These approaches foster awareness without placing residents in potentially risky or confrontational situations.

#### **Insurance and Governance Considerations**

Insurance carriers often discourage or exclude coverage for activities like neighborhood watch patrols. In addition, HOA governing documents usually define the Association's purpose as maintaining common areas and enforcing rules—not providing security services. This distinction helps ensure the HOA stays within its legal and financial responsibilities.

# Summerfield Civic Association

10650 SW Summerfield Dr. Tigard, OR 97224

Office: 503-620-0131 office@summerfield55.org www.summerfield55.org

Office open

Monday through Friday,

8 AM—12 noon

Golf Pro Shop: 503-620-1200 www.golfsummerfield.com

## Upcoming SCA Board Meetings

### **Agenda Meeting**

October 13 in the Conference Room at 9 AM.

### **Board Meeting**

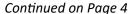
October 20 in the Conference Room at 9 AM.

#### Summerfield Summary Staff

Producer Jennifer Stiffler

Proofing Linda Clancy Deb Simpson

Barbara Sherman





### PRESIDENT'S MESSAGE

We're now into Autumn, waiting for the colorful leaves to brighten our neighborhood. It's nice to have some cooler weather after those 90+ degree days.

Watch for good things coming your way this Fall at the Clubhouse:

- The Fall Newcomers Fair on October 11<sup>th</sup>. Yes, it's
  designed for newcomers, but those who have been living
  in Summerfield for a while and want to see the offerings
  from all the clubs, committees, and activities are
  welcome.
- A Halloween Potluck on October 31<sup>st</sup>.
- The Annual Holiday Bazaar on November 7<sup>th</sup> and 8<sup>th</sup> (All crafters can contribute this year. Check in with the Craft Club on Tuesdays at 1 PM).

Unfortunately, the community has had a couple of break-ins recently. Please be vigilant in keeping your homes safe when you're away by locking your doors and windows, closing and locking your garage door, and letting a neighbor know you'll be away. Don't forget to look out for your neighbors, too! Let's keep it safe for all residents.

I want to sum up by thanking all the volunteers who fill the Clubs, Committees, and Activities, the hard-working golf course team, and the six other board members dedicated to making Summerfield a wonderful place to live and call "home."

Submitted by Pat VanOsdel, SCA President

### **COYOTE SIGHTINGS IN SUMMERFIELD**

Coyotes are not new to our area; a few have recently been spotted around the community. While they're usually shy, it's always a good idea to take a few simple precautions:

- Keep pets on a leash and close by, especially in the early morning or evening.
- Avoid leaving pet food or water outdoors.
- Make sure garbage bins are secure.

If you see a coyote, make noise and wave your arms to encourage it to move along.

There's no need to report sightings to the office — with some awareness, we can safely share our neighborhood with wildlife.

Submitted by SCA Office

### LIBRARY



If you have a suggestion for a book that you would like to have on our shelves, please write a note and put it in the suggestion box. Include your name and phone number. Not

every request can be honored, and it is especially helpful if the author is already one whose books we are currently ordering, and also if the book is a recent or new publication.

As a reminder, we only accept donations of books with a publication date of 2015 or later. Books with older publication dates are either recycled or donated to other organizations. We sincerely appreciate every donation, but due to space limitations, it is necessary to set a 10-year publishing date.

The library is continuously one of the top amenities utilized by residents. We thank you for your patronage.

The Library Committee



### **SCA BOARD MEETING RECAP**

This report is a recap of the meeting.

Minutes are not officially approved until
the next Board Meeting.

### **September 15, 2025**

Present: Pat VanOsdel, President; Carene Svoboda, Vice President; Johnny Giccatti, Director; Chuck Coiner, Director; Deb Simpson, Director; Jennifer Stiffler, Administrator; J Hootman, Treasurer; Brian Hodson, Estates; Penny Kellogg, Director- via zoom

**Absent:** Lance Yunck, Apartments

President Patricia VanOsdel called the meeting to order at 9:00 AM.

Visitors: None

<u>Minutes</u>: A motion was made (Coiner) and seconded (Svoboda) to accept the August Board Meeting Minutes with Corrections. Motion passed unanimously.

Golf Course Report—Palmer: The bridge work is almost completed once the brackets are reinforced. Coiner wanted to give recognition to Zach for the Bridge work coming in around \$4K instead of the \$18K that the Reserve Study suggested. Zach passed the recognition to his Assistant Adam who utilized his construction background to get the job done quickly and efficiently. Hootman requested Zach to have a professional inspection of the bridge to ensure nothing is missing.

Golf Pro Shop Report—Lindsey: Average temperatures in August went up.
Revenues went up over \$40K from last year. 2024 compared to 2023 year-to-date are under about 460 rounds. Off season passes go on sale today at the increased rate of \$250. Off season passes are open to the public and residents. Giccatti asked about the lines on the Golf Rounds Report titled Monday Blues and Two for Tuesday. Rob explained that they were past promotions offered and that they are kept on the analysis so that proper year-to-year comparisons can be made.

<u>Regarding the Golf Course</u> – J Hootman commented that after looking over

documents and doing some research the Summerfield Golf Course is an Amenity of the Association and not a Business. The Board will continue to watch the revenue versus rounds. Revenue is up because the fees were raised but the rounds are down. The Board will continue to listen to Rob for his Industry expertise.

City of Tigard Liaison Report – Sherman:
Brent Stockwell was named the new city
manager for Tigard. He has over 30 years
of experience working for the state of
Arizona. Popsicles with the Police event
to be held at Summerlake Park on August
19<sup>th</sup>. City announced that the Hall
Boulevard Overpass across Hwy 217 is
now open, featuring wider sidewalks,
dedicated bike lanes, ADA-compliant
access, and improved earthquake
resilience. Many grant opportunities are
being offered for businesses to move into
the Tigard area to boost retail businesses

### Treasurer's Report:

Hootman showed slides representing SCA's accounts, expressing that SCA is on budget.

and livability for Tigard residents.

August: Operating account total revenue was \$83,950.20, and expenses were \$129,770.02 Total cash in the operating account as of 08/31/2025 was \$889,742.49. The general reserve account Interest earned was \$2,954.86 and expenses were \$47,412.02. New Buyers' Fees collected were \$18,000.00, and interest earned was \$1,066.26. The total Reserves balance as of 08/31/2025 was \$2,738,600.61.

A motion was made (Giccatti) and seconded (Coiner) to accept the August Treasurer's Report. Motion passed unanimously.

### **Unfinished Business:**

**Brick Wall Update:** Request for an update regarding the Durham Brick Wall was made. It was reported that at this time, the committee has not yet met.

### **New Business:**

**CALC Landscape Contract Proposal** – After three years with Innovative

Landscape under contract for the Common Area Landscaping, CALC requested new proposals for the 2026 contract. New proposals were received from Pacific Landscape Management and from Landscape East and West. A motion was made (Kellogg) and seconded (Coiner) to Common Area Landscaping Contract. Motion passed unanimously. CALCs recommendation was to work with Pacific Landscape for the reasons of environmental impact (native plants, water conservation, and less gaspowered machines) and a more inclusive partnership between their business and SCA including gardening/landscaping classes offered for our residents and better landscape recommendations/ design for common areas. A motion was made (Giccatti) and seconded (Hootman) to accept contract from Pacific Landscape Management for the 2026 Common Area Landscaping. Motion passed unanimously.

CALC 98<sup>th</sup>/Lakeside Drive Tree Proposal – Nine (9) Scots Pines line 98<sup>th</sup> between Summerfield Drive and Lakeside Drive and have been needing some arborist attention. They were found to be infested with two types of beetles which are exclusive to that type of tree. Three arborists came out to look at the trees and had varying opinions of treatment. A motion was made (Coiner) and seconded (Kellogg) to discuss the Scots Pines on 98<sup>th</sup>/Lakeside Drive. Motion passed unanimously. Overall, it was decided whether the trees are treated or not, they will never fully recover from the infestation and prolonging the takedown could lead to more area pines being infested. CALC examined the proposals from SavATree, Evergreen, and Ash Tree, as well as took advice from Pacific Landscape Management and Golf Superintendent Zach Palmer, ultimately making the recommendation to use Ash Tree for total removal of the nine Scots Pines.

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### **BOARD MEETING MINUTES RECAP**

Continued from previous page.

A motion was made (Giccatti) and seconded (Kellogg) to accept the proposal from Ash Tree for \$6500 to remove the nine Scots pines. Motion passed unanimously. Further discussion was had regarding the need to have full stump grinding completed for successful future planting. A motion was made (Hootman) and seconded (Giccatti) to approve stump grinding from Ash Tree for the nine Scots pines, with amount approved via email vote from Board. Motion passed, 5 -1 (Giccatti).

**Pool Plastering Bids** – Swimming Pool Lining is in need of re-plastering, and it is up for replacement per the Reserve Study at \$64,800. A motion was made (Simpson) and seconded (Giccatti) to discuss the Swimming Pool re-plastering. Motion passed unanimously. The Swimming Pool Committee received two bids from Complex Pools and PDX Pools which were priced very similarly and included fresh tile and replacing a pool ladder. The work is to be completed immediately following the Pool closure in mid-October. The Pool Committees recommendation is to go with Complex Pool who SCA has worked with in the past. A motion was made (Svoboda) and seconded (Simpson) to accept the bid from Complex Pool for \$42,600 to replaster and tile the pool. Motion passed unanimously.

**Pool Toilet Options Discussion** – The Swimming Pool Committee has been researching options for a toilet available at the Pool for over a year. Options range from Porta-potty, which is in use now, to a composting toilet, a cistern toilet, or a plumbed toilet. At this time the Pool Committee needs directions on which option to focus their research on. A motion was made (Giccatti) and seconded (Hootman) to discuss Pool Toilet options. Motion passed unanimously. After discussion of the options pros and cons, a motion was made (Coiner) and seconded (Simpson) to continue with the rented Porta-potty for at least one more season

while pursuing a plumbed toilet for the Pool in the near future through a professional contractor. Motion passed unanimously.

CALC 98<sup>th</sup>/Lakeside Drive Tree Stump Grinding - Hootman brought to the Board's attention that a mistake was made and it was an incorrect assumption that an email of the Board could be used to approve the dollar amount for the Stump grinding of the 98<sup>th</sup>/Lakeside Drive Trees. A motion was made (Giccatti) and seconded (Hootman) to approve stump grinding from Ash Tree for the nine Scots pines, with a not to exceed budget of \$5500. Motion passed unanimously.

#### **Clubhouse Downstairs Survey Evaluation**

- Clubhouse Committee has created a survey to send out to all residents to gauge current and future use and interest for the downstairs fitness/locker room areas. The full survey was provided to the Board for review. No questions came up from the Board. A motion was made (Coiner) and seconded (Giccatti) to approve Clubhouse survey as proposed to send out to residents. Motion passed unanimously.

**FOB Deposit Conversion** – With the new Security Alarm and Fob Door Access System there is a monthly monitoring fee which SCA did not incur before due to a vendor error. It is proposed that moving forward the \$20 deposit made by residents for each key fob be a sale going forward to apply towards these expenses and updates. In the past the program used was able to produce reports that allowed the office to reconcile Fob assignments and returns for accounting purposes and that ability was no longer available with the old program making the system unreconcilable. A motion was made (Coiner) and seconded (Simpson) to discuss the Fob Deposit Conversion to Sales. Motion passed unanimously.

A. Fob Deposit Payable Liability –
 Currently the account has deposits
 held for over 1200 fob holders,
 payable back to the residents if they
 return the fobs once no longer

- needed. This liability gives a false representation of SCA finances and is not desirable from a CPA point of view if not able to be reconciled. It is proposed that there be a one-time conversion of all deposits into a sale in the Operating Account after publishing notice to all residents through newsletter and e-blast to exchange the liability into revenue. A motion was made (Svoboda) and seconded (Simpson) to accept the Fob Deposit Conversion to Sales. Motion passed unanimously.
- Update the Policy and Procedure F 6.10 Clubhouse & Pool Amenity Use -With the conversion of deposits to sales, this Policy and Procedure page needs to be updated as well to reflect the sale wording. Other updates include that the Fobs not only give access to the Clubhouse and Pool but also the Courts. That the Clubhouse Front Doors are unlocked during Office Hours of Monday – Friday, 8 AM-12 Noon. A motion was made (Kellogg) and seconded (Simpson) to accept Policy and Procedure F 6.10 Clubhouse & Amenity Use with minor corrections. Motion passed unanimously.

### Temporary Custodianship Request -

Resident submitted a request for a temporary custodianship of their home in Summerfield while they are away for the winter to ensure proper upkeep of the property and safety of the home. A motion was made (Svoboda) and seconded (Simpson) to discuss the resident request. Motion passed unanimously. Resident request was included for the Board to review. Resident detailed who the custodian would be. Kellogg asked about the rule regarding Temporary Custodianship. Administrator read CCR 1.12.7 aloud. All criteria for allowing was met. A motion was made (Coiner) and seconded (Kellogg) to accept the resident request for temporary custodianship of their Summerfield home. Motion passed unanimously. J Hootman – not present.

### **BOARD MEETING MINUTES RECAP**

Continued from previous page.

A/L Standards Violation Request – Two A/L Standards Violations were presented to the Board requesting Board action. With no fine schedule in place at this time, SCA documents state that the Board may assign a fine of up to \$50 per day. For the Architecture Landscape offenses, the Board sees fit a fine of \$50/ week until the violation is remedied. A motion was made (Kellogg) and seconded (Simpson) to accept \$50/week fine for A/L Standards of Violations until an SCA Fine Schedule is adopted. Motion passed unanimously.

Administrator's Report: Year to date, we have sold 54 homes. The goal is 45 homes. As of today, we have four pending and three active listings. There has been a new Modem installed in the Clubhouse for personal device use. New Wi-Fi cards will be placed around the Clubhouse for resident use. Budget Committee is underway, meeting on Thursdays from 9-11 AM. Directory update forms are being sent out in the mail today.

### **Directors' Roundtable:**

Carene Svoboda: Clubhouse, Sub-Associations — A motion was made (Simpson) and seconded (Hootman) to accept Scrabble and Thursday Game Night as new Activities in the Clubhouse. Motion Passed unanimously. Sub Association Group met with guest Peter Frye to discuss websites. The biggest question was regarding security in the SCA Community and wanting clarification regarding deck railing versus fencing.

**Deb Simpson: Wellness & Fitness, Swimming Pool**—Pool Committee is working on updating the Pool Rules. Wellness & Fitness workout class had a great first class with over 25 people attending.

Chuck Coiner: Arch/Landscape, Greens/Pro Shop—A motion was made (Coiner) and seconded (Hootman) to accept Annie Plunkett as a new member to the Architecture Landscape Committee. Motion passed unanimously. A/L is currently working on an updated list of roof colors and on approval rules with Sub Associations. Greens Committee is looking to present their proposal for two Driving Cages to the Budget Committee and plans to flatten out the tee boxes.

**J Hootman: Communication, Pro Shop** —HOA Software is being discussed with Communications Committee, and an RFP has been created.

Johnny Giccatti: Disaster Prep, Newcomers Welcome — A motion was made (Giccatti) and seconded (Coiner) to accept the following new members to the Newcomers Welcome Committee; Kathy Cutler, Francis Jewell, Cyndy O'Brien,

Carole Hanlin. Motion passed unanimously. Newcomers Welcome Fair is on October 11<sup>th</sup> from 2-3:30 PM. All Board members are invited. Disaster Preparedness & Safety is having a presentation on September 11<sup>th</sup> from Damsels in Defense regarding Women's Self Defense.

Penny Kellogg: Common Area Landscape, Clubs/Activities, Apartments/Estates —

Pat VanOsdel: Library -

A motion was made (Giccatti) and seconded (Kellogg) to adjourn the meeting at 11:28 AM. Motion passed unanimously.

The Next Agenda Meeting is October 13<sup>th</sup> at 9 AM, and the next regular Board Meeting is October 20<sup>th</sup> at 9 AM.



Continued from Front Page

### Why Neighborhood Watch Programs Are Rare in HOAs Today

**Encouraging "Eyes on the Community" Instead** 

While an official neighborhood watch program may not exist, residents can still promote safety by watching out for one another in non-confrontational ways. Greeting neighbors, reporting unusual activity, keeping outdoor lighting in good working order, and maintaining properties all contribute to a safer and stronger community.

While organizing a watch group may feel reassuring, today's best practice is to leave crime prevention and response to law enforcement professionals. HOAs can best serve their members by fostering awareness, communication, and neighborly connection without taking on the risks of a formal neighborhood watch.

If you notice suspicious activity in Summerfield, call **911** for emergencies or the **Tigard Police Non-Emergency Line at (503) 629-0111**.

Submitted by Jennifer Stiffler, Administrator



### **MONTHLY CLUBHOUSE TOUR**

Wednesday, October 8<sup>th</sup>, 1-2 PM

There are tours of our stunning Summerfield Clubhouse each month on the second Wednesday from 1 to 2 PM to welcome our new residents. October 8<sup>th</sup> is the next scheduled date. The tours will start promptly at 1 PM in the Clubhouse Living Room area. There will be a Q&A session at the end of the tour. In addition to newcomers, any resident is welcome to join a tour.

Submitted by Diane Knox

### MONDAY MORNING COFFEE

Start the day - the week - right!!! Enjoy coffee or tea with a bite of something sweet, and good company.



Submitted by Connie Jones



### SINGLE FRIENDS & FUN! CLUB

Single Friends & Fun! provides a wide variety of fun social activities for single residents, and residents living alone, in the Summerfield Community in a DATING-FREE environment.

This club belongs to its members, so your thoughts and suggestions for fun activities are always welcome!

You can find our list of planned activities in several ways:

- 1. The full list for the month and the list of activities for the current week are posted on the bulletin board in the Clubhouse hallway.
- 2. You can find all updated information on our website at: www.singlefriendsandfun.com.
- 3. You are welcome to contact Mindi at 503-484-0118 (call or text) or <a href="mailto:singinit4you@gmail.com">singinit4you@gmail.com</a> to join Single Friends & Fun!, ask questions, make activity suggestions, or sign up for any of our scheduled activities throughout the month!

Your new Friends are looking forward to meeting you!

Submitted by Mindi Tenison

### TUESDAY HAPPY HOUR

Bring your own beverage, and perhaps a treat to share.

Mingle and meet new friends.



Surprises may include music, trivia, charades or musical chairs.

Every Tuesday from 4-6 PM in the Clubhouse Living Room.

Submitted by Carene Svoboda

### PIANO BAR THURSDAYS

The October Piano Bar will feature Gerry Craig playing "mostly Beatles, with some Billy Joel and Elton John."



Following Gerry, Daniel Zook will play the guitar which will include very singable folk ballads and some modern pieces that will surely be recognizable.

Come and join us on October 23<sup>rd</sup>, from 6:30 to 7:30. Bring your own beverage and bring a friend.

Submitted by Lydia Cooper

### **SCRABBLE**

Interested in playing Scrabble at the Clubhouse? We are looking to start a Summerfield Scrabble Club.

If you are interested in joining, please get in touch with Bob Nelson at 503-332-3086 (text).

Submitted by Bob Nelson

# MOVIE NIGHT Thursday, Oct. 9<sup>th</sup>, 6:30 PM Please note the day change! "Indiana Jones and the

**Dial of Destiny"**The final episode with Harrison Ford

### Free popcorn and candy! BYOB

Donations are appreciated. Bring a drink and a seat cushion if needed

# ARCHITECTURE/LANDSCAPE COMMITTEE

The Beauty of Fall

As the last of my tomatoes ripen in the garage and summer becomes a distant memory, and the Farmers' Almanac predicts a wet and chilly winter in the Northwest, it's a great time to get our homes and yards ready for fall and winter:

- Pick up leaves and summer flowers/plants. Check the street drains to be sure they are clear of debris.
- Check and clean gutters for good drainage.
   Consider a handyman or landscaping service for this chore so you won't be balanced precariously on a tall ladder!
- Check foundation vents: The extremely cold weather this past January caused quite a few pipes to freeze.
- Replace batteries in smoke and carbon monoxide detectors
- Check that your driveway lamppost light is in good condition. Earlier this year we updated the guidelines for maintaining and replacing lampposts.
- Have extra supplies on hand in case of weather emergencies – batteries, food, water, sand for slippery services, snow shovel, etc.



Enjoy the change in seasons!

Submitted by Scott Owen

### **GARDEN CLUB**

The Garden Club visited one of our favorites, The Garden Corner, in September where the owner, John, gave us very useful garden information for the season and showed examples of updating garden containers for fall.

The October meeting will be held at Al's Garden Center on Monday, October 13<sup>th</sup>, at 10 AM. We will have a demonstration on decorating pumpkins for indoors or outside. These will be given as door prizes along with some gift certificates.

Al's will be having a big sale so you will have time to shop before joining us for lunch at the Spaghetti Factory in Sherwood for lunch at noon. This will give you some time to shop as Al's will be having a big sale. We will meet at the front desk at Al's. Please let Carole know if you will be attending, your ride situation, and if you will be joining us for lunch by October 10<sup>th</sup>. Please call Carole Krueger at 503-639-2649.

Submitted by Carole Krueger

# POLLINATOR & NATIVE PLANT CLUB

Let's Talk Dirt—many of us in Summerfield have soil that is as hard as rock. There are several reasons for this, including years of over raking, leaving the soil bare and exposed to the weather, and using harsh chemicals that kill beneficial organisms that help naturally break up soil. The good news is that there are things we can do to improve our soil's health and make gardening easier, and we'll learn about them at our next meeting.

Also, bring any questions about your outdoor space or which plants might work best. Chances are, someone in our group has encountered something similar, and we'll do our best to help you.

Next meeting: Tuesday, October 14<sup>th</sup>, at 1 PM in the Conference Room.

The Pollinators & Native Gardening Club will be at the Newcomers' Fair on October 11<sup>th</sup>. If you attend, please stop by our table to say hello and receive handouts about gardening with natives and attracting pollinators to your garden.

For more info contact jan.merrick1123@gmail.com or jan.acker18@gmail.com.

Submitted by Jan Merrick and Jan Acker

### **CLUBHOUSE COMMITTEE**

ATTENTION, ALL RESIDENTS
WE ARE ASKING FOR YOUR FEEDBACK
WATCH FOR A RESIDENT SURVEY IN OCTOBER

Residents have asked to have input before decisions are made that impact our community.

This upcoming survey is your opportunity as your answers will provide needed data.

### WE ASK ALL RESIDENTS TO COMPLETE THE SURVEY

Why a survey? Our reserve study includes funds to refresh certain areas of the west end of the lower level of the Clubhouse. To make prudent decisions about SCA funds and to meet the future needs of residents, we need to know how residents are using the lower-level facilities like the sauna, showers, locker rooms, and the three fitness areas. Our questions will only be about the west end of the lower level, and do NOT include the pool table, lounge, or other recently updated spaces.

Your feedback will provide information on space usage and your perspectives regarding potential repurposing of this space to address community needs.

We ask that each member of the household complete a survey. We welcome input from all residents, regardless of current amenity use. There will be separate survey links for residents, categorized by gender. Although the survey questions will remain the same, our analysis will consider responses from female residents and responses from male residents independently and combined.

Watch for an email from SCA Administration mid-October with directions for completion and links to the survey.

Submitted by Clubhouse Committee



### !! ATTENTION !!

# ALL CLUBS, COMMITTEES, HOAS, ACTIVITIES, & NEIGHBORHOODS HAVING A HOLIDAY EVENT!!!

Group Trainings will be provided to review all procedures for use of Clubhouse and Kitchen.

The Clubhouse is very busy in December, and every group needs to follow procedures.

We require every Summerfield group having a holiday event to send a representative to one of the trainings.

Two group trainings: Lakeview Room - Please be prompt.

- Monday, Nov 10<sup>th</sup>- Check in 3 PM in Lakeview Room
- Friday, Nov 14<sup>th</sup> Check in 1 PM in Lakeview Room

Training will begin 10 minutes after check-in.

Submitted by Clubhouse Committee

### **DOGGIE SHOWCASE**

### PHASE TWO COMING SOON

Have you seen our "Doggie Showcase" on the Clubhouse hallway display case? It's a fun collection of photos that highlight some of Summerfield's furry (and feathered or finned!) residents. What's currently on display is just "Phase One" — and now it's time to get ready for **Phase Two!** 

If you'd like your pet to be featured (dogs, cats, birds, and fish are all welcome), please contact **Lydia Cooper at 503-332-8245** to arrange a photo.

If you haven't checked out the showcase yet, stop by the Clubhouse hallway outside of the Card Room and enjoy the smiles these pets bring.

Submitted by Lydia Cooper





### **CREATIVE ART GUILD**

The Creative Art Guild hopes you enjoy the latest Clubhouse Gallery Walls artwork. From a robot fulfilling your menu order to a teardrop camper ready for the road to a dog riding a skateboard, Summerfield's artists have had fun exploring the theme of Vehicles/Transportation.

In our occasional segment, "Summerfield Artists Getting Around," two of the Guild's artists have received recognition. Jacie



Pearson was awarded Best in Show at the Wild Over Watercolor annual art show held in Keizer, Oregon, for one of her watercolor paintings. Lori Owen has also been juried into the International Guild of Realism's Fall Exhibition, which features one of her pastel paintings.

Congratulations to Jacie and Lori!

Our next Art Guild meeting will be Monday, October 20th, from 3 to 4:30 PM in the Arts & Crafts Room. We look forward to seeing you there.

Submitted by the Creative Art Guild

# OPENINGS IN OUR WATERCOLOR CLASSES



For several months now our watercolor classes have been meeting on the fourth Monday of the month with a wonderful teacher, Angela Wrahtz.

This presents others with a great opportunity to join our community of watercolor students.

If you are interested in joining the classes, contact Angie at <a href="mailto:angela.wrahtz@comcast.net">angela.wrahtz@comcast.net</a>

Come join the creativity and learning community.

Submitted by Terry Schmidt

### FREE MONTHLY ART CLASSES

### From the Summerfield Guild Artists

Here are some more upcoming classes for the second half of the year. We hope you have been enjoying adding a little art to your life in a fun, stress-free, experimental way. Your feedback is welcome.

What would you like to learn about?

Send an email to terry.schmidt.22631@gmail.com.

### **Using Positive and Negative Spaces in Art**

October 13<sup>th</sup>, 1 - 3 PM

Recognizing positive and negative spaces allows you to see the relationships between objects in your drawings and



represent them more accurately. Try some fun projects to raise awareness of how positive and negative spaces work in illustration and design. Supplies will be provided but bring a glue stick and scissors if you have them.

Contact Jacie Pearson to register at <a href="mailto:jaciepearson@gmail.com">jaciepearson@gmail.com</a>

### Faces and People November 10<sup>th</sup>, 1 to 3 PM

This class will be a follow-up to my recent class on drawing faces. If you couldn't attend my original class, don't worry. I will cover the basics again and then draw the human



body (this is known as figure drawing). You will learn basic proportions of the face and torso. It may sound hard, but it is not — people who took my last class were surprised at how well they were drawing by the end of the class. This is a great opportunity for anyone who wants to add

figures to their art. All materials will be provided. If you have pencils, a sketchbook, or paper you like, feel free to bring them. Contact Lydia at <a href="mailto:lydiacooper7@yahoo.com">lydiacooper7@yahoo.com</a> to register.

Submitted by Creative Art Guild

### **OPEN STUDIO**

Every Wednesday from 1 to 4 PM, artists meet in the Arts and Crafts Room to visit, work on their projects, and learn from each other.

Come and go as you please, spread out and work on something large, ask questions of one another, and share information.

It's a great time to meet and feel comfortable with some of your fellow Summerfield artists.

Submitted by Terry Schmidt

### WRITERS GROUP

We are an eclectic group of writers that shares our pieces and provides each other positive feedback when requested. Our writers include those who write memoirs, travel and adventure, humorous pieces, fiction, children's stories, and limericks. The communality is that we all love to write and listen to each other's stories. We welcome new members who enjoy writing!! October 17<sup>th</sup>, every third Friday.

For more information, contact Michele Seligman at selmabernice@gmail.com or 201-774-3442.

Submitted by Michele Seligman

### **HEARTBEATS**

Drum along to music with great beats and let your heart take over.

~Santana, Queen, Sting, African Soul~

We have instruments, or bring your own

No experience necessary,

1<sup>st</sup> Friday of the month,

10 AM in the Lakeview Room

Come join us

**WE WILL ROCK YOU** 

Submitted by Mel Simrell



### KNITTERS PLUS

We are an informal group of knitters, crocheters, etc., of all skill levels that meets on Friday at 2 PM in the Arts & Crafts Room.

Get questions answered or just talk patterns, fibers, or anything else. Socialize, make new friends, and laugh.

Submitted by Susan Burson

### THE QUILTERS CLUB

Meets from 12:30 - 3 PM on the first, third and fifth Thursdays and from 10 AM - 3 PM on the second and fourth Thursdays.

Join us for a creative and fun time. If you have any questions, please contact Bonnie Schweizer at 503-705-2906.

Submitted by Bonnie Schweizer

### SUMMERFIELD SINGERS



Summerfield Singers meets from 2 -3 PM on the first and third Fridays of each month in the Ballroom.

We are a casual group that sings just for fun. We also lead several sing-alongs each year.

Anyone who likes to sing is welcome; no tryouts, come as you can, you do not need to read music or have a great voice.

If you have questions, call Julie Helle at 503-747-5225.

Submitted by Julie Helle

# JOIN THE SUMMERFIELD DANCE CLUB

The Dance Club is looking for a few enthusiastic residents to join our fun and much-appreciated group! This is the perfect club for you if you're new to Summerfield or if you've been looking for a great way to get involved.

Interested? Contact Penny for details at 775-232-9420 or <a href="mailto:penny.kellogg@yahoo.com">penny.kellogg@yahoo.com</a> — we can't wait to meet you!

Submitted by Penny Kellogg



# Newcomers Welcome Fair

Saturday, October  $11^{th}$ In the Clubhouse from 2 - 3:30 PM

### Come One! Come All!

The 2025 Fall Newcomers Welcome Fair is almost here!



Summerfield offers committees, clubs, and activities galore!

This is your opportunity to meet and talk to participants from all the committees, clubs, and activities Summerfield has to offer. This is fun fair is a wealth of information and will give you an idea of the many opportunities available in our community.

We look forward to seeing you there.

The Newcomers Welcome Committee



### LINE DANCE

**NEW "ULTRA BEGINNER" CLASS IS BACK** – Monday, October 20th, 9:15 – 10:15 AM in the Ballroom. This is a 10-week class designed for new beginner dancers. The 23 basic steps of Line Dance will be taught, as well as styles of dance, such as country, Cha Cha, Waltz, and Rumba.



If you have not danced with us for a while and need a "refresher," please plan to attend. You do not need to preregister; just come prepared to learn, laugh, and make some new friends. We're all about having fun as we learn.

There is never a charge for any of our classes, but you must be a Summerfield Resident.

Join us at one or all of the following classes. If you are not currently a dancer, please feel free to watch and listen.

Monday morning, 10:30 – 11:30 AM *Focus on true Beginner dances and some improver dances* 

Monday – Late afternoon – 4:30 – 5:30 PM All levels of dance

Wednesday -1:30-3 PM *First ½ hour for "extra" learning time. Remainder of time for all Levels of dance.* 

You have a choice, but I hope you will choose to come dance with us.

Submitted by Diane Christensen

### THE TECH CLASSES ARE BACK!

Tigard High School Service Club (200 member's) would like to be involved in our Summerfield Community. New suggestions are "adopt a grandparent," sharing craft projects (card or ornament making), and "20<sup>th</sup> century dialogue." If you are interested in these topics, let me know.

The first tech classes on using iPhones, iPads, and laptops will be held in the game room on Saturdays, October 11<sup>th</sup> and 25<sup>th</sup>, from 1 to 2 PM. These will be one-on-one tutoring sessions. We need to know if you have an Apple or Android device. We plan on having 20 students at each session.



Tech class sign-up sheets will be on the clubhouse bulletin board, or email me at carenesvoboda@gmail.com.

Submitted by Carene Svoboda

### BRIDGE SCORES

MONDAY: 8/18 K. Mullen 4860. 8/25 S. Keroes 4300. 9/8 D. McKim 2760. 9/15 J. Roberts 3660.

THURSDAY: 8/21 S. KEROES 8/28 D. Jordan 4080. 9/14 P. Biggs 9/11 B. Finch 9/17 B. Eberle 3110.

Submitted by Barbara Finch

### **DUPLICATE BRIDGE**

Come and join the fun every Thursday from 12:30 to 4:30 PM in the card room. It's a partnership game, but if you don't have a partner, call Candace Grubesic, and she will help you find one. The level of play spans the distance from beginner to advanced. This is not a sanctioned game, so it's perfect for a relaxing afternoon. Learn more at the Newcomers event on 10/11 in the Clubhouse from 2 to 3:30 PM. Players will be there to answer questions.

Duplicate Scores: 8/21 1<sup>st</sup> N/S Landsburg & Gordon, 2<sup>nd</sup> N/S Biggs & Itel, 1<sup>st</sup> E/W Fuson & Nelson, 2<sup>nd</sup> E/W Nangle & Meier. 8/28 1<sup>st</sup> N/S Hough & Hough, 2<sup>nd</sup> N/S Williams & Grubesic and Itel & Biggs, 1<sup>st</sup> E/W Sahler & Nangle. 2<sup>nd</sup> E/W Landsburg & Meier. 9/4 1<sup>st</sup> N/S Williams & Grubesic, 2<sup>nd</sup> N/S Itel & Biggs, 1<sup>st</sup> E/W Fuson & Nelson, 2<sup>nd</sup> E/W Henry & Halley. 9/11 1<sup>st</sup> Sahler & Nangle, 2<sup>nd</sup> Landsberg & Meier.

Hope to see you at the bridge table soon.

Submitted by Candace Grubesic



2-3:30 PM

More details will follow

### **VOLUNTEER SPOTLIGHT: DIANE CHRISTENSEN**

"Come Dance With Me" is Diane Christensen's message to Summerfield residents who are interested in reaping the benefits of line dancing. That phrase is also the title of a well-known line dance that Diane learned directly from the choreographer at one of the many workshops she attended while living in California. Twenty years ago, Diane and her husband Brian lived in a community in California similar to Summerfield, where she first learned line dancing.



Diane Christensen cutting the cake at the 10<sup>th</sup> anniversary of the Summerfield Line Dance Club

You might think that Diane acquired her dancing skills by taking tap and ballet as a child, but she actually learned to dance by watching American Bandstand on TV. She then honed her dancing chops by practicing steps with her aunt in her garage. Several of her relatives were very musical, so they formed a "family band" — there was always music and dancing in Diane's home.

When Diane and Brian moved to Summerfield 12 years ago, she noticed that there were several ballroom dances held throughout the year, but they were geared towards couples. When ladies became widows, they could no longer attend the dances since they were without a partner. Diane saw a need for the type of dance single ladies could enjoy — line dancing. At that time, there was a line dance group, but it was geared towards seasoned line dancers, not beginners. So, a year and a half after moving to Summerfield, Diane started her first beginner line dance class was 10 years ago! (September 15, 2015). She held her 10<sup>th</sup> anniversary celebration on September 15 this year (see the photo of her cutting the cake).

As Diane points out, line dancing is beneficial because it improves a person mentally, physically, and socially. And it's just plain fun. Even during COVID, there was "Dancing in the Street," literally. The group danced in various cul-de-sacs and even in a church parking lot.

Diane has offered her time and talent to other endeavors as well. She served on the Board ad hoc committee looking into rules and regulations concerning signage on residences. She also served on the Clubhouse Committee, first as assistant special events coordinator for five years then as co-chair and later as chairman. She participated in the Clubhouse remodeling project, including Ballroom and hallway flooring, painting walls, and upgrading bathroom décor. She worked on improving the hallway display case, and it was her vision to use the space to display Summerfield clubs and activities. It was also her inspiration to acquire a baby grand piano for the Clubhouse living room and then offer an evening of piano music for the residents, which we now call Piano Bar.

Diane's vision, ideas, and inspiration have truly been a gift to our community.

Submitted by Lydia Cooper



# Encore is bringing Winter Wishes to Summerfield!

Save the Date!

December 6<sup>th</sup> and 7<sup>th</sup>
2 PM

Get your tickets starting November 10th!



# Summerfield Craft Club 35<sup>th</sup> Annual Holidays Bazaar

Friday, November 7th & Saturday, November 8th

9 AM—4 PM

### in the Clubhouse Conference Room



Photos are samples of some of the goodies you can find at the bazaar



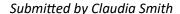






Holiday Bazaar
Something for Everyone!

As always, there will be a wide selection of handcrafted items to delight everyone on your holiday list — or to treat yourself! You'll find fashion accessories, toys for the little ones, original jewelry, holiday decorations, home décor and kitchen boutique items, distinctive gifts and cards, yummy treats, and so much more. Whether you're shopping for family, friends, hostess gifts, or just for fun, you're sure to discover unique treasures you won't find anywhere else.











# DEMENTIA CAREGIVERS SUPPORT GROUP

### **DID YOU KNOW?**

Everyone who has dementia (Alzheimer's is the most common type), or another form of dementia, progresses at a different rate. Symptoms can cycle up and down. They may appear stable, get worse, or improve, and then seem to get worse again. No one can predict which or when issues will appear with a family member, but there are some that nearly all people with dementia and their families face.

Our group offers support through information and shared experiences. Please join us the third Monday of each month for an informal meeting with others facing the same or similar issues you may be facing.

Our next meeting: Monday, October 20<sup>th</sup>, 1-2:30 PM in the Conference Room.

Submitted by Sue Rethinger

### **BOOK CLUB**

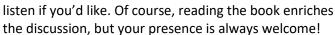
**September Selection:** The Book Thief by Markus Zusak

At our September meeting, more than 20 members gathered for a wonderful discussion of *The Book Thief* by Markus Zusak. The conversation was especially meaningful when several attendees who had lived through World War II shared their personal stories, adding depth and perspective to the book.

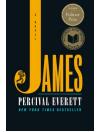
October Selection: James by Percival Everett — a reimagining of Huckleberry Finn told through Jim's perspective.

Next Meeting: Tuesday, October 14<sup>th</sup>, at 2:30 PM in the Conference Room.

You don't need to speak—or even read the book—to attend. Just come and



Submitted by Ashley Moen



### SUMMERFIELD BIBLE STUDY

There are a lot of new residents who have joined our community over the past few months.

We invite you to our weekly Summerfield Bible Study, which meets

every Wednesday in the Conference Room from 9:30 AM for coffee, and then Bible study from 9:45-10:45 AM.

We are studying the last few chapters in John, and then we will study Acts. We answer questions and have a great discussion regarding the passages. We also pray for our nation and its needs and the awesomeness of God.

Please come and join us. All are welcome.

Submitted by Paula Henry

### SENIOR LEARNING

We started a new DVD lecture series in September, Great American Bestsellers: The Books that Shaped America. At least 24 books will be covered in detail.

We meet every **Thursday at 2 PM in the Lakeview Room**. Share the experience with neighbors who love learning and exploring.

Submitted by Gerry Craig

# A CALL FOR PHOTOS: 2026 Summerfield Directory

We are preparing the 2026 Summerfield Directory Phone Book and would love to feature

resident-submitted photos for the cover.

Whether you use a manual camera, a point-and-shoot, or simply your smartphone, please send us a clear, good quality photo for consideration.

This is a great opportunity to showcase our community spirit through your lens!

Please email your photo by **October 8**<sup>th</sup> to admin@summerfield55.org.

Submitted by Jennifer Stiffler, SCA Administrator





### **FUN WITH HAND & FOOT**

Tuesdays @ 1:30 PM in the Game Room

Casual Drop-In – No Need to RSVP Lessons Offered by Pre-arrangement

Hand & Foot is going strong in the Game Room, with a few players opting for Hand, Knee, & Foot!

Join us to play and visit with friends, or make new friends. Similar to Canasta, H&F attracts a fun, casual group that plays every Tuesday at 1:30 PM. We start playing promptly at 1:30. Please plan on being there at least 15 minutes early for table assignment. Late arrivals may not be seated if tables are full or play has already begun.

Dues are assessed at \$5/year for the core regular players. Casual drop-in players will pay \$1 per game until \$5 has been paid. First-time students will not be charged. These funds will offset the cost of incidentals that the Board of Directors has declined to provide.

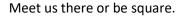
We welcome new players. If you have never played or feel rusty, Susan can offer a tutorial at **12:30** PM on Tuesdays, just before the regular games, **to those who RSVP at least a day ahead.** Refresh or learn the basics without the pressure of a game. You may direct questions or RSVP to Susan by phone (818-648-5356) or email at scallihan7308@gmail.com.

If you bring a guest, remember that residents have priority, and if we end up with a "leftover," the guest will have to leave, sit and watch, or rotate in with their host *if they know how to play*. This would not be a learning opportunity.

Submitted by Susan Callihan and Paula Henry

### **BINGO**

This month Bingo is happening on the 10<sup>th</sup> and 24<sup>h</sup> in the Game Room at 7 PM.



Submitted by Marlene Christensen

# BNGO

### **CRIBBAGE**

We play cribbage from 9:30 AM until 12 PM on Monday mornings. We have the materials. Beginners welcome!! Come and join the fun!

Submitted by Steve Moore

### **MAHJONGG (AMERICAN)**

Tuesdays 12 - 3:30 PM in the Game Room.

Have fun and keep your mind sharp! Join us for this game of skill, luck, and strategy. Whether we win or lose, we come back for more!

Bring your 2025 game card. Need more information? Call or text Bev at 503-475-6724.

Submitted by Bev Westerlund

### **BUNCO**



Let's play Bunco! Join us on Monday, October 6<sup>th</sup>, from 2–4 PM in the Arts & Crafts Room for an afternoon of fun and fast-paced dice rolling.

For more information, contact Esther at 541-921-1346.

Submitted by Esther Vickstrom

### **CHESS, ANYONE?**

Whether you're a seasoned player or just curious to learn, join neighbors for casual games, friendly competition, and good conversation. All skill levels welcome!

If you're interested in joining, please contact John Schwab at 503-936-8710 for more details.

Checkmate fun awaits!

Submitted by John Schwab

### **EUCHRE**

Come join us for Euchre! It is a fun and strategic trick-taking card game played with four players in teams of two. Euchre is played with 24 cards (9s through Aces) from a standard deck. It's easy to learn and an excellent social game.



When: Wednesdays, 11 AM to 1 PM, in Game

<u>Room</u>

Contact: Greg Weidinger <a href="mailto:gydinger@gmail.com">gydinger@gmail.com</a>

Info: www.wikihow.com/Play-Euchre

### **WELLNESS & FITNESS**

Our committee is excited to share that we had 24 attendees at our first Planet Fitness (PF) workout session on September 11<sup>th</sup>. The class will continue to meet every Thursday from 4-5 PM in the Ballroom. You can join the class at any time if you are a registered member of the Town Square Planet Fitness on Durham Road. If you have a *classic* membership and are already registered at another Planet Fitness, you must transfer your membership to the Town Square Planet Fitness.

The class is free if you have a Medicare Supplement plan that covers gym sessions. When you register, bring your insurance information to the Town Square Planet Fitness.

If you don't have a Medicare Supplement Plan, the cost will be \$30 every two months. This is a special deal FOR SUMMERFIELD RESIDENTS ONLY. At registration, your credit card will be charged. You will have to re-register every two months to receive this special offer.

Note to all: You must show your registration information at every session. You can use the PF app on your phone or show the fob or receipt they gave you at registration. No one can participate in the class without providing this information each week to cover PF's liability. Because you do have to check in to participate, please try to arrive a little early so the instructor can get everyone checked in and start the class on time!

If you have any questions or concerns about the class, please contact us at <a href="mailto:summerfieldfitness@gmail.com">summerfieldfitness@gmail.com</a>.

This is also a reminder that we hold equipment orientations on the second Tuesday of every month to help residents use our Clubhouse gym downstairs. The next one will be from 2 to 3 PM on Tuesday, October 14<sup>th</sup>.

Submitted by Nancy Ellis

### TAI CHI

Join us Fridays at 3 PM in the Lakeview Room for a Tai Chi class designed especially for beginners!

This is a great opportunity to improve your balance, focus, and memory—all while having fun in a supportive environment.



No fee for the class, and all are welcome! For questions, please contact Susan Briggs at 541-514-4324. No Class on October 24<sup>th</sup>!

Submitted by Susan Briggs

### **QIGONG ADAPTIVE YOGA**

Clear Your Mind, Lift Your Spirit

Discover the Mental and Emotional Benefits

of Adaptive Yoga

Through mindful movement and breathwork, adaptive yoga creates space in the mind — helping to release mental clutter, reduce overthinking, and enhance focus.

An adaptive yoga practice offers a gentle, accessible pathway to reconnecting with your body, quieting your mind, and cultivating a sense of inner peace.



### What Is Adaptive Yoga?

Adaptive yoga is a customized form designed to meet individuals where they are — regardless of age, mobility, or physical condition. Adaptive yoga uses supportive tools like chairs, blocks, straps, and mats to make traditional poses safe, approachable, and deeply restorative. Discover strength, balance, and inner peace in our Adaptive Yoga class, designed for all bodies and abilities. We offer modifications and support to meet your unique needs, whether you're managing injury, disability, or limited mobility. With a focus on breath, mindful movement, and self-compassion, you'll build confidence and enhance well-being in a welcoming, accessible environment. No prior yoga experience is necessary; bring your curiosity and willingness to explore.

Tuesdays – 10:30 AM - In the Lakeview Room Fee: \$5 paid at each class – (Cash Only & No prepayments please!)

Contact Susan Callihan at 818-648-5356 or send an email to Jackie and Michele through <a href="mailto:summerfieldyoga2025@gmail.com">summerfieldyoga2025@gmail.com</a>.

Submitted by Susan Callihan

### **SWIMMING POOL**

Feedback Requested: Portable Restroom Proposal

This season, Summerfield rented a porta potty near the pool area to improve convenience for residents. Based on the positive feedback received so far, the Swimming Pool Committee is considering recommending a permanent installation to the Board, in addition to other alternatives.

### **Proposal Highlights**

- ⇒ **Budget**: Up to \$5,000 for a permanent unit.
- ⇒ **Improvements**: Future unit would include a urinal draining directly into the holding tank to reduce seat soiling.
- ⇒ **Location**: South side of the west gate, opening directly onto the pool deck (instead of the current placement on the north side of the walkway).

### ⇒ Benefits:

- Easier access for pool users (no need to fob in and out of the pool area).
- Reduced likelihood of use by golfers or passersby, as entry would require pool fob access.
- ⇒ **Adjustments:** Installation would replace a small section of golf ball screen netting on the west side and a small portion of pool fencing on the east side.

We Want Your Input!

Before moving forward, we'd like to hear from residents. Do you feel this improvement would be a valuable addition to the pool area? Do you have any concerns about location, cost, or usage?

Please share your comments and feedback with the Pool Committee to Marshall Henry at <a href="mailto:mcht97224@gmail.com">mcht97224@gmail.com</a>.

Submitted by Marshall Henry

### **TENNIS**

Join us for a relaxed and friendly game of mixed doubles every Tuesday and Thursday morning!

For game times, more information, contact Ken Carrell at <a href="mailto:ken.Carrell@gmail.com">ken.Carrell@gmail.com</a> or 503-440-2916.

Submitted by Ken Carrell

# WATER AEROBICS LOW STRESS EXERCISE



After a searing heat spell, when water aerobics felt sooooo good, summer is winding down. The pool will close for the season in mid-October; the exact date is dependent on the weather, so watch for announcements from Sandy. Meantime, there are still a couple of weeks to enjoy a fun and gentle workout in our heated pool. No swimming skills required; your feet can stay on the pool bottom the entire time; pool noodles or floatie dumbbells are helpful but not required. You can choose to go deep water for a more challenging workout; a float belt or fat noodle is recommended.

### **Session Details:**

- Monday–Friday, 10–10:45 AM
- Guided by a 45-minute recorded audio program
- Monday, Wednesday & Friday: Program A
- Tuesday & Thursday: Program B

Come try it out! If you'd like to keep participating, there's a one-time \$5 annual fee. As a thank-you, paying participants will be invited to a catered lunch in the Lakeview Room at the end of the season.

Contact Sandra Serpas at 541-521-8887 if you have any questions.

Submitted by Susan Callihan

### **PICKLEBALL**

We had a great summer Pickleball season! There will be play this winter, weather permitting. Keep an eye on *Group Me*.



**Winter Hours**: Sept 22<sup>nd</sup> thru Oct 10<sup>th</sup>, 10:30 – 12:00 PM, Monday thru Friday. Oct 13<sup>th</sup> to May, 12– 2:00 PM, Monday thru Thursday.

Hope to see you on the courts soon for fun and recreation!

Submitted by Laurie Biegler

### **LIVE LONG - PLAY PING PONG!**

### The Health Benefits of Ping-Pong for Seniors

Looking for a low-impact activity that will improve your balance, reflexes, cognitive skills, and overall health? One you can play with a fun and welcoming group of people year-round? Yes, ping-pong (aka table tennis) at Summerfield is all that and more!

Playing table tennis challenges the brain and exercises motor skills, which helps individuals maintain and improve their cognitive abilities. Documented benefits of table tennis include enhanced hand-eye coordination, mental acuity, reflexes, balance, leg, arm, core strength, and aerobic fitness.

Moreover, it provides a social outlet that contributes to your mental and physical health. In fact, it is reported that table tennis has a greater positive influence on cognitive function than other types of exercise, possibly due to the engagement of multiple muscle systems and brain networks. Ping-pong is even recommended as a therapy for Parkinson's patients!

Several studies have found that ping-pong play, including ball projection and airborne spins, sharpens mental acuity, concentration, and alertness. Ping-pong also improves overall strength and flexibility, which helps seniors remain steadier on their feet. Best of all, table tennis is fun for *every* age group and fitness level.

Are you hooked yet?

<u>When</u>: Our group meets at **8:30** AM, Monday through Friday.

<u>Where:</u> The PING PONG ROOM at the Clubhouse (downstairs, next to the Fitness Room). <u>What:</u> Paddles and balls are provided, but you're welcome to bring your own.

We have a *lot* of fun and always welcome newcomers!

Are you rusty or have little experience? We're looking to start a beginner/novice group soon. One or more senior ping pong group members will be available for tips and instruction. Reach out to the contact person below for more details.

Come visit us at the Newcomers Fair at the Clubhouse on Saturday, October 11<sup>th</sup>, from 2 to 3:30 PM!

Hope to see you soon!

**Contact:** Greg Weidinger at <a href="mailto:gydinger@gmail.com">gydinger@gmail.com</a> for more info.

Submitted by Dottie Francis and Greg Weidinger

# DISASTER PREPAREDNESS & SAFETY COMMITTEE PRESENTS:

### Self Defense & PGE / NW Natural

Mark your calendars for two lecture series from the Disaster Preparedness & Safety Committee:

Saturday, October 4<sup>th</sup>, 10 AM – 12 PM

<u>Self Defense</u> lecture by Shelly Wert & Det. Kristin Rinell from the Tigard Police in the Lakeview Room.

Thursday, October 9<sup>th</sup>, 10 AM – 12 PM

<u>Home and Area Safety</u> lectures by PGE and NW Natural Gas representatives in the Lakeview Room.

Join representatives from **PGE** and **NW Natural** for practical safety tips and demonstrations. We'll cover:

- What utilities do to support the community in an emergency
- How to locate and safely shut off gas and electricity
- Planning for an extended emergency (supplies, communication, and checklists)

There will be a Q&A and additional resources available.

All residents are welcome—bring your questions and a neighbor.

### **Committee Chairperson Needed!**

Our dedicated and courageous Chairperson is stepping down, and we are looking for someone to take the lead!

The role involves coordinating plans, ensuring committee tasks are completed, working with outside presenters, and helping organize classes. If you enjoy teamwork, planning, and keeping things running smoothly, we'd love to have you join us.

If you're interested in helping sustain this committee, please attend our monthly meeting on the second Wednesday of each month at 3 PM in the Conference Room. (Cookies are usually included!)

Submitted by Roy Metcalf



Disaster Preparedness & Safety Committee

Saturday October 4th 10AM -12:00 Noon Lakeview Room





Thursday October 9th 11:00 AM -12:30 PM Lakeview Room



11:00 AM - 11:30 AM Rachel DeRosia, PGE



### WINTER STORM OUTAGE PREPAREDNESS

**Income-Qualified PGE Bill Discount Program** 

11:30 AM - 12:00 Noon

Nina Carlson & David Coiteux, NW Natural



**GAS SAFETY & SHUT-OFFS** 





12:00 PM to 12:30 PM



### **SUMMERFIELD VETERANS**

Next Meeting, Friday, October 3<sup>rd</sup>, 1 PM In the Conference Room Veterans Taking Care of Veterans

Please invite a veteran, family member, or interested residents



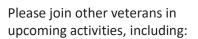
The second annual Fort Kennedy Golf Fundraiser at Summerfield's Golf Course will be held on **Saturday, August 15, 2026**. Mark your calendar! The very successful first golf fundraiser event was

Summerfield

a 9-hole scramble that raised \$5,700 for Fort Kennedy, a local non-profit that assists homeless veterans with housing and their entitlements.

Our October meeting will include Summerfield's Diane Perry, an insurance broker from Senior Focus Insurance. She will discuss 2026 health insurance benefits for veterans, as the new benefits will be announced on October 1.

Please bring any questions you have about your benefits to these meetings. Together, we will find the answer.



- Newcomers Fall Fair, Saturday, October 11<sup>th</sup>, in the Ballroom
- Summerfield Veterans Day recognition on Tuesday, November 11<sup>th</sup>, in the Ballroom

Thank you for your support of The Fort Kennedy Donation Barrel, which continues to be filled with items needed for homeless veterans. Canned chili, soup, tuna, one-can meals with pull-tab lids, peanut butter and jelly in plastic containers, and plastic storage or shopping bags are always appreciated.

Washington County Disability, Aging, and Veterans Services: 503-846-3060. Locate your advocate in Washington County. They help all veterans. American Legion and VFW are also available to support veterans. These meetings are a safe place for veterans and their families.

Submitted by Priscilla Roberts

### MEN'S GOLF CLUB

MARK YOUR CALENDAR: Chapman #6: Play 10/6. Horse Race: Play 10/7. President's Classic Golf, Dinner & Annual Meeting: Sign-up: Until 10/3. Turkey Shoot: Sign-up 10/22 to 11/5. Play 11/12.

**AUGUST 5**<sup>th</sup> **CHAPMAN RESULTS:** With expected heat we had 10:00 AM tee times. But as luck would have it, no real heat. Everyone was done by 2 PM. Close to 90% of players got a payout. Low Gross Winners: 1st J Beck & D Jordan. Tie 2<sup>nd</sup> T Gallagher & B Smith/T & J Hull/J & G Heintz. Low Net Winners: 1st S & K Doctor. 2nd JJ Gattuccio & J Hootman. 3rd J Courson & Jerry Hansen. 4<sup>th</sup> Joy Tinker & R Thibodeau. **CONGRATULATIONS**. 5<sup>th</sup> to 40<sup>th</sup>. **Lottery Net Birdie Winners** Hole #1: 22. KP #2: Women S Stoesser. Men F Bouthillier. Between the Lines Hole #3: 20. Hole #4 3<sup>rd</sup> Shot KP: Tie 1<sup>st</sup> (0") J & G Heintz/S Stoesser & J Erickson.2<sup>nd</sup> (1") L Rockway & M Tsujimura. Hole #5 Inside the Circle: 9. Hole #6 KP From Off the Green: 1st M Mansfield & K Nelson. Hole #7 Men's KP: 1<sup>st</sup> L Launder. 2<sup>nd</sup> B Schubert. Hole #8 Longest Putt: 1<sup>st</sup> D & D Browsoeski. 2<sup>nd</sup> J Tinker & R Thibodeau. Hole #9: Women's KP 1<sup>st</sup> B Kelley. 2<sup>nd</sup> J Knutson. #9 On the Green 37. Raffle Winners 8. Thanks to the scoring team and the Chapman Committee.

**REMINDER**: GOLF, ANNUAL MEETING & DINNER: If you don't play golf you can still attend dinner at no cost, but you must still sign up with Rob. Golfers must also confirm they will attend dinner when they sign up for golf. Cost for golf is \$10.

<u>CLUB CHAMPIONSHIP</u>: This year there were only 35 members participating in the Club Championship. Champion Fight 16, Senior Flight 12 and combined Super Seniors and Legends 9. Congratulations to Buzz Smith our 2025 Club Champion. Championship



Flight: 1<sup>st</sup> Buzz Smith. 2<sup>nd</sup> Jon Hull. Senior Flight: 1<sup>st</sup> Bob Miller. 2<sup>nd</sup> Wally Hadden. Super Seniors: 1<sup>st</sup> Gary Nelson. Tie 2<sup>nd</sup> Ken Lance & Bob Walker. KP'S: #2 Buzz Smith. #7 Jon Hull. #9 Remi Thibodeau. #11 J Hootman. #16 Frank Anderson. #18 Wally Hadden.

**COFFEE AREA NOTICE:** Please be advised that coffee is \$0.50 per cup. Also, if you take the last cup from the pot, please make another pot. Thanks SMGC.

PERFECT SONG FOR HOLE #3 BY DUFF DADDY: "First, I pull out my driver, I check my stance and grip. I'm trying to remember every Nicholas tip. Straighten that left elbow, slightly bend your knees. Keep you head behind the ball, and look out for those trees." Google, "That Golf Song" by Duff Daddy. Funny.

Submitted By Ken Rose

### **WOMEN'S GOLF CLUB**

#### **BIRDIES AND CHIP-INS FOR AUGUST**

Scoring Chip-Ins were: Kerns, Mitchell (2), Phillips, Dorney (2), Sisk, Wilhelm, Beck, Isaak, Lafferty, and Gillan. Birdies in August were: Ribacchi (2), Mitchell (2), Gallagher (2), Phillips, Harrington, Heimbecker, Dorney, and Gillan. Congratulations!

**CLUB CHAMPIONSHIP:** Our Club Championship was played over 4 days in mid-August. 48 ladies participated this year, a record number. Gail Heimbecker was our Low Net of the Field and Tori Gallagher is our new Club Champion - Congratulations! Many thanks to co-chairs, Sharon Comstock and Jo Heintz and their hard-working volunteers, including Jacki Mitchell who provided our special scorecards. Many enthusiastic fans cheered on the leaders from the Clubhouse balcony as they finished their last hole. Immediately following the tournament, Meddie Sims and her volunteers (who are good cooks!) provided us all with a delicious lunch. Playing in the "Championship" can seem to newer golfers that only the very best golfers should play. However, it includes all SWGC members, and because the tournament is handicapped, with flights, everyone is encouraged to participate. Thanks to ALL of our players and especially all the volunteers who made this year's tournament such a success.

Our 2<sup>nd</sup> annual **SOLHEIM TOURNAMENT** was played September 16<sup>th</sup> and 18<sup>th</sup>. The night before the tournament, we attended a Reveal Party, where we enjoyed a Happy Hour which "revealed" our team captains, our teams, partners, opponents, and tee times - and provided a refresher about the format. We were divided into RED and BLUE teams, with Captains Irma Trommlitz (Blue) and Jan Meek (Red). For play, red teams were to wear something red, blue team something blue. Friendly rivalry commenced immediately. The tournament consisted of match play, Best Ball and regular play, and every few holes, the format changed. Thank you, Jacki Mitchell for organizing this popular 2<sup>nd</sup> year event, for providing the games and creating the scorecards. Thanks to our players, captains, our terrific volunteers, and Men's Club volunteers Mike Tsujimura and J Hootman for helping us all switch to new formats properly on the course. Thanks especially Rob, Mike Tsujimura and Rick Knutson, who scored our tournament. And the winners: **BLUE!** 

The **BIRDIE/CHIP-IN** Tournament and luncheon will be held on October 16<sup>th</sup> to celebrate ladies who scored either one this year, chaired by Judy Sell. Sign-ups are September 19<sup>th</sup> through October 3<sup>rd</sup>, and the cost is \$10.

NEXT UP: The HORSE RACE. Players with low handicaps are paired with high handicaps in teams, accompanied by interested spectators. It will be held October 8<sup>th</sup>, is a sudden death tournament, and it is not as scary as it sounds. Rob coordinates this popular tournament, walking with all of the teams down the fairways. The Horse Race also attracts homeowners enjoying the fun from their decks, and a walking

or riding gallery. Results next month, stay tuned...

Our **CLOSING LUNCH**, chaired by Robin Nash, will be held on October 30<sup>th</sup>, cost is \$10, and sign-ups will be October 2-24.

<u>WINTER GOLF</u> begins November 1<sup>st</sup>, costs \$10 and includes the lunch – members not participating may also attend the lunch for \$10. Karen Connolly is chairing Winter Golf this year. Reminder that to qualify for prizes, players must play a minimum of 10 rounds. All attested rounds apply toward the 10 -round requirement. Start early...

Our **SNOWBIRDS** will soon be leaving us, and we will miss them, and will await their return for Spring Golf.

Submitted by Jan Harrington

### FROM THE PRO SHOP

Well, now that fall has officially arrived, I want to take this opportunity to thank everyone for another successful season at Summerfield. As we look forward to the rest of 2025, both the Men's and Women's Clubs still have some great events taking place. Our last Chapman will be on Monday, October 6<sup>th</sup>. The Horse Race for the Men's Club is scheduled for Tuesday, October 7<sup>th</sup>, and the Women's Club on Wednesday, October 8<sup>th</sup>. The Men's Club President's Classic is also scheduled for Wednesday, October 15<sup>th</sup>, with the Women's Club's closing luncheon on Thursday, October 30<sup>th</sup>.

I want to take this opportunity again to congratulate Buzz Smith and Tori Gallagher on winning the Men's and Women's Club Championships. That's quite an accomplished household!!! Also, a quick reminder for all Men's and Women's Club members: please check your respective club's bulletin board for credit book balances. Many of you have accrued some credit and must use it by the end of the year. If you would like to special order something, the deadline for special orders is October 31st.

### **UPCOMNING EVENTS**

- 10/2 Women's Club Monthly Scramble/Meeting

   (9 AM Shotgun)

   10/6 October Chapman (10 AM/1:15 PM Shotguns)
   10/7 Man's Club Horse Page (12 PM)
- 10/7 Men's Club Horse Race (12 PM)
  10/8 Women's Club Horse Race (12 PM)
  10/15 Man's Club President's Classic
- 10/15 Men's Club President's Classic
- 10/16 Women's Club Birdie/Chip-in Tournament/ Luncheon (9 AM Shotgun)
- 10/30 Women's Club Closing Luncheon

Submitted by Rob Lindsey