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Summerfield Civic Association

10650 SW Summerfield Dr. Tigard, OR 97224

Office: 503-620-0131 office@summerfield55.org www.summerfield55.org

Office open

Monday through Friday,

8 AM—12 noon

Golf Pro Shop: 503-620-1200 www.golfsummerfield.com

Upcoming SCA Board Meetings

Agenda Meeting February 12, in the Conference Room at 9 AM.

Board Meeting February 20, in the Conference Room at 9 AM.

Please note the new schedule!

NEWCOMERS WELCOME

New residents, welcome to Summerfield! Moving in can be a daunting process. I trust you have met your "welcome buddy" who imparted important information regarding living in Summerfield. For example, any exterior changes (including paint color) and landscaping requires the Architectural/Landscape (A/L) Change Request form to be completed and submitted to the A/L Committee for approval. These forms are available in the Clubhouse Lobby.

Please become familiar with the <u>summerfield55.org</u> website. You will need to get your password from Cherie Nef, Bookkeeper/Administrative Assistant. The office is open from 8:00 AM-12:00 PM, Monday through Friday. The website provides information on the governing documents, clubs/activities, amenities. Most importantly under the "Residents" you will find SCA Board Minutes, Calendar, and forms. The three bars in the upper right corner direct you to the index.

The Online Resident Directory is my favorite. You can look up residents by first name, last name, or street. The little "+" gives you additional information. Did you know we have 23 Barbara's and 20 John's. If you put in your street name, all residents on that street will pop up.

Enjoy a Clubhouse tour - the 2nd Wednesday of each month at 1 PM.

April 27th, Newcomers will host a wine social from 3 – 5 PM for all new residents who moved into Summerfield from October 2023 through April 2024.

Submitted by Carene Svoboda, Newcomers Welcome Committee Chair

ANNUAL ASSESSMENT

Annual Assessments are now due. You have until February 15, 2024, to get your payments in. Checks should be made out to Summerfield Civic Association or SCA. If the address on your checks is different from your Summerfield address, please make a note. Mailed payments are highly encouraged (10650 SW Summerfield Drive, Tigard, Oregon, 97224). Payments can also be dropped in the mail slot below the office window inside the Clubhouse Lobby.

The office is open on weekdays from January 2 through February 15, 8 AM to Noon.

Annual Assessment per Resident - \$700 Annual Golf Pass - \$650 Annual Golf Cart Permit - \$120 ~The SCA Office

PRESIDENT'S MESSAGE

Recently the Board has received some questions about our annual assessment including how it is calculated and why it was increased this year.

How do we determine the number we need to maintain Summerfield as a first-class community? It is not an easy process. First, our Administrator, Jennifer, asks every committee to submit plans for the coming year and estimated costs by the beginning of September. Once all this data is collected, the Board begins the task of reviewing all requests.

The Board meets weekly in the Fall to review all the requests. Not every request is approved. Sometimes we say no. Sometimes we ask committees to reduce their costs. Even after a project is approved, the committee must obtain three bids and receive final approval from the Board before they proceed.

At the same time, we review every expense item. Obviously, it is hard to hold costs down in a time of rising prices. We know utilities, which are a major part of our costs, will go up 15%-20% in 2024. While other costs may not go up as sharply, nothing is getting cheaper.

The other major part of the budget process is our Reserve Study. We are required by state law to maintain a study, prepared by outside accountants, of all of our capital assets including the Clubhouse, pool, golf course equipment, ponds, etc. This study tells us how much money we need in the Reserve Fund to maintain our property and indicates assets that may need to be replaced. It also indicates if the amount we have in the Reserve Fund is sufficient to avoid special assessments and how much money we need to add to the Reserve each year.

Once all of that is completed, the Board determines how much money we need to operate and maintain Summerfield to the standard we all expect. That figure is divided by the estimated number of members to become the assessment.

I hope this explains that the assessment is well thought out. The Board takes it's responsibilities to our members seriously. It is always our goal to protect Summerfield assets and keep our annual assessment as low as possible.

Steve Blake, SCA President

ARCHITECTURE/LANDSCAPE COMMITTEE

If you are thinking about home and yard projects in 2024, be sure to check out Summerfield's Architectural & Landscape Manual. We made several updates to the manual, and information we provide to homeowners, in 2023 including:

- The use of stain for finished wood
- Garage door colors
- Updated information about mailboxes and solar panel projects

The manual and informational documents are available in paper at the Clubhouse, or online at the Summerfield website under Governing Documents.

One requirement that hasn't changed is the need for an approved Change Request before any outdoor project is started.

We look forward to seeing the improvements and updates that will be done in 2024.

Submitted by Scott Owen, Chairperson, A&L Committee

SCA BOARD MEETING RECAP

This report is a recap of the meeting. For details, see the minutes on the Clubhouse bulletin board.

January 22, 2024

Present: Steve Blake, President, Tom Clancy, Vice President, Valerie Wicklund, Director, Carol Knutson, Treasurer, JJ Gattuccio, Director, Dianne Phelps, Director, Pat VanOsdel, Director, Jennifer Stiffler, Administrator

Absent: Lance Yunck, Apartments, Manager, Estates

President Steve Blake called the meeting to order at 9:00 AM.

Minutes: A motion was made and seconded to accept the December Board Meeting Minutes with noted corrections. Motion passed. 7-0

Golf Course Report – Palmer: Golf Course has been closed all week due to the winter storm. The course is running on temporary greens. Golf Course crew has a seminar to attend on Friday. Zach will attend a Golf Course Superintendent tradeshow in Arizona next week.

Golf Pro Shop Report – R. Lindsey: Absent.

<u>City of Tigard Liaison Report –</u> **Sherman:** Absent.

Treasurer's Report– Knutson: Total December revenue is \$32,516.49, total December expenditures are \$112,326.95, and total cash on hand as of 12/31/2023 is \$646,263.14. The General Reserve's beginning balance is \$1,521,354.87, total interest is \$5,433.10, the total revenue of \$0, the total expenditures are \$32,500.92, and the ending General Reserve balance as of 12/31/2023 is \$1,494,287.05. The beginning balance

of the New Buyer Fee is \$222,075.04, the New Buyer Fee revenue is \$0, NBF expenses were \$0, and NBF interest earned is \$47.15, with an ending balance of \$222,122.19. The total balance of the Reserve Accounts is \$1,716,409.24 as of 12/31/2023. Heritage Bank checks written were 6048-6099. Voided Heritage Checks were: 6000-6008, 6026, 6028, 6030, 6036, 6048. US Bank checks written were 679-680, 1008-1009. WaFd checks written were 0. A motion was made to accept the treasurer's report made and seconded. Motion passed, 6-0.

Unfinished Business:

Fitness Room Proposal – Set not to exceed Tabled for electrical rebidding.

New Business:

None.

Administrator's Report: No homes closed in December, but several are pending. The carpet in the Conference Room, Downstairs Lower Lobby, and Pro Shop is complete. The cable is out on the TVs around the Clubhouse, will be contacting Xfinity. The first month of emailed newsletters went out in January. Received a lot of great feedback and comments.

Directors' Roundtable:

Dianne Phelps: Clubhouse, Library,
Disaster Preparedness & Safety –
DPSC held a Self Defense Class on
January 20th. It was very well
received. The Living Room furniture
update is almost complete, waiting on
the delivery of the last 4 chairs.

Valerie Wicklund: Sub Associations, Summary – Sub Associations met and discussed volunteer recruitment.

Pat VanOsdel: Newcomers, Clubs & Activities – The Newcomers
Committee had a Clubhouse tour earlier in the month with 1 newer resident.

Tom Clancy: A/L, Wellness & Fitness, Fine Schedule— The W&F Committee canceled their meeting on 1/19 and have rescheduled for this Friday, 1/26 to discuss new electrical bids. The A/L Committee will be meeting on 1/23. Chat with the Chief was held on January 11 and it was attended by 77 people.

JJ Gattuccio: Pool, Greens, CALC –
Greens Committee met and discussed practice bunker and cart path work.
The Pool Committee is working on their proposal for updated Pool Furniture.

Carol Knutson: Pro Shop, Volunteer Appreciation – No Report.

Steve Blake: Website, Marketing, 50th
Anniversary— No Committee report.
A meeting was held with two of the
Bishops from the Mormon Church on
98th & Summerfield Drive to discuss
the property lines. More to follow.

A Motion made and seconded to adjourn. The meeting adjourned at 10:00 AM. Motion passed.

Next Agenda Meeting February 12, at 9 AM. The next regular Board Meeting is **TUESDAY**, February 20, at 9 AM.





MONTHLY CLUBHOUSE TOUR

WEDNESDAY, FEBRUARY 14TH 1-2 PM

To welcome our new residents there are tours of our stunning Summerfield Clubhouse each month on the **second Wednesday** of the month from 1-2 PM. February 14th is the next scheduled date. Tours will start promptly at 1 PM in the Clubhouse Living Room area. There will be a Q & A session at the end of the tour. In addition to newcomers, any resident is welcome to join a tour.

For questions, please call Diane Knox at 503-422-7988.

Submitted by Diane Knox

TUESDAY HAPPY HOUR

Tuesday 4-6pm BYOB and perhaps something to share Senior trivia was fun! Join us for fun conversations



Submitted by Carene Svoboda

MONDAY MORNING COFFEE

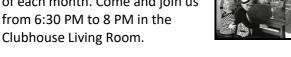
Start the day - the week - right!!! Enjoy coffee or tea with a bite of something sweet, and good company. Show up at the Clubhouse "Living Room" at 8:30 AM. Bring a neighbor or meet a friend. Discuss the ever-growing calendar of activities. If you're new, this is a GRAND way to make new friends.

See you every Monday at 8:30 - 10:00 AM

Submitted by Connie Jones

PIANO BAR THURSDAYS

Our February piano bar dates are Thursday the 8th and Thursday the 22nd. Remember it's always the 2nd and 4th Thursday of each month. Come and join us from 6:30 PM to 8 PM in the



Submitted by Lydia Cooper

SUMMERFIELD SOCIALS GROUP

Your SSG has been busy planning even more fun activities! We have just partnered with the 50th Anniversary committee. Starting in February we will add Saturday afternoon movie matinees, showing popular movies from the 1970's. Remember Patton, Goodbye Girl, Smokey and the Bandit, Rooster Cogburn, Play Misty for Me, American Graffiti, the Godfather, and of course Star Wars. These are just a sneak peek of what we will be showing! Watch the Movie poster board for movie dates and titles. As of this writing, we do not have definite dates and times for the Saturday matinees.

Wednesday February 14, 2024, is our next movie night. We will be showing <u>The Holdovers</u>. Remember to bring a drink and pillow, if needed. We are having great turnouts for movie nights. A big thank you for the donations to help defray the costs.

Our next Potluck will be on May 31, 2024. It will be time to search your recipes for those 1970's favorites like, cheese fondue, porcupine meatballs, Tang, tuna noodle casserole, 7 -layer salad, Harvey Wallbanger cake, Watergate salad, Frito pie, Poke cakes, twice baked potatoes, and of course Jello in all its forms, just to name a few. This will be an evening taking us all back to the wonderful 1970's!

We were very sad to cancel our Winter Wonderland Potluck but the winter weather arrived and hit harder than imagined. Our hope is always that you have the opportunity to socialize with old friends and meet some new friends, have some great food and at least one fun activity. We welcome ALL Summerfield residents to all of our events.

If you are interested in participating in the planning of our events, please let Sue know at suestockamp@gmail.com, or come to a meeting. We welcome ideas and help of any kind with no long-term commitment. Our meetings are the first Wednesday of each month, at 11 AM.

Submitted by Sue Stockamp



CLUBHOUSE COMMITTEE

You see the physical things we have been part of in the Clubhouse, but maybe you don't know that the Clubhouse Committee is also responsible for managing activities to ensure procedures are followed for smooth operation and well-maintained facility.

To that end, the Summerfield Clubhouse Use Application form must be filled out for all Clubs, SCA Committees, Activities, and Sub-association special events. The contact person fills out the form and it is their responsibility to ensure procedures are followed for set up and clean up. This includes filling out the Kitchen Use Check Off List after the event. The contact person is also required to give a head's up on other activities impacted by event early set-up. These groups can request that SCA Maintenance set up and take down the tables and chairs (this does not include cleaning!). For this a form is required to be submitted to the office 7 days in advance of the event. The Clubhouse Committee maintains a group of volunteers who are available to act as monitor if needed, for a \$10 per hour fee.

As a courtesy to other residents, especially around the holidays, if you decide to cancel an event, notify the SCA Office of cancellation immediately so that the calendar can be updated to reflect the day/time is now available.

The Clubhouse Committee may function "behind the scenes" but provides integral support of our life here in Summerfield. We help keep our Clubhouse beautiful and functional for all our activities that occur daily. The committee needs new members to help provide this necessary function. Please come check out what we do at one of our monthly meetings. We need new members as several members' terms are up in 2024. Please contact Deb Simpson.

Submitted by Deb Simpson



VOLUNTEER APRECIATION: SAVE THE DATE

April is Volunteer Appreciation Month! Are you a **current member** of a Board Appointed Committee, then you and your spouse/partner are invited to the annual Appreciation event to be held <u>Tuesday, April 16th at 5:30</u> **PM in the Clubhouse.**

We look forward to seeing you and properly thanking you for your service to our Summerfield Community.

The Board Appointed Committees are: Architectural/ Landscape, Clubhouse, Common Area Landscape, Disaster Preparedness & Safety, Greens, Library, Marketing & Communications, Newcomers Welcome, Swimming Pool, Wellness & Fitness, Summary, and Volunteer Appreciation.

We look forward to seeing you and properly thanking you for your service to our Summerfield Community

Watch for more details in the months ahead.

Submitted by the Volunteer Appreciation Committee

APPLE-ANDROID TECH CLASS

Friday February 15, 2 – 3 PM Clubhouse Ballroom

Tigard High School students will be at Summerfield to assist those interested in knowing "what we don't know" about using our iPhones. There is a sign-up sheet on the Clubhouse Bulletin Board.

Jack Baur, Senior Librarian at the Tigard-Hall Street Library, will lead off with Safety and Scam concerns. Initially the following will be covered:

- Basic iPhone functions
- How to set up your phone
- Clear history and why
- Face time
- Siri
- Talk to text
- Connecting to Bluetooth/WiFi
- How to silence and increase volume
- Navigate notifications
- Make text larger
- Add contact

Submitted by Carene Svoboda, Coordinator



SUMMERFIELD



Summerfield Civic Association registered with the Oregon Secretary of State on June 13th, 1973, and the Clubhouse was finally finished in 1974.

Are you maybe looking for a fun way to get involved with Summerfield without a long term commitment? Perhaps you want to be a part of history or maybe you lived the history!

Our 50th Anniversary Planning Committee has many great ideas on how to celebrate. Join us for a planning meeting on March 6th, at 11 AM in the Conference Room.

For more information contact Toby Blake or send an email to Jennifer at admin@summerfield55.org.

SUMMERFIELD DANCE CLUB NEWS

Singles, Line Dancers, and Couples!!

Spend fun filled evenings with new and old friends. Mark your calendars!



2024 Dances

March 23

June 29

September 28

December 31

Great music for your dancing and listening enjoyment featuring Live Bands.

Submitted by Penny Kellogg

MOVIE NIGHT

Wednesday, February 14, 2024 6:30 PM

The Holdovers

Free popcorn and candy!

Donations are appreciated.

Bring a drink and a seat cushion if <u>needed</u>

RSVP to <u>suestockamp@gmail.com</u>, or text 503-709-7033



CREATIVE ART GUILD

With new art works coming to the Clubhouse Gallery Walls in mid-February, there's still time to enjoy the current art works on display. One of the works required the use of Cling Wrap (aka Saran Wrap) to achieve a certain effect. Can you guess which one?

Summerfield's resident artists have also been busy outside of Summerfield. In our occasional segment, "Art Guild Members Getting Around," several artists are receiving recognition:

Lori Owen has been juried in as a new member of the International Guild of Realism for her paintings of local birds, wildlife, and farm animals.

Additionally, Lori Owen, Jaci Pearson and Diana Poorman have been juried into and will be exhibiting works at the Beaverton Celebration of Creativity Fine Art Show & Sale at Southminster Presbyterian Church, 12250 SW Denny Road, Beaverton, OR 97008. The show starts Thursday, February 29th and continues through Sunday, March 3rd.



Our next Art Guild meeting is Monday, February 19th, at 3 PM in the Arts and Crafts Room. Be sure and bring your new art works for the Gallery Walls. We look forward to seeing you there!

Submitted by the Creative Art Guild

GARDEN CLUB

The Summerfield Garden Club had their January Planning Meeting where we had a good turnout of members and did a good job of scheduling speakers and outings for 2024.

February 12th is our next meeting where we plan on having a speaker. We meet in the Lake View Room at 1 PM.

Hope to see you there.

Submitted by Karen Walker

SUMMERFIELD SINGERS

Like to sing? Want to be part of a group that sings just for fun? Then you will like Summerfield Singers! Summerfield Singers meets on the first and third Fridays from 2 – 3 PM in the Clubhouse Ballroom. We welcome anyone who likes to sing; you don't have to have a great voice or be able to read music. We sing a variety of songs, from musicals to old favorites and more, so there are sure to be ones you will like. Interested? Come and sit in a time or two, and if you would like to sing with us, you can join us! We have songbooks available for a nominal cost. We would love to have you! If you have any questions, Please call Julie at 712-830-7477.

Submitted by Julie Helle, Director & Nancy Vink, **Accompanist**

OPEN STUDIO

Every Wednesday from 1 to 4 PM in the Arts & Crafts Room, friends meet to do art together. What are you working on? Why not pack up your art stuff and bring it to the Clubhouse to work on among friends. Whether you draw, paint, pastel, collage, or colored pencil, hang out with fellow artists (and amateurs) while you work. The more the merrier.

Submitted by Terry Schmidt

DRUM CIRCLE

What: Drum circle

When: Second and fourth Fridays each month at 10:00 AM

Where: Lakeview Room

Why: Many health benefits and fun to do

How: There are drums and instruments provided or bring

vour own

What people are saying:

"I've never done anything like this before and I love it!"

"The time goes by so fast."

"I didn't realize how much fun this would be."

"It is so relaxing, and it feels so good to play along with others, plus we learn new things."

Submitted by Mel Simrell



SUMMERFIELD BIBLE STUDY

The Summerfield Bible Study meets on Wednesdays with Mike Anderson teaching and studying the book of Matthew. There are **new hours** for 2024. They will be from 9:30-11:00, 9:30 AM for coffee and conversation, **9:45-10:45 AM for study**, and 10:45 - 11:00 conversation and leaving on time for the next group. We will meet in the conference room all Wednesdays in February, and

March except the second
Wednesdays of those months
we will meet in the Arts & Crafts
Room. There will be reminders.

Please call me with prayer or praise reports so our prayer warriors will know. Please bring a friend. See you soon.

Submitted by Paula Henry

SENIOR LEARNING

Our current topic is titled Death, Dying and the Afterlife: Lessons from World Cultures. This may strike you as depressing. Not so. It's very interesting to learn how citizens around the world view this subject. Please join us at 2 PM in the Lakeview Room every Thursday.

Submitted by Gerry Craig

PARKINSON'S SUPPORT GROUP

The new Parkinson's Disease Support Group is now meeting monthly in the Clubhouse Conference Room. Join us at 10 AM, the second Wednesday of the month. People with Parkinson's disease and the people who love them are welcome.

The topics will be varied because we are here to help you get the information and assistance you need. Questions? Please call Jane at 630-564-2624 or Caren at 336-202-6601. We look forward to seeing you!

Submitted by Jane Miller

DEMENTIA SUPPORT GROUP

It's a new year. I hope you resolve to improve your caregiving skills. Your loved one deserves the best. It would be helpful to join in our monthly meetings. It's a relaxed atmosphere in which you can share your thoughts and experiences or just listen to others. We will meet in the Conference Room at 1 PM on February 19th.

Submitted by Gerry Craig

LOW VISION SUPPORT

Curious? Any SCA member may sit in on our meetings. We meet the first Friday of every month, from 10:30 AM until noon in the Conference Room.

Submitted by Ruthanne Lidman

LINE DANCE

The "Ultra Beginner" Line Dance group has GRADUATED and will now be recognized as "Novice Dancers". Congratulations to all who completed this very important first step to being a successful Line Dancer. The Monday morning class will now be led by Deb Simpson and Bev Westerlund. They will be leading beginner style dances for anyone who wishes to attend. This will allow dancers to become more confident in using the skills they have just learned as an "Ultra Beginner". ALL levels of dance can be enjoyed in all classes. Many of the newer dancers have already been coming on Monday evenings and/or Wednesday afternoon and your presence is encouraged. Plan to join us

Novice beginner dances Monday mornings at 10:30 AM

All Levels of dances Monday evenings at 6 PM and Wednesday afternoons at 1:30 PM

Questions? You may contact Diane Christensen. Email and phone can be found in the SCA Directory

Submitted by Diane Christensen

in as many classes as you like.



SINGLE FRIENDS AND FUN!

Saturday, February 3rd, at 11AM. Planning meeting for future activities in the Clubhouse Game Room. Everyone is welcome to bring suggestions for future activities! After the meeting a group of us will go out for lunch. This is another way of getting to know each other. New members are encouraged to join us at the planning meeting.

- Saturday, February 3rd, for Broadway Rose Ticket holders. Double Threat Trio at 2 PM.
- Sunday, February 4th, at 3 PM, Tualatin Valley Symphony presents a family concert including selections from Jurassic Park and Ferdinand the Bull. It's \$10 for seniors, children 12 and under are free. Northwest Christian Church, 13405 SW Hall Blvd., Tigard-across from the library. Meet at the church at 2:30 PM.
- Monday. February 6th, at 10:30 AM, Brunch at Millers Homestead located at 17933 SW McEwan Road. RSVP to Lu Shown at 503-747-5226 or shown12@comcast.net.
- Saturday, February 10th, at 4:30 PM, Chinese New Year at Hunan Pearl Restaurant located at 15160 Bangy Road, Lake Oswego. RSVP to Linda Henning at 858-481-6868 or lindajhenning@yahoo.com. Find out your Chinese Zodiac Animal.
- Wednesday, February 14th, 5 6:30 PM. Come to the Clubhouse Living Room with your own picnic dinner or just visit for happy hour prior to the movie (to be announced later) that will be shown at the Clubhouse. RSVP to Sue Stockamp at 503-709-7033 only if you plan to watch the movie. (No need to RSVP for dinner gathering/social hour.) A reminder: bring a seat cushion if desired.
- Thursday, February 15th, Happy Hour at 3 PM at Lake Oswego Grill located at 7 Centerpointe Drive, Lake Oswego. RSVP to Linda Silcock at 503-453-4031 or silcocklinda@yahoo.com.
- Tuesday, February 20th, Trivia Night at 6:30 PM at Clancy's Pub located at 1066 SW First Street, Sherwood. RSVP to Mindi Tenison 503-484-0118 or singinit4you@gmail.com.
- Saturday, February 24th, Game afternoon 3 PM Downstairs in Clubhouse. RSVP to Carolyn Ward 503-372-9249 or email c24ward@gmail.com.
- Thursday, February 29th, "Take A Leap" Potluck at 6 PM in the Lakeview Room. Please sign up on the bulletin board for what you would like to bring.

For all events, please contact the point person if you need a ride or can provide a ride.

Submitted by Michele Seligman

CHAT WITH THE CHIEF EVENT

The January 11 Chat with the Chief event at the Summerfield Clubhouse featured a new chief: Interim Chief Jamey McDonald, who has replaced Chief Kathy McAlpine.

SCA Vice President Tom Clancy introduced McDonald, who has been with the Tigard Police Department for 22 years and has worked in several different positions, including street patrol, school resource officer, financial crime and drugs before becoming a commander.

McDonald touched on a variety of subjects, including the staffing level at TPD, the upcoming public safety levy on the May ballot, dealing with people in a mental health crisis and the homeless, and the hot areas for crime in Tigard, and he answered a lot of questions from the audience.

Continued on page 11



FUN WITH HAND & FOOT

Tuesdays @ 1:30 PM in the Game Room **Casual Drop In Lessons Offered**

Here we are, sliding into February already! Hand and Foot (similar to Canasta) attracts a fun, casual group that plays

every Tuesday at 1:30 PM in the Game HAND Black Room. We start play promptly at 1:30. Please plan on being there 15 minutes early for table assignment. Late arrivals may not be seated if tables are full, or play has already begun.



If you have never played or feel rusty, Susan can offer a tutorial at **12:30** PM on Tuesdays, just prior to the regular games, to those who RSVP at least a day ahead. Learn the basics without the pressure of a game. You may direct questions or RSVP to Susan by phone (818-648-5356) or by email at scallihan7308@gmail.com.

By consensus of our regular players, we do require that players be vaccinated due to the number of immunocompromised or at-risk members of the group and the periodic resurgences of this virus and variants around the country. If you want to wear a mask, that is okay. We are a judgment free zone.

We ask that if you travel, or are in close contact with someone who has recently traveled, to not attend for 5 days after your return or after that contact. If you feel ill, please do not attend.

Submitted by Paula Henry and Susan Callihan – Co-chairs

CRIBBAGE

We play cribbage from 9:30 AM until 12 noon on Monday mornings. We have a great group of people who enjoy playing cribbage. We have the materials. Beginners welcome!! Come and join the fun!



Submitted by Steve Moore

BRIDGE SCORES

Monday bridge: 12/18 D. Jordan 5050. 1/8 B. Finch 3280.

Wednesday bridge: 12/13 K. Mullen 3150. 12/20 S. Looney 4180. 12/27 S. McGuire 3560. 1/3 D. Jordan 4210. 1/10 D. Jordan 3130.

Thursday night: 12/14 D. Wallach 5380. 12/21 B. Eberle 3740. 12/28 B. Eberle 3490. ¼ P. Biggs 4290. 1/11 E. Schuller 4120.

Thursday duplicate: 12/14 N/S 1st M. Scarborough/B. Meier. 2nd S. Bailey/ M. Itel. E/W 1st N. Sahler/ D. Nangle. 2nd E. Lansburg/ C. Grubesic. 12/21 1st C. Grubec/ C. Williams. 2nd E. Lansburg/ M. Scarborough. 12/27 1st M. Itel/ M. Henry. 2nd N. Sahler/ D. Nangle. 1/3 1st D. Cain/ M. Henry. 2nd M. Itel/ S. Bailey.

Submitted by Maggie Scarborough

MAHJONGG (AMERICAN)

Come join us on Tuesdays from 12-3:30 PM in the Game Room. Our group is friendly and welcoming, as well as competitive!

NOTE: AMJ Game training is pending based on level of resident interest. Check the sign-up sheet on the bulletin board for more information. Contact Tish for more information at 503-314-1575.

Submitted by Tish Kremidas

BUNCO

For a fun-filled evening of playing Bunco join us on February 12th, 7 - 9 PM in the Game Room.

Submitted by Esther Vickstrom



BINGO

Bingo is back. Join us on Friday the 9th and 23rd at 7 PM in the Game Room

Submitted by Marlene Christensen



Continued from page 9

McDonald told the audience that he was raised in Lake Grove and when he decided he wanted to become a police officer, Tigard was at the top of his list, and he was lucky enough to be hired by the TPD.

"When I started, the city's population was about half what it is today, but we have the same staffing levels," McDonald said. "But the calls today take more time and are more complex. There are challenges in police departments, and we all face staffing challenges. When the economy is good, and unemployment is low, it is hard to hire cops. But we are not lowering our standards. The ones we are hiring are really good. We want to have the right people work here. We are looking for top-notch officers. We do things differently around here.

"The department is funded for 77 positions... and we currently have 72 positions filled, and we have to hold one of them open for the chief... We currently have 28 women, and a lot of (police) agencies have zero women."

McDonald reminded the audience about the renewal of the public safety levy on the May 2024 ballot. It funds eight officer positions, one school resource officer and two support staff.

He also mentioned that the 10-week community police academy will be starting March 7 at 5:30 p.m. and run for three hours every Thursday evening offering a "super in-depth look" at the department and what it does.

An audience member asked how officers deal with the mental health crisis, and McDonald replied that the department partners with a team comprised of a highly trained cop and a mental health worker. He added, "Mental health is more challenging to address today than at any other time since I have been a police officer."

When asked about a future new facility for the police department, McDonald said they are taking baby steps toward that goal. "We were outgrowing our facility probably before I started, but having officers on the street to keep the community safe is more important than a building," he said.

When asked about dealing with the homeless, McDonald replied that the City Council has a goal to reduce homelessness, and one officer solely focuses on the homeless in the downtown area.

McDonald asked where audience members thought the crime hot spots are. The answers were Washington Square Mall and 99W, including Fred Meyer, and just off 99W at Winco, Walmart and Costco.

Submitted by Barbara Sherman



Tigard Police Department Interim Chief Jamey McDonald (left) stands with SCA Vice President Tom Clancy to take one last question from the audience.

City of Tigard will host a free document shredding event.

Date: Saturday April 20, 2024

Time: 9 AM to 12 PM or until trucks are

full.

Wait times typically decrease mid event. **Location: Tigard City Hall** parking lot
(13125 SW Hall Blvd Tigard, OR 97223).

For additional City of Tigard events check out the calendar on the City website:

www.tigard-or.gov/your-government/departments/police/community-events

QIGONG ADAPTIVE YOGA

Welcome to February – Heart Focus Month! Would you like to:

Feel more Openness around your Heart Center? Improve your Flexibility and Strength?

Have better Posture?

These are just some of the benefits you may experience from regular practice of **Qigong** (pronounced Chi kung) and **Adaptive Yoga**.

We use Chairs and other yoga props such as straps to help improve posture, balance, and stability. Variations are offered based on each student's needs.

If you have a yoga mat, feel free to bring it, although it is not necessary to enjoy the practice. Looking forward to seeing you in class!

Tuesdays – 10:30 AM - In the Lakeview Room Fee: \$5 per class

Questions? Call or text Pamela at 503-320-5150 Submitted by Pamela Olzman



STRETCH - BALANCE - MOBILITY

Feel younger, stronger, and steadier on your feet. Get your heart pumping, and feel taller with Tai Chi, Qi Gong, and / or Yoga. Your doctor will praise you soon thereafter.

Every Monday, Wednesday, and Friday at 8:00 AM for Tai Chi and Qi Gong, and 8:30 AM for Yoga. Each class lasts 1/2 hour and THERE IS NO CHARGE!!

Call Connie at 503-816-8563 for more information.

Submitted by Connie Jones

FITNESS CENTER UPDATE

The Board has approved most of the necessary work for the renewal of the Co-ed Fitness Center. A new bid for the electrical work will need to be approved as the previous vendor is unable to complete the work for several months. Look forward to new flooring, freshly painted walls, lighting fixtures updated to LED, ceiling fans for air flow, and new machines.

We are aware that several machines downstairs are "acting up" and AER, who services the current machines, is working on solutions until we get the new equipment in. Please bear with us on this.

It is the hope that the Pool Table move goes smoothly and repairs and room improvements can begin at the very end of February/early March.

Submitted by the Wellness & Fitness Committee

Tai Chi (The 24 Forms)

The ancient practice of Tai Chi involves slow and gentle movements designed to enhance your overall health and fitness.

Following step-by-step video instructions by Dr. Paul Lam, we will learn some of the most popular and widely practiced forms of Tai Chi to increase your strength, improve your balance and promote relaxation.



Please come join us Wednesday mornings at 11:30 AM in the Lakeview Room to have a little fun and discover for yourself the many benefits of practicing Tai Chi.

Submitted by Joan Mikels



MEN'S GOLF CLUB



MARK YOUR CALENDAR:

Valentine's Day: Signup 1/10 to 1/31. Play: 2/6 at 10:00 AM. St. Patrick's Day: Signup 2/6 to 3/1.

Play: 3/13.

POLAR BEAR OPEN RESULTS (Top

<u>10)</u>: The Polar Bear's treated us OK with cool but playable weather. The PAR 3 idea was a welcome change with everyone enjoying play. 1ST Jan

& Bob Meek/Marilyn & Larry Launder. 2nd Connie Jones & Kent Nelson/Jackie Mitchell & Stan Nelsen. 3rd Jan Harrington & Wally Hadden/Sandy & Gary Nelson. 4th Liz Rockway & Johnny Giccatti/Sandy Sisk & Ken Carrell. 5th Janice Beck & Mike Tsujimura/Mary & Ron Reeves. 6th & Terry Higdon/Carolyn Pitre & Herb Peterson. Tie 7th Nancy Buchanan & Gary Heintz/Margaret Johannes & Greg Eggert – Julie Courson & Ed Stern/Joy Reedy & Brian Schubert. 9th Sylvia & Bill Dorney/Kathy Burton & Jon Erickson. 10th Pat Dufort & Ken Rose/ Linda Gray & Dennis Stuck. KP's: #1 Jacki Mitchell. #3 Buzz Smith. #5 Joy Reedy. #7 Bill Dorney. Sorry missed other KP's. Weather!!! Actually, forgot to photograph 3rd score sheet, Will report next Newsletter.

<u>REMINDER</u>: Winter Men's Club Starting Time Change: The 8:00 AM tee time for Men's Club started on 1/19 and will continue until April 1st, the starting date for Men's Club team play.

WELCOME NEW MEMBER: Roy Wickland.

SHOULDAGONES TO AREWEGOODS: You might recall the Shouldagones. Well now a new chapter has been written, **"Arewegoods."** This phenomenon usually happens on #5.

First you tee off and hit a good one in the fairway. Then everyone else does the same. Then you go for the green, only it goes in the water, then everyone does the same. Finally on the green everyone 3 putts. The last putter claims "Are we good or **AREWEGOOD."** Thus the, "Arewegoods."

GOLF TIP OF THE WEEK ACCORDING TO GOLF DIGEST PGA PROFESSIONAL & INSTRUCTOR BUTCH HARMON:

"If you want to gain 20 yards driving distance, move up to the forward tee."

Submitted by Ken Rose

DISASTER PREPAREDNESS:

Decisions, Decisions!

In the past few years on this committee, I have heard some residents say they are not interested in "preparedness" and can't be bothered with stockpiling emergency supplies, coordinating with neighbors for mutual aid, and being prepared to kind of "camp out" for a few days or weeks during a Disaster.

Well, OK - that is their decision, and they are free to abide by it - but consider this for a moment - to those residents remember:

You most likely have health insurance -

You most likely have car insurance - (state dictated)

You most likely have life insurance - (for the mate or kids)

I suppose you never really expect to cash in on these first two programs, but you have them anyway, just in case, - because statistics tell you things can happen - - Well, Disasters **can happen**, and your insurance depends on yourself and your preparedness!!!

If a disaster of any scale happens you are likely to "be on your own" and what you might have stashed in the garage is your insurance and just might pull you through to survival. Aid may be days, weeks, or months in arriving - do you have the disaster support list of items to carry you and your family and possibly the neighbors, through?

Being prepared is **your decision** - I hope you will consider that the time and cost of preparation is worth it - - and act! Come see us at the monthly meeting and get planning and prep help if you need. Save yourself to help others!!!

Submitted by Roy Metcalf

(Please excuse the error in last month's Summary on meeting dates and time - we meet at 7:00 PM on the first Monday evening of the month in the Clubhouse Conference Room and welcome visitors.)

ADMINISTRATORS CORNER

Let's talk Board Meeting Minutes. There are many ways to produce minutes for a meeting with a few rules which must be followed. What are Meeting Minutes? They are notes taken to record the productivity of a meeting. As Administrator, I am a non voting board member, assigned the role of Secretary. During the meeting it is my job to listen to what is discussed and detail the board's actions and decisions as they pertain to the formatted agenda. I like the phrase—they are minutes, not seconds. Meeting minutes are not scripts. They are concise summaries of the events of a meeting. They are also record that Board meetings took place and what was discussed. The minutes can show what has been accomplished over a period of time and they also hold members accountable.

The SCA Board Minutes do not depict discussions or topics which are brought up by residents who sign in to speak at the start of the Board Meeting. If residents' feel that their topic/discussion belongs in the minutes, they should contact the administrator to get on the Agenda—which I will address next month.

During the SCA Board Meeting, I record what is being said, I then type the minutes up in specific format following the posted agenda. Board meeting minutes are not considered approved until the following Board Meeting when the Board can vote them in as approved. At that point they are signed. In order to get the minutes into the Newsletter, they are submitted with the clause noted above them that it is only a recap of what was discussed in the Board Meeting—they are not yet legally binding minutes. Edits, changes, corrections can all still be made until they are signed.

Once signed, a scanned copy is uploaded to the Resident section of the Summerfield website:

www.summerfield55.org/residents/board-meeting-minutes. Also, after signing, a copy is made and posted on the Board Bulletin Board across from the Game Room.

Have a question about the minutes? The Board? How something works around Summerfield? Email Jennifer at admin@summerfield55.org and it will be addressed.

Next up: Agenda Meetings

Submitted by Jennifer Stiffler

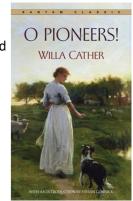
BOOK CLUB

Our January Book Club meeting was a little different than most. The new carpet was being laid in the Conference Room, so we tried out the new furniture in the Living Room. This drew a bit of attention as people walked by. Lona Olsen led the group in a great discussion of the book *Horse* by Geraldine Brooks. Thank you, Lona.

A donation hat was passed to around to our members, and we put in money to buy three new books for the library in remembrance of three of our

faithful members who had passed this last year.

February Book Club will be held in the Conference Room on Tuesday the 13th at 2:30 PM. Georgia Meshke will be the moderator of the book *O PIONEERS!* by Willa Cather. This book was published 1913 and was her first great novel. No other work of fiction conveys both



the sharp physical realities and the mystic sweep of the transformation of the American frontier, and the people who settled it.

The March book is 1984 by Orwell and in April Only the Beautiful by Meissner. May is My sister, the Serial Killer.

Submitted by Neal Sanders

SCA OFFICE WILL BE CLOSED MONDAY, FEBRUARY 19th IN OBSERVANCE OF PRESIDENTS DAY

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