

Preliminary 2024 Assessment \$700/resident

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Summerfield Civic Association

10650 SW Summerfield Dr. Tigard, OR 97224

Office: 503-620-0131 office@summerfield55.org www.summerfield55.org

Office open

Monday through Friday,

8 AM—12 noon

Golf Pro Shop: 503-620-1200 www.golfsummerfield.com After weeks of listening to requests, estimating next year's utility costs, and mulling over the state of the economy, the budget process is coming to an end. At the November Board Meeting the preliminary budget was approved. The breakdown means Assessments will be \$700 per resident for 2024. Consideration has been taken of the rising costs that we all face, but the fact is that the supply chain out there has made everything more expensive including running the Clubhouse and the upkeep of the common area grounds.

Assessments for owners are due between January 2nd and February 15th with late fees applied on February 16th. We are excited to try out the ability to pay with credit card this year but with the caveat that the credit card fee of 3% is paid by the payee. As always assessments and annual golf fees can be paid with cash or check. Payments CANNOT be accepted by the office before January 2nd, which is an auditor requirement. At this time, you can also purchase an Annual Golf Pass (\$650), Cart Tag (\$120), or key fob. There will be no partial payments allowed. You must pay for a full year's dues and will be reimbursed a prorated amount if you move from Summerfield. All vacant homes are required to pay a minimum of one assessment fee. If paying by cash or check, mailing your payment in is encouraged. Payments can be sent to 10650 SW Summerfield Drive. They can also be slipped through the mail slot below the office window. Please refrain from Clubhouse Calendar/Event Scheduling during this time as the office has limited hours to get all the assessments collected. The 2024 Resident Directory will also be available for pick up.

From the SCA Office

Upcoming SCA Board Meetings

Agenda Meeting December 11, in the Conference Room at 9 AM.

Board Meeting December 18, in the Conference Room at 9 AM.

Please note the new schedule!



PRESIDENT'S MESSAGE

Every year we are asked to pay an assessment to the Summerfield Civic Association. This assessment covers our annual costs for operating Summerfield as well as the amount we estimate we need to contribute to our Reserve Funds.

A well reserved HOA offers numerous advantages for its residents. Most importantly, a properly managed Reserve Fund ensures the long-term financial health of the community. It allows the HOA to cover expenses, such as major repairs or replacements of necessary equipment and property without resorting to special assessments or significant fee increases.

A properly funded Reserve enables timely maintenance and upgrades to shared amenities and common areas. This ensures that residents can enjoy well-kept facilities and a pleasant living environment. Regular upkeep not only enhances the community's aesthetics but also minimizes the likelihood of costly repairs due to deferred maintenance.

Prospective buyers are often attracted to well-maintained communities with sound financial planning. This, in turn, can positively impact property values, creating a win-win situation for current residents and potential buyers alike.

Every year we are required by state law to do a Reserve Study. This study is done by an outside accounting firm that makes a list of all our assets, determines the average life span of each item and the estimated replacement cost. The accounting firm then uses this information to calculate the amount required to be "fully funded." "Fully funded" does not mean that an amount equal to the replacement cost has to be set aside. This is a bit complex. For example, an asset that will cost \$10,000 to replace and has been in use for 6 years, requires \$6,000 in the Reserve Fund to be "fully funded."

Summerfield has maintained a strong maintenance schedule resulting in our equipment generally lasting significantly longer than the average lifespan used in the Reserve Study. An example is our water heaters in the Clubhouse which were purchased in 2007, with an average life span of 10 years. They are still in use and are going strong. So obviously they will not be replaced until it is necessary.

Generally speaking, a Reserve Fund that is at least 71% funded is considered a strong financial position as not all assets are replaced at the same time. Currently Summerfield's reserves are slightly below that 71% level but headed in the right direction. It is incumbent upon us to make sure that our reserves stay strong for now and for the future.

Steve Blake, SCA President

MARKETING COMMITTEE REPORT

The Marketing committee has been busy with several projects designed to make Summerfield a more visible community. New directional signs are being installed at key locations to help visitors find their way to the Clubhouse and Golf Course.

The committee has launched a social media campaign to attract younger couples to consider Summerfield as their next residence. You can find us on Facebook and Instagram by clicking the buttons at the bottom of our website Homepage. You can also find it by looking for Summerfield55+ on Facebook.

New tri-fold brochures are being developed to give to potential residents and those who are interested in our golf course.

If you know of activities that we could use on Facebook or Instagram, please let me know.

Submitted by Leigh Wilcox







This report is a recap of the meeting. For details, see the minutes on the Clubhouse bulletin board.

October 9, 2023

Present: Steve Blake, President, Tom Clancy, Vice President, Pat VanOsdel, Director, Carol Knutson, Treasurer, JJ Gattuccio, Director, Dianne Phelps, Director, Jennifer Stiffler, Administrator Absent: Valerie Wicklund, Director, Lance Yunck, Apartments, Manager, Estates President Steve Blake called the meeting to order at 9:00 AM.

Minutes: A motion was made and seconded to accept the October Board Meeting Minutes with noted corrections. Motion passed.

Golf Course Report - Palmer: Mechanic, David Fazio, was hit by a car that ran the stop sign, while driving a mower across 98th. David is OK. The Mower is being checked out for damage. The Chemical Shed that was built in 2022 is paying off -The golf course was able to preorder much needed chemicals for next year through a "buy early" program and earned a rebate of over \$600.

Golf Pro Shop Report - R. Lindsey:

October rounds were down slightly as we had a few more rainy days to contend with. Overall golf revenue is up \$29K.

City of Tigard Liaison Report – Sherman:

Tigard Police liaison Maddie Bauer is named City of Tigard employee of the month. Chat with the Chief will be held in the Summerfield Ballroom January 11th at 6 PM.

Treasurer's Report – Knutson: Total October revenue is \$55,464.29, total October expenditures are \$89,919.15, and total cash on hand as of 10/31/23 is \$801,124.68. The General Reserve's beginning balance is \$ 1,606,313.99, the total revenue is \$8,448.63, the total expenditures are \$0, and the ending General Reserve balance as of 10/31/23 is \$1,614,762.62. The beginning balance of the New Buyer Fee is \$207,986.60, the New Buyer Fee revenue is \$6,000, NBF expenses were \$0, and NBF interest earned is \$44.41, with an ending balance

SCA BOARD MEETING RECAP

of \$214,031.01. The total balance of the Reserve Accounts is \$1,828,793.63 as of 10/31/23. Heritage Bank checks written were 5274-5319. US Bank checks written were 0. WaFd checks written were 0. Motion to accept treasurer's report made and seconded. Motion passed, 6-0.

Unfinished Business: None

New Business:

Club Status Approval: Line Dance

The motion was made and seconded to recognize Line Dance as a Club versus an Activity. Motion failed, 0-6.

New Activities Approval: Dinner and Bunco Activity The motion was made and seconded to accept the proposal for a new activity titled Dinner and Bunco. Motion Passed, 5-0, 1 non-vote.

New Activities Approval: Progressive Christian Study Group

The motion was made and seconded to accept the proposal for a new activity titled Progressive Christian Study Group. Motion Passed, 6-0.

Policy & Procedure Update D 4.20

The motion was made and seconded to accept the revised P&P D 4.20 removing the designation that a Clubhouse Committee Chairperson's term specifically begin in September. Motion Passed, 6-0.

Policy & Procedure Update D 4.31

The motion was made and seconded to accept the revised P&P D 4.31 changing the number of Greens Committee members from five to seven. Motion Passed, 6-0.

Policy & Procedure Update D 4.40

The motion was made and seconded to accept the revised P&P D 4.40 revising the purpose and plan for the Disaster Preparedness & Safety Committee. Motion was tabled.

Architecture/Landscape Manual Update

The motion was made and seconded to accept the revised line of 2.11 in the Architecture/Landscape Manual to read that Garage Doors are now allowed to be white/off white with Committee approval. Motion passed, 6-0.

Resident Request for Temporary Custodian

The motion was made and seconded to accept the request from 'Resident' to allow for a temporary custodian of their home while they are out of the country for 6 months. Motion passed, 6-0.

City of Tigard Tree Clean Up Approval

The motion was made and seconded to accept the proposal from Ash Tree to provide tree cleanup services at the corner of Durham and Summerfield Drive as requested by the City due to trees blocking traffic lights at intersection. Motion passed, 6-0

Downstairs Carpet Proposal

The motion was made and seconded to accept the proposal from Rubenstein's Flooring to recarpet the downstairs main rooms, Pro Shop, and Conference Room at the start of 2024 with a not to exceed total budget of \$46,000. Motion passed, 6

Preliminary 2024 Budget Proposal

The motion was made and seconded to accept the preliminary budget and the assessment value of \$700 per resident for 2024. Motion passed, 6-0

Brick Wall Engineering Proposal

The motion was made and seconded to accept the proposal from J2 Consultants to complete an engineering assessment of the Durham Road Brick Wall. Motion passed, 6-0

Marketing Presentation made by M.Sims Administrator's Report: 46 homes sold in year to date in Summerfield. Employee health benefits will change providers in 2024 from Kaiser to

Providence Insurance. **Directors' Roundtable:**

Valerie Wicklund: Sub Associations, **Summary** – Absent.

Pat VanOsdel: Newcomers, Clubs & **Activities** – Newcomers Welcome Committee counts 66 new residents in Summerfield so far this year. A motion was made to welcome three new **Newcomers Welcome Committee** members who are Lindy Alexander, Coleen Eidel, and Carol Kadel. Motion was seconded and passed, 6-0.

Minutes continued on Page 7



MONTHLY CLUBHOUSE TOUR

Wednesday, December 13th 1-2 PM

To welcome our new residents, there are monthly tours of our stunning Summerfield Clubhouse each month.

Tours will start promptly December 13th at 1 PM in the Clubhouse fireplace lounge area. There will be a Q & A session at the end of the tour. In addition to newcomers, any resident is welcome to join a tour.



Welcome to Summerfield!

Submitted by Barbara Lance

TUESDAY HAPPY HOUR

Tuesday Happy Hour 4-6 PM Clubhouse Living Room

BYOB and goodies to share
December 19th - Christmas Carol sing
along with Gerry Craig, Piano
Nancy Vink, Flute
Dawn Juliano, Violin
Always fun times!



Submitted by Carene Svoboda

PIANO BAR THURSDAYS

Come join us on Thursday, December 14th for a mix of holiday sing-along songs and pop tunes. We will be serving eggnog with whipped cream and candy canes. The next date will be Thursday, December 28th. See you there from 6:30 PM to 8:00 PM in the Clubhouse Living Room.

Submitted by Lydia Cooper



SOCIAL ACTIVITIES GROUP

The Halloween Potluck was a huge success! We had over 90

people in attendance and many in fantastic costumes! The music from Equinox, our very own inhouse trio, was enjoyed by all either dancing or singing along! The food tables were overflowing so that we had to set up additional tables. By the way, if you have photos to share, please email them to suestockamp@gmail.com. The photo booth was a great added attraction and a good remembrance of a good time. We



have already applied for the ballroom for next year's event, so get those costumes ready!

We are all very happy that the Board approved the purchase of the umbrella policy that allows us to show movies throughout the year without the worry of copywrite issues. We just showed "Golda" for our November movie night. It was very well attended. We are still working on the movie for December so if you have a movie preference, please email suestockamp@gmail.com. It is helpful to know what our audiences want to see. Our next movie night will be on December 6th; watch the movie poster in the Lobby for the title.

We will be focusing upcoming meetings on our next potluck, which will be on January 19th, 2024. If you are interested in joining the planning for this or any of our events, email Sue at suestockamp@gmail.com. We welcome all ideas and experiences.

Since this is our end of the year article, I would like to wish each of you a very happy and healthy holiday season and a huge thank you for supporting our group!

Submitted by Susan Stockamp

MONDAY MORNING COFFEE



Enjoy coffee, tea, and a treat every

Monday at 9 AM

It's a great way to make new friends
and catch up with old(er) ones!!

Submitted by Connie Jones



CLUBHOUSE COMMITTEE

The Process – You may or may not understand it. The Board is the steward of SCA money, and they maintain a reserve of funds for large projects. All to keep this community in the best possible condition. As the need is seen, projects are put on the calendar. This year we saw several large projects in the Clubhouse, including the kitchen remodel. And we're so glad we did!! We discovered that three of the four old ovens had faulty wiring, the dishwasher wasn't grounded, circuits were overloaded, there was mold in the walls and damaged pipes. Additionally, the electrician indicated that all the wiring was faulty and an extreme fire hazard! Now we all can rest easy that we not only have a beautiful, functional kitchen but we are safe. Thank you to the Board, the tireless individuals on the project, and those in the community who were respectful of the process!

Holidays are fast upon us and with them we have many fun events planned in the Clubhouse. As a reminder, with the Clubhouse so busy, please be respectful and responsible when you are hosting and/or attending an event. It is imperative that each group follow Clubhouse procedures, particularly related to cleaning the floor of debris, wet mopping spills, securely closing all garbage bags, and putting back tables and chairs per the setup diagram on the walls in the Lakeview/ballroom. A Clubhouse Committee member will be doing a follow-up check after each event. Thanks in advance for helping to keep our Clubhouse beautiful.

Looking into 2024, you will likely be seeing new carpet in the downstairs lounge and Pro Shop (another reserve item), finishing touches to the living room and improvements to storage.

If you would like to join the Clubhouse Committee, please contact Deb Simpson.

We wish you a wonderful holiday season!

Submitted by Deb Simpson

SUMMERFIELD VETERANS DAY EVENT

The Volunteer Appreciation Committee honored our Veterans on November 11th, with an emphasis on the 50th anniversary when the last combat troops left Vietnam. It was attended by 100+ Veterans, families, and friends. Eldon Tichenor opened with welcoming everyone, reciting the Pledge of Allegiance and a moment of silence. Two short films were shown. One narrated by Sam Elliot, depicting the 50th anniversary and a second one by one of our residents, Dan O'Brien. He was assigned to a Destroyer. His film showed Fighter Jets landing and taking off from a



Carrier. Several other attendees shared their family stories. We had two gentlemen, over 100 years young. The Summerfield Singers sang an array of Patriotic songs and an Armed Forces medley. Beverages and desserts were enjoyed by all. A memorabilia table was filled with veterans' items which were very interesting.



Thank you again veterans and their families.

Volunteer Committee members: Cheryl Baldwin, Eldon Tichenor, Joyce Knutson, Beth McPherson, Joy Thiemann, and Joanne Casciato.





ARCHITECTURE/LANDSCAPE

Residents new to Tigard are often surprised to learn that the city's municipal code places the responsibility for maintenance and repair of sidewalks on homeowners. This is especially surprising news for owners whose home and sidewalk abut Durham, 98th, Sattler or Summerfield Drive.

Here are the appliable sections of Tigard's Municipal Code:

6.02.320 Maintenance and Repair of Public Sidewalks and Public Pedestrian Easements.

It is the duty of all persons owning property which has public sidewalks abutting the property, or public pedestrian

easements over the property, to maintain and keep in repair the sidewalks or pathways and not permit them to become or remain in a dangerous or unsafe condition. "Maintenance" includes, but is not limited to, the removal of snow and ice. Any owner of property who neglects to promptly comply with the provisions of this section is fully liable to any person injured by such negligence. The city is exempt from all liability, including, but not limited to, common-law liability, that it might otherwise incur to an injured party as a result of the city's negligent failure to maintain and repair public sidewalks or pedestrian easements. (Ord. 21-03 §3; Ord. 12-02 §1)



6.02.330 Sidewalks, Public Pedestrian Easements, Curbs and Planter Strips.

Maintenance of sidewalks, curbs and planter strips is the continuing obligation of the adjacent property owner. Maintenance of a public pedestrian easement is the continuing responsibility of the underlying property owner. (Ord. 21-03 §4; Ord. 12-02 §1)

Be sure to keep an eye on your sidewalks!

Submitted by Scott Owen, Chairperson, A&L Committee

NEWCOMERS WELCOME

This year as of November 2nd, Summerfield has welcomed 66 new residents. Twenty-six of those are single females, or 40%. Toby Blake, Team Leader for Newcomers events is stepping down after hosting two successful Fall Fairs. Her replacement is needed. If you would like to take the lead for Newcomer's event planning, please contact Carene Svoboda.

Newcomers, did you realize there are at least 46 groups/activities and twelve Board appointed committees in which you can be involved. Including eleven card game groups, and at least, five creative craft groups. If anyone is interested in starting a chess group, please contact me.

PLAN AHEAD: Newcomers Wine Social, Saturday, April 27th 4, 2024 from 3-5 PM. This is a sit-down event with guest speakers. New residents from September through April will be invited.

FUN FACTS:

Summerfield is the home of a former professional bowler. In an international competition of 35,000, she received a bronze medal. We also have a resident who was invited to meet the Queen of England.

Please contact me if you have interesting fun facts to share.

Submitted by Carene Svoboda, Newcomers Chair



GARDEN CLUB

The Garden Club visited Al's Garden Center to see their Holiday Wonderland and had a good time. We will continue with the holiday spirit with our Holiday luncheon.

The Holiday Luncheon will be held on Monday, December 11th, at 12 noon in the Lakeview Room for our paid members and is always a fun time. This year we will each bring an unwrapped toy (\$10-\$15) to be donated to a charity.

RSVP to Jan Meek at janmeek@comcast.net or 503-352 -5241

Submitted by Jan Meek

HOLIDAY BAZAAR

The Craft Club sends a great big THANK YOU to all of you who attended our Holiday Bazaar in November. We were able to make a substantial contribution to our charity, Meals on Wheels. We hope to see you on November 8th and 9th, 2024!

Submitted by Sharon Hughes

LINE DANCE

LINE DANCING for fun and mental and physical health

Monday, December 11th, class will be our Annual Christmas Dinner/Dance. All class members, and a guest, are invited to join in this fun evening of food, dance, and games. Sign-ups are required and available at each class. Final sign-up date is Monday, December 4th.

There WILL BE a Newbie class on the morning of the 11th at 10:30 AM. There will be NO Classes on

December the 25th and January 1st.

Dance times for all levels of dance are 6 PM Mondays and 1:30 PM Wednesdays.

Everyone is welcome, even if you only want to come listen to the music and watch.

I want to wish everyone a very Happy Holiday Season.

Submitted by Diane Christensen

Minutes Continued from Page 3

Dianne Phelps: Clubhouse, Library, Disaster Preparedness & Safety – DPSC held their second CPR class of the year, this time offering hands on experience with CPR dummies. It was very well attended. DPSC is looking forward to hosting a Self Defense talk in January, more information to follow. Clubhouse holiday decorating will begin on November 27th. The kitchen is set to be completed on November 22nd with a kitchen tour and walk through scheduled for November 29th.

Tom Clancy: A/L, Wellness & Fitness— A motion was made and seconded to approve new Wellness & Fitness Committee member Brian Evanson. Motion passed, 6-0. A treadmill was moved from the Coed Fitness Area to the Men's Locker Room after the one in the Men's LR was deemed irreparable by AER Fitness. A leg press machine was moved from the Women's Locker Room after it was also deemed irreparable by AER Fitness and unsafe for use. The new ad hoc Committee formed to discuss Fine Schedules for Summerfield has 4 members so far being Scott Owen, Cliff Thorne, Penny Kellogg, and Tom Clancy. They are looking for a 5th member.

JJ Gattuccio: Pool, Greens, CALC – A motion was made and seconded to accept Gary Heintz as a new member and Chairperson of the Greens Committee. Motion passed, 6-0. A Motion was made and seconded to accept Carol Hargis as a new member of the Greens Committee. Motion passed, 6-0.

Carol Knutson: Pro Shop, Volunteer Appreciation – Volunteer Appreciation Committee held their annual Veterans Day Event, and it was a great success.

Steve Blake: CALC, Website, Marketing— A motion was made and seconded to accept Debbie and Dennis Ginley as new members of the Marketing Committee. Motion passed, 6-0.

Motion made and seconded to adjourn. The meeting adjourned at 11:35 AM. Motion passed. Next Agenda Meeting December 11, at 9 AM. The next regular Board Meeting is December 18, at 9 AM.



A Silver & Gold New Year's Eve Party!

Sunday, December 31, 2023

Featuring our favorite band

"SANDPOINT"

<u>Summerfield Clubhouse Ballroom</u>

7:00 PM - 10:30 PM

(Doors Open at 6:30 PM)

Cocktail Attire Champagne Toast at 10 PM \ Fabulous Hors d'oeuvres

Beverage Mixers-BYOB

Tickets

Residents: \$25 Non-Residents: \$30

A limited number of tickets are available—and they are going fast!

Tickets will not be sold at the door

Ticket Sales

Mondays—December 4, 11, 18, and Tuesday—December 26 9-11 AM in the Clubhouse Lobby

Tickets or information: Contact Penny Kellogg 775-232-9420





ENCORE! FREE HOLIDAY CONCERTS

OUR GIFT TO YOU

December 3 at 4 PM

December 9 at 1 PM

Reservations on Mondays, 9—11:00 AM, starting November 6th in the Clubhouse Lobby. Seats are limited, walk-in seats may not be available.



Remembering Czech Christmas

Summerfield residents and members of Encore!, Mark and Helena Greathouse, will present a humorous musical show called Remembering a Czech Christmas.

See Helena & Mark next to the picture of St Nicolas, together with a devil and an angel, going from house to house, bringing presents to

children. This is just one of Czech Christmas traditions explained in our program. Our show would even be suitable for your grandchildren.

Place: Lakeview Room of Summerfield Clubhouse

Time: Sunday, December 17, from 3:00 – 4:30 PM

Sign-up will be in the Clubhouse living room during coffee time 9-11 AM on these Mondays: December 4 and 11.

Submitted by Mark and Helena Greathouse

SUMMERFIELD SINGERS

Like to sing? Want to be part of a group that sings just for fun? Then you will like Summerfield Singers!

Summerfield Singers meets on the first and third Fridays from 2 – 3 PM in the Clubhouse Ballroom. We welcome anyone who likes to sing; you don't have to have a great voice or be able to read music. We sing a variety of songs, from musicals to old favorites and more, so there are sure to be ones you will like. Interested? Come and sit in a time or two, and if you would like to sing with us, you can join us! We have

songbooks available for a nominal cost. We would love to have you! you have any questions, Please call Julie at 712-830-7477.



Submitted by Julie Helle, Director & Nancy Vink, Accompanist

CREATIVE ART GUILD

Have you seen the new artworks displayed in the Clubhouse on the Gallery Walls? With such varied mediums and subject matters, have you ever wondered how Art Guild members start their works?

In the glass cases profiling Clubs, Groups and Activities around Summerfield, there is a display featuring sketches/ drawings and color swatches that share a window into the creative process.

If you're an actively working artist residing in Summerfield - whether a painter, photographer, sculptor, or mixed media artist - and if you're looking to meet other creative artists to share ideas and works in progress, consider starting the New Year by joining us in the Creative Art Guild. The Guild meets monthly in the Arts & Crafts room of the Summerfield Clubhouse, and we look forward to welcoming you!

Submitted by Lori Owen

DRUM CIRCLE

Drum Circle every 2nd and 4th Friday in the Lakeview Room at 10 AM. Everyone welcome! Join the fun!!

Submitted by Mel Simrell

SUMMERFIELD BIBLE STUDY

We meet every Wednesday at 10 AM (9:45 for coffee) to study the book of Matthew with Mike Anderson. Come and join us in the Craft Room on the **second Wednesday** but the Conference Room for the **rest of the month.** Looking forward to seeing you.

If you have questions? Call Paula Henry 503-713-8092 Submitted by Paula Henry

PARKINSON'S SUPPORT GROUP

The new Parkinson's Disease Support Group is now meeting monthly in the Clubhouse Conference Room. Join us at 10 AM, the second Wednesday of the month. People with Parkinson's disease and the people who love them are welcome.

The topics will be varied because we are here to help you get the information and assistance you need. Question? Please call Jane at 630-564-2624 or Caren at 336-202-6601. We look forward to seeing you!

Submitted by Jane Miller

SENIOR LEARNING

We continue with "Inventions that Changed the World." There will be a completely new series starting late in December. To be among the first to know the subject, be sure you are on our email list. We meet every Thursday at 2 PM in the Lakeview Room.

Submitted by Gerry Craig

DEMENTIA SUPPORT GROUP

Caring for a loved one with dementia is stressful. It can be even more so during holiday time. Please join our friendly group and share your comments and concerns. Socialization will help you take care of yourself. The next meeting is on Monday, December 18th, at 1 PM in the Conference Room.

Submitted by Gerry Craig

LOW VISION SUPPORT

Curious? Any SCA member may sit in on our meetings. We meet the first Friday of every month, from 10:30 AM until noon in the Conference Room.

Submitted by Ruthanne Lidman

QIGONG ADAPTIVE YOGA

Stay Healthy and Strong Through the Holidays!

Are you wanting to:

- Feel more energy in your body?
- Improve your balance?
- Have better posture?

These are just some of the benefits you may experience from regular practice of **Qigong** (pronounced Chikung) and **Adaptive Yoga**.

We use Chairs and other yoga props such as straps to help improve posture, balance, and stability.

Each class is a little different as we focus on various themes and areas of the body.

If you have a yoga mat, feel free to bring it, although it is not necessary to enjoy the practice. Looking forward to seeing you in class!

Tuesdays – 10:30 AM - In the Lakeview Room

Fee: \$5 per class

Questions? Call or text Pamela - 503-320-5150 Submitted by Pamela Olzman



SINGLE FRIENDS AND FUN!

At our last meeting we voted to change the name of our group from "Just Friends Single" to "Single Friends and Fun." We also passed a resolution to increase our dues to \$10 for the year starting on January 1, 2024

Friday, December 1st, at 9 AM. We'll take a bus trip to Pittock Mansion for their Holiday Decorations and concert followed by a luncheon at the Elephant Deli at 115 NW 22nd St., Portland. The bus has been sold out, however if others want to go, they can meet the group at the Pittock Mansion at 10 AM or the Elephant Deli. Call Shirley Edwards for more details at 503-670-0950 or email Mindi Tenison at singinit4you@gmail.com

Saturday, December 2nd, at 11 AM. Is a planning meeting for future activities in the Clubhouse Conference Room. Everyone is welcome to bring suggestions for future activities! After the meeting a group of us will go out for lunch. This is another way of getting to know each other. New members are encouraged to join us at planning meetings.

Sunday, December 3rd, at 7 PM. Concert at NW Christian Church 13405 SW Hall Blvd. Tigard. RSVP to Mindi at 503-484-0118 or singinit4you@gmail.com if you can come or will need a ride or can offer one. Monday, December 4th at 9:30 AM Breakfast at Cafe Murray Hill 14500 SW Murray Scholls Dr., Beaverton. RSVP to Ann Philips at 503-830-7943 if you can come or will need a ride or can offer one.

Wednesday, December 6th, at 5-6:30 PM. Come to the Clubhouse Living Room with your own picnic dinner or just visit for Happy Hour prior to the movie (to be announced later) that will be shown in the Clubhouse. RSVP to Sue Stockamp at 503-709-7033 only if you plan to watch the movie (No need to RSVP for dinner gathering/social hour.) A reminder: bring a seat cushion if desired.

Thursday, December 7th, at 11:30 AM. Holiday Party at the Olive Garden 6355 Meadows Rd., Lake Oswego. We will have a gift exchange-\$10.00 or less. RSVP to Shirley Edwards at 503-670-0950 or email Mindi at singinit4you@gmail.conm by December 1st. Let us know if you need a ride or can offer one.

Tuesday, December 12th, at 7 PM. in the Game Room. Bring your own game to share. RSVP to Jen Lee at 503-327-6075 or email her at actingpassion3@gmail.com

Wednesday, December 20th, at 6:30 PM. Trivia Night at the G-man Brewery 18791 SW Martinazzi Ave. Tualatin.

Thursday, December 21st, at 4 PM. Hops N Drops 16826 SW Edy Road Suite 137 Sherwood. RSVP to Joan Mathews at 541-306-1070 or mathewsjoan37@gmail.com if you need a ride can provide one.

December 31st, New Years Eve Dance in the Ballroom. Music and food will be provided for \$25.00 per person. This is open to all Summerfield residents. We will have a table especially for our group. RSVP by November 25th to Shirley Edwards at 503-670-0950 or email Mindi at singinit4you@gmail.com. Money must be paid by December 1st.

Submitted by Michele Seligman

OPEN ART STUDIO

Winter is coming, and with it more indoor time. Are you thinking about dragging out the old art materials and creating something new? Want to visit with others while you work? Join us for Wednesday Open Studio from 1 - 3 PM in the Art Room. Drop in whenever you like. We're a friendly and creative bunch.

Submitted by Terry Schmidt



FUN WITH HAND & FOOT

Tuesdays @ 1:30 PM in the Game Room Casual Drop In Lessons Offered



Rain or shine, Hand & Foot (similar to Canasta) attracts a fun, casual group that plays every Tuesday at 1:30 PM in the Game Room. We start play promptly at 1:30. Please plan on being there 15 minutes early for table assignment. Late arrivals may not be seated if tables are full, or play has already begun.

If you have never played or feel rusty, Susan can offer a tutorial at **12:30 PM** on Tuesdays, just prior to the regular games, **to those who RSVP at least a day ahead.** Learn the basics without the pressure of a game. You may direct questions or RSVP to Susan by phone (818-648-5356) or by email at scallihan7308@gmail.com.

By consensus of our regular players, we do require that players be vaccinated due to the number of immunocompromised or at-risk members of the group and the periodic resurgences of this virus and variants around the country.

We ask that if you travel or are in close contact with someone who has recently traveled, to not attend for 5 days after your return or after that contact. If you feel ill, please do not attend.

Submitted by Paula Henry and Susan Callihan – Co-chairs

BUNCO

Join us for Bunco November 14th, from 7-9 PM in the Game Room!



Submitted by Esther Vickstrom

Kings in the Corner

Looking to see if any of our residents are interested in the card game Kings in the Corner. If so, please contact Lynda Stephenson at 503-941-9210.



BINGO

It's beginning to look a lot like Christmas... Join us December 8th for the last Bingo night of 2023. It will be an evening of fun and celebration.

Submitted by Marlene Christensen

CRIBBAGE

We play cribbage from 9:30 AM until 12 noon on Monday mornings. We have a great group of people who enjoy playing cribbage. We have the materials. Beginners welcome!! Come and join the fun!

Submitted by Steve Moore

MAHJONGG (AMERICAN)

Come join us on Tuesdays from 12:00 - 3:30 PM in the Game Room. Our group is friendly and welcoming, as well as competitive!

NOTE: AMJ Game training is pending based on level of resident

interest. Check the sign-up sheet on

the bulletin board for more

information. Contact Tish for more information at 503-314-1575.

Submitted by Tish Kremidas

BRIDGE SCORES

Monday Bridge: 10/16 S. McGuire 6050. 10/23 K. Mullen 3160. 10/30 B. Finch 5810. 11/6 P. Biggs 4280. 11/13 L. Cook 3570.

Wednesday Bridge: 10/18 B. Finch. 10/25 B. Finch. 11/1 S. McGuire 3100. 11/8 M. Dick 3610.

Thursday night: 10/12 E. Schuller 3580. 10/19 M. Dick and B. Finch 3520. 10/26 D. Jordan 3800. 11/2 D. Jordan 3670. 11/9 B. Finch 3920.

Thursday Duplicate: 10/19 1st D. Nangle/ B. Meier. 2nd A. Bennett/ L. Derington. 11/26 N/S 1st L&M Walton. E/W 1st D. Nangle/ B. Meier.11/3 N/S 1st H. Benscheidt/ P. Biggs. 2nd L&M Walton. E/W 1st B. Gevertz/ M. Ritchey. 2nd J. Nelson/ B. Fuson. 11/9 1st M. Ritchey/ B. Gevertz. 2nd J. Nelson/ B. Fuson.

Submitted by Maggie Scarborough

Disaster Preparedness: Is Your Car Ready for Winter?

Time now for Winter notes about your vehicle.

In a disaster your car might be a means of escape, an emergency shelter, or a place to charge various electronic things you use. Let's make sure it is in top condition and ready for the various roles.

<u>About tires</u>: In cold weather they tend to decrease the pressure some - make sure they are inflated to factory specs for winter driving. Make sure there is enough tread depth for safe winter driving.

Windshield: Get it clean and maybe treat it with a silicone shield like Rainex that aids visibility while driving in the rain.

<u>Wipers</u>: The summer heat may have dried them out some. Clean them with a soft rag and some window cleaner maybe. To restore their flexibility, give them a coat of glycerin on a rag to restore the rubber life. If the edges are really worn, just replace them after exposure to summer heat.

<u>Battery</u>: Check to see if the terminals are covered with that green or white cake that prevents full flow of current - if so, have it cleaned with a baking soda solution or mechanics cleaner and preservative. (Some soda drink, like a Coke will also work.) You might have a parts store check the current capacity with a load meter.

<u>Gas Tank</u>: Try to keep it at least half full - this will cut down on moisture accumulation and deter corrosion some. And it will give you a good emergency backup if needed. If you haven't driven much recently, you might add a gas treatment to remove any moisture buildup that might freeze and prevent stalling. (The ethanol gas mixture can do that over time)

<u>Fuses</u>: Find out where they are and make sure there are spares in the box. Many vehicles now have a block of fuses under the dashboard and another under the hood, so both need to be found and checked.

Optional equipment: You might want to purchase an Inverter of a medium capacity, that lets you run AC products off of the car's battery/charging system - in case the power is out for an extended period.

<u>Finally, driving tips</u>: Beware of high water in the rainy weather - there might be a deep hole hidden under the surface to trap you. And, if you drive an Electric Vehicle, stay out of high water that might leak into the battery box, short out the batteries through corrosion and cause a deadly fire later.

All this should give you a head start on Disaster Preparedness and Safety in times of emergencies and the harsh Winter Weather that might come this season. Be Prepared and Drive Safely!

Merry Christmas and a Happy New Year!

Submitted by Roy Metcalf

FOOD DRIVE BARRELS ARE BACK

Canned/non-perishable food donation barrels are in the Clubhouse Lobby until Friday, December 20th. Donations are collected by St. Vincent DePaul and distributed to those in need in the Tigard area.

Special requests: Peanut Butter, Tuna & Canned Meats, Chili & Stew, Pasta & Rice, Canned Fruit/Vegetables.



MEN'S GOLF CLUB

MARK YOUR CALENDAR: Polar Bear Open: Signup 12/5 to 1/3. Play 1/10. Valentine's Day Tournament: Sign up 1/10 to 1/30. Play 2/6.

LOOKING FOR VOLUNTEERS: Volunteers are needed to help with SMGC events and Chapmans. Plus, there is an opening on the SMGC board for a Sunshine sub-committee chair. Information flyer will be emailed to everyone shortly.

<u>TURKEY SHOOT RESULTS</u>: A cool but dry day greeted 41 players in 3 flights. **Flight 1 - Low Gross: 1**st Bill Whitehead. **2**nd Buzz Smith. **Low Net: 1**st Remi Thibodeau. **2**nd Bob Smith. **Flight 2 - Low Gross: 1**st Ed Stern. **2**nd Steve Blake. **Low Net: 1**st Larry Comstock. **2**nd Johnny Giccatti. **Flight 3 - Low Gross: 1**st Rick Knutson. **2**nd Rod Sacconaghi. **Low Net: 1**st Mike Cook. **2**nd Bob Meek. **KP Hole #7:** Mike Simrell.

SCORING & HANDICAPS: In the Pacific Northwest, all ability to post scores is suspended due to the weather and playing conditions in the region. The ability to post OGA/GHIN scores will be disabled from 12/1/2023 thru 2/29/2024. If a golfer is playing a round in the region outside of the Pacific Northwest, then score posting is still possible.

Your handicap will not change during this 3-month period unless you are playing/posting scores from a region where you are allowed to do so.

NO PAY NO PLAY: 2024 SMGC dues must be paid by January 1, 2024, before you can play on Wed – Fri or in any tournament or Chapman. Your cart fee must be paid before you can use your cart on the course. Your Annual Pass must also be paid to play unlimited golf, otherwise you must pay daily greens fee in order to play. Also cart fee must be paid to use your cart on course.

WATCH OUT FOR CARS RUNNING STOP SIGN ON 98TH & SUMMERFIELD: Mower hit. Lucky no one hurt.

<u>THE EVOLUTION OF THE SHOULDAGONES!</u>: Shouldagones happen every day on the golf course. Like that putt shouldagone **IN**, or that drive shouldagone **STRAIGHT**. There's a whole list of them. You will find them in the book by Summerfield golfer and renowned author Robert Meek, whose extensive research provided the foundation of his book, **SHOULDAGONES: The Premier Guide to Better Golf**. Available soon???? on Amazon and at www.shouldagones.com. Good golfing, I think.

SANTA SAYS MERRY GOLFING AND A HAPPY GOLFING NEW YEAR.

Submitted by Ken Rose

BOOK CLUB

The November book club was held on November 14th in the Conference Room. Ashley Moen led the discussion of the book *The Long Walk*. It was an interesting discussion; most everyone enjoyed reading it, but the real discussion was how much of the "Historical Fiction" was history and how much of it was real and how much of it was fiction? The takeaway could be that lessons can be learned from the tenacity of the people involved and that hard things can be done. Thank you, Ashley.

The December club meeting will be held on Tuesday, December 12th, at 2 PM in the Conference Room. In this meeting we will elect next year's books that we will read and enjoy our Holiday Party. THE ELECTION: Our group has nominated over 30 books that are possible. Those attending the November meeting received paper copies of the description on the books. If you would like to have an email copy sent to you, please contact Carol at her email address: carolbrenneman350@gmail.com. It's a fun voting process. THE PARTY: Please bring cookies or a treat to share and enjoy during the meeting and take home a share of the balance. Bring your own drink if you like.

We enjoyed reading and discussing some great books this year and looking forward to more in 2024.

Submitted by Neal Sanders

WOMEN'S GOLF CLUB

The <u>SWGC Closing Luncheon</u> was held on Thursday, October 26th, in the Ballroom where 61 members and 6 guests were in attendance. This year's theme was "Hats Off to You" and tables were decorated with beautiful, unique hats (most of them donated by Mavis Dick) while some of the members wore hats as well. Boxed lunches were from Eleanor's Signature Catering and beverages were served. The luncheon was a huge success thanks to Joyce Knutson and committee members N. Buchanan, J. Harrington, J. Opoka, E. Madden, J. Courson, C. Baldwin, L. Grey, and S. Strain.

A very special announcement was made at the luncheon -**SUMMERFIELD WOMEN'S GOLF CLUB was named 2023 OGA MEMBERSHIP CLUB OF THE YEAR!!!** Mary Kerns introduced Ryan Melnychuk, Director of Membership for OGA, who announced that our club is the recipient of this accolade. We were presented with a beautiful glass plaque which will be proudly displayed in the Clubhouse. This award recognizes the membership of an OGA Member Club for outstanding contributions to its community, the game of golf, or the Oregon Golf Association. A big thank you goes to Mary Kerns for submitting the nomination of our club and the supporting documents to OGA. One of the highlights of this nomination was our hugely successful annual Charity Event which has been organized by Barbara Kelly for the past several years. Many thanks to Barbara and her committee, each member of the club, and the entire Summerfield community for generously contributing towards this honorable achievement.

CONGRATULATIONS, SWGC!!!

The following <u>Eclectic Winners</u> were announced by Carol Kruger: Flight A - Low Gross: I. Trommlitz; Low Net: $\mathbf{1}^{st}$: W. Pfeifer; $\mathbf{2}^{nd}$ (tie): M. Reeves and J. Knutson; $\mathbf{3}^{rd}$: J. Mitchell. Flight B - Low Gross: J. Beck; Low Net: $\mathbf{1}^{st}$: M. Sims; $\mathbf{2}$ nd: P. Cherrick; $\mathbf{3}^{rd}$ (tie): J. Opoka and Y. Semet; $\mathbf{4}^{th}$: S. Comstock. Flight C - Low Gross (tie): J. Meek, D. Cruse, and J. Sell; Low Net: $\mathbf{1}^{st}$: G. Heimbecker; $\mathbf{2}^{nd}$: G. Blem; $\mathbf{3}^{rd}$ (tie): D. Montgomery and I. Jordan. Flight D - Low Gross: C. Hargis; Low Net: $\mathbf{1}^{st}$: J. Courson; $\mathbf{2}^{nd}$ (tie): J. Harrington, S. Stoesser, and M. Kerns; $\mathbf{3}^{rd}$: M. Pachiarz; $\mathbf{4}^{th}$: B. Kelly.

Meddie Sims announced the following <u>Putts Pot</u>
<u>Winners</u>: Flight A - 1st: I. Trommlitz; 2nd: M. Gillan; 3rd
(tie): J. Mitchell and W. Pfeifer; Flight B - 1st: J.

Meek; 2nd: N. Sahler; **3**rd: J. Opoka; **Flight C: 1**st: G. Heimbecker; **2**nd (**tie**): G. Blem, D. Montgomery; and J. Sell; **3**rd (**tie**): D. Cruse, B. McPherson, and J. Thiemann.

Mary Kerns announced the following winners for Most Improved Golfer: 1st: Y. Semet; 2nd: R. Nash; 3rd: T. Gallagher; 4th: J. Heintz; and 5th: I. Trommlitz.

Reminder: Annual membership dues for next year are \$71 (club dues of \$30 and OGA dues of \$41). There is also an option to become an Associate Member for \$30 annually, which allows attendance at all golf functions but doesn't include golf. Dues are paid by check and will be collected through December 31st. Thank you to the outgoing officers and all of the many members who made this season fun and congratulations to the new Board Members. Looking forward to Golf 2024! Here's to the weather cooperating for some great golf this winter season...CHEERS!!

Submitted by Cheryl Riggs

FROM THE GOLF SHOP

As winter continues and the busy holiday season rapidly approaches, don't forget that our golf shop is fully stocked with merchandise and ready to provide those last-minute Christmas gifts.

Tuesday, December 5th, will be our annual Christmas Open House from 5pm-7pm. Come down and enjoy each other's company celebrating the holiday season. Everything in the golf shop (except golf balls), for one night only, will be 20% off.

One last reminder for all Men's and Women's Club members: please check your respective club's bulletin board for credit book balances. As of January 1st, all credit will be zeroed out for the New Year.

Upcoming Events

12-5 Santa Claus Open (10am Shotgun)12-5 Golf Shop Holiday Open House (Holiday Sale/Social)5pm-7pm1-3 Polar Bear Open

Submitted by Rob Lindsey

THE FUTURE OF THE SUMMARY NEWSLETTER

History tells me that the Summary Newsletter has been around for a long, long time. The responsibility was up to volunteers before the Administrator Cari took it on, still relying on a team of volunteers to help proofread, print and hand distribute the paper copies to residents' doors. During the time of Covid, hand delivery was no longer an option and the SCA Office moved to having the newsletter mailed directly from the printer's shop. The USPS then delivers through normal mail procedures. As with many things we have seen, the efficiency and timing of business including the post office really wane and become unreliable with time sensitive materials. Many folks who snowbird are not forwarded their newsletter and ultimately the cost of printing and distributing the newsletter has become a budget burden at over \$24,000 a year. It is with excitement and not without consideration of all residents' current email activity that the SCA Board has decided to move the Summary newsletter to an electronic delivery system. It is current procedure to post the newsletter on our Summerfield website as close to the 1st of the month as possible but beginning in January the newsletter will be sent through email distribution. As of this article writing, we have 137 residents without email addresses on file. We will reach out to those residents to arrange newsletter options. Once you receive the email newsletter in January, you can opt out of the electronic delivery, but you must contact the office to arrange other newsletter options if desired. More information will follow before the year end. Thank you for your patience and understanding as we embrace the new system.

The SCA Office

SCA OFFICE

CLOSED

DECEMBER 25th

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