



# Summerfield Summary

## HOA POLICY REGARDING SIGNAGE

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### Summerfield Civic Association

10650 SW Summerfield Dr.  
Tigard, OR 97224

Office: 503-620-0131  
office@summerfield55.org  
www.summerfield55.org

Office open  
Monday through Friday,  
8 AM—12 noon

Golf Pro Shop:  
503-620-1200  
www.golfsummerfield.com

We want to take a moment to address an important issue that affects the aesthetics and harmony of our neighborhood – unauthorized signs on residential properties.

While we understand that expressing yourself and conveying messages that are important to you is a fundamental right, it is also essential to maintain a well-kept and cohesive appearance in Summerfield. Unauthorized signs, whether political, commercial, or personal in nature, can sometimes disrupt the visual harmony of our neighborhood, and this is why we want to remind all homeowners of the rules regarding signs on their properties.

Rules regarding signage around Summerfield are spelled out in the CC&Rs through an Amendment recorded in 2018 which can be found on the address page of this *Summary* Newsletter.

Many reports have come in regarding unauthorized signs on properties and with this as first notice, we ask that any resident with an unauthorized sign remove it, this includes “No Trespassing” signs. If there is a question regarding a sign on your property, please contact the office with your inquiry.

Demand letters regarding signs left up will go out December 1<sup>st</sup> and residents continuing to not comply will be assessed a non-compliance fine.

*From the SCA Office*

## Summerfield Craft Club 33<sup>rd</sup> Annual Holiday Bazaar

FRIDAY  
NOVEMBER 10th  
9 AM to 4 PM



SATURDAY  
NOVEMBER 11th  
9 AM to 3 PM

**Start your Holiday Shopping and help Tigard Meals-On-Wheels.**

There will be a large selection of handcrafted items for those on your holiday gift list, for hostess gifts and for yourself. There are fashion accessories, original jewelry, holiday decorations, décor for your home, kitchen boutique items, distinctive gifts, cards, and so much more!

Again, this year, Tigard Meals-On-Wheels will be the beneficiary of this Bazaar.

*Submitted by Sharon Hughes*

### Upcoming SCA Board Meetings

**Agenda Meeting** November 13,  
in the Conference Room at 9 AM.

**Board Meeting** November 20,  
in the Conference Room at 9 AM.

Please note the new schedule!

## PRESIDENT'S MESSAGE

A well-maintained Homeowners Association (HOA) can offer a multitude of advantages to its residents and the community as a whole.

Here are some key benefits:

One of the most significant advantages of a well-maintained HOA is its ability to preserve property values. By enforcing standards and ensuring that common areas are well-kept, HOAs help maintain the overall aesthetics and appeal of the community. This, in turn, can lead to increased property values, benefitting homeowners when they decide to sell their homes.

Summerfield provides residents with access to various amenities and services such as pickleball/tennis courts, a swimming pool, a fitness area, a golf course, landscaping and a clubhouse. These offerings enhance residents' quality of life and create a sense of community, making the neighborhood more attractive. The Summerfield HOA collects regular assessments from homeowners, creating a steady income stream. A well-managed HOA ensures that these funds are used wisely, building up reserves for unexpected expenses and capital improvements. Financial stability is crucial for maintaining the community's infrastructure and allows for efficient handling of maintenance tasks and repairs for common areas and facilities.

In Summerfield our volunteers regularly organize community events and activities that encourage residents to interact and build relationships. These events can foster a strong sense of pride and belonging.

Our Architecture and Landscape guidelines ensure that new construction and renovations are in harmony with the community's overall design. This helps maintain the various neighborhoods' character and aesthetics.

A well-maintained HOA offers numerous advantages that enhance the overall quality of life for its residents. From property value preservation to efficient maintenance and community engagement, a proactive HOA plays a pivotal role in creating a thriving and harmonious place to live.

*Steve Blake, SCA President*

## VETERANS DAY EVENT

***Saturday, November 11<sup>th</sup>, 2023- 2—4 PM***

We are reaching out to all Veterans, families, and friends to attend this year's event.

We want to honor all our veterans with added attention to the Vietnam Veterans, as this is the 50<sup>th</sup> anniversary of the date the last combat troops left South Vietnam.

***We will begin at 2:00, followed by a short film at 2:30, Summerfield singers at 3:00.***

Dessert and beverages will be served.

We will have a table available for our veterans to display their memorabilia items.

We can never thank our Veterans enough for their courage, strength and dedication to our country and keeping us safe.

*Submitted by Volunteer Appreciation Committee*





*This report is a recap of the meeting. For details, see the minutes on the Clubhouse bulletin board.*

### October 9, 2023

**Present:** Steve Blake, President, Tom Clancy, Vice President, Pat VanOsdel, Director, Carol Knutson, Treasurer, JJ Gattuccio, Director, Dianne Phelps, Director, Valerie Wicklund, Director Jennifer Stiffler, Administrator

**Absent:** Lance Yunch, Apartments, Manager, Estates

President Steve Blake called the meeting to order at 9:00 AM.

**Minutes:** A motion was made and seconded to accept the September Board Meeting Minutes with noted corrections. Motion passed.

**Golf Course Report – Palmer:** The Golf Course is in great shape.

**Golf Pro Shop Report – R. Lindsey:** September was another great month for golf, bringing in \$9K over budget, even with a week of rain. Off-season Golf Passes went on sale on September 18<sup>th</sup> and have almost sold out.

**City of Tigard Liaison Report – Sherman:** Police Chief McAlpine has announced retirement. Tigard Police Department held its annual Open House on September 30<sup>th</sup> with over 800 attendees.

**Treasurer's Report – Knutson:** Total September revenue is \$80,851.81, total September expenditures are \$114,571.41, and total cash on hand as of 09/30/23 is \$830,523.74. The General Reserve's beginning balance is \$1,626,807.91, the total revenue of \$944.29, the total expenditures are \$21,438.21, and the ending General Reserve balance as of 09/30/23 is \$1,606,313.99. The beginning balance of the New Buyer Fee is \$203,944.64, the New Buyer Fee revenue is \$2,000, NBF expenses were \$0, and NBF interest earned is \$40.96, with an ending balance of \$207,986.60. The total balance of the Reserve Accounts is \$1,814,300.59

## SCA BOARD MEETING RECAP

as of 09/30/23. Heritage Bank checks written were 5221, 5223-5273, and KeyBank checks written were 0. US Bank checks written were 670-674. WaFd checks written were 0. Motion to accept Treasurer's report made and seconded. Motion passed.

**Unfinished Business:** None

### **New Business:**

#### **Movie Copyright Licensing**

The motion was made and seconded to approve paying a Movie Copyright License fee for 1 year. Motion passed.

#### **Ad Hoc Committee Fine Schedule**

The motion was made and seconded to adopt an ad hoc committee for the purpose of researching, developing, and instituting a fine schedule for violations against the governing documents. The committee will be made up of at least 5 members. Motion Passed.

#### **Ad Hoc Committee New Buyers Fee**

The motion was made and seconded to adopt an ad hoc committee for the purpose of researching the New Buyers Fee policy, recommending new policy, and assisting the Board with an owner's vote. The committee will be made up of at least 5 members. Motion Passed.

#### **Administrator's Report:**

2 homes sold in September. Webinar from HOA Leader about enforcing rules within an HOA will be available for viewing soon.

#### **Directors' Roundtable:**

**Valerie Wicklund: Sub Associations, Summary** – None.

**Dianne Phelps: Clubhouse, Library, Safety & Disaster Preparedness** – Clubhouse Committee – Deb Simpson will continue as Clubhouse Committee Chair. A motion was made and seconded to accept Tina Oman as a new member of the Clubhouse Committee. Motion passed. Marty Pachciarz will be the new secretary of the Clubhouse Committee. Disaster Preparedness & Safety Committee – A motion was made and

seconded to accept two new members, Lee Cunningham and Lois Henderson, to the DPSC. Motion passed.

**JJ Gattuccio: Pool, Greens, CALC** – The pool is now closed for the season. Pool furniture is to be auctioned off and is available in the auction binder in the Clubhouse Lobby. The Pool Committee installed shelving in the Pool Shed.

**Greens Committee** – A motion was made and seconded to approve two new members, Bob Smith and Dan O'Brien, to the Greens Committee. Motion passed 6-1.

**Pat VanOsdel: Newcomers, Clubs & Activities** – The Newcomer's fair was held on September 30<sup>th</sup> with 49 people attending, 5 of which were new residents. Craft Club is hosting their annual bazaar on November 10 from 9 AM – 4 PM & November 11 from 9 AM – 3 PM in the Conference Room.

**Tom Clancy: A/L, Wellness & Fitness** – Discussion about signs around Summerfield and whether they go against our governing documents. The SCA will enforce policy regarding signage. The SCA Board and A/L Committee will assess the policies and subsequent fines for negligence. A *Summary* article will go out in November giving 30 days' notice to residents to correct any signage they may have posted before correspondence.

**Carol Knutson: Pro Shop, Volunteer Appreciation** – Volunteer Appreciation Committee will host their annual Veterans Day Event on Saturday, November 11<sup>th</sup> with an emphasis on the Vietnam War.

**Steve Blake: CALC, Website, Marketing** – The Marketing Committee is redeveloping the Summerfield brochure. The new social media posts are now live on Summerfield's Facebook page and Instagram.

Motion made and seconded to adjourn. The meeting adjourned at 10:52 AM. Motion passed.

## MONTHLY CLUBHOUSE TOUR

**WEDNESDAY, November 8<sup>th</sup>, 1-2PM**

To welcome our new residents there are monthly tours of our stunning Summerfield Clubhouse.

**Wednesday, November 8<sup>th</sup>** is the next scheduled date. Tours will start promptly at 1PM in the Clubhouse fireplace lounge area.

There will be a Q & A session at the end of the tour. In addition to newcomers, **any resident** is welcome to join a tour.

*Submitted by Barbara Lance*



## MONDAY MORNING COFFEE



Enjoy coffee, tea, and a treat every  
**Monday at 9 AM**

It's a great way to make new friends  
and catch up with old(er) ones!!

*Submitted by Connie Jones*

## TUESDAY HAPPY HOUR

Happy Hour in the Clubhouse Living Room, BYOB or bring to share.

On November 21<sup>st</sup>, Gerry Craig will play Name That TV Show tune

**Tuesdays from 4 - 6 PM**

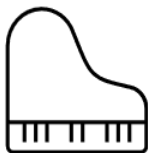
*Submitted by Carene Svoboda*



## PIANO BAR THURSDAYS

Come join us for music and relaxation. Our next two get-togethers will be Thursday, November 9<sup>th</sup> and Thursday, November 30<sup>th</sup>. We are holding piano bar on the 5<sup>th</sup> Thursday this month because the 4<sup>th</sup> Thursday is Thanksgiving. See you there from 6:30 PM to 8 PM in the Clubhouse Living Room.

*Submitted by Lydia Cooper*



## SOCIAL ACTIVITIES GROUP

Here we are in November and as you are reading this, the Halloween Potluck has already happened. We do hope that everyone who attended had a wonderful time. We had a great time planning it! Next month we will get some pictures added to our article so you can all see how much fun it was.

We have already started planning for our next potluck, which will be on January 18, 2024! Get that date on your calendar so you don't miss it!

We want to let you know that signing up to volunteer with this group is not a commitment to attend every meeting or event. If what we are doing interests you and you want to join in on the fun (planning is half the fun anyway), then sign up to volunteer. You will receive monthly emails about our meetings and we would love to have you join us.

We do ask for RSVP's to our events to make sure we have enough supplies for all who attend.

[suestockamp@gmail.com](mailto:suestockamp@gmail.com) or text: 503-709-7033

*Submitted by Susan Stockamp*



**Social Activities Group presents**

## MOVIE NIGHT

**Wednesday, November 8, at 6:30 pm**

**Golda is the movie**

Free popcorn and candy!

Donations are appreciated.

Bring a seat cushion if needed

RSVP to [suestockamp@gmail.com](mailto:suestockamp@gmail.com),  
or text 503 709-7033

## CLUBHOUSE COMMITTEE

As you read this, the **kitchen remodel** will be well under way!! The kitchen is expected to be closed **from October 19<sup>th</sup> through November 10<sup>th</sup>**. We will do our best to get things put back together quickly after the dust settles. We appreciate your patience and understanding throughout this process. Please plan accordingly.

For any clubs, activities and individuals interested, we will be holding tours of the new kitchen as follows:

**November 15<sup>th</sup> between 4– 5 PM &  
November 20<sup>th</sup> between 1– 2 PM**

Come in and learn the layout and how to operate the new equipment!

New **furniture** has begun to arrive and will continue through the end of November. Please be patient with this process; you may have to 'make do' for a bit. There will be more seating when everything has arrived. A **silent auction** for the old furniture has begun. Check out the Silent Auction bidding binder in the lobby. Anything not purchased will be donated to the Tualatin Community Warehouse.

We have recently reviewed the **guest policy** for participation in Clubs and Activities. The Policy and Procedure specifies that a group is allowed to have up to 20% non-resident participation. Anything beyond that needs Board approval.

Looking ahead – we are currently getting quotes to replace the carpet in the downstairs lounge area.

If you would like to join the Clubhouse Committee, we would love to have you - please contact Deb Simpson.

*Submitted by Deb Simpson*

## OPEN STUDIO

If you are interested in art, Open Studio may be for you. We meet every Wednesday in the Art Room from 1 to 3, sometimes longer, to draw, paint, practice, design whatever we want to work on.

This group is not the Creative Arts Guild that does the gallery and the art show. There is no pressure, just sharing and learning from each other in a relaxed, friendly environment. If you are at all inclined to begin, revisit, or expand your skills art in any medium, come and join us. Bring whatever you are working on and hang out with other artists.

*Submitted by Terry Schmidt*

## GARDEN CLUB

The November meeting of the Summerfield Garden Club will be held at Al's Garden Center on Monday, November 13<sup>th</sup>. We will be enjoying their holiday winter wonderland. Please meet back by their new cafe area by 10:30 AM as we will be drawing for some door prizes.

Following our festivities, we will be going to lunch at Elmer's at noon. Please contact Carole Krueger if you are planning to attend by November 10<sup>th</sup> at 503-639-2649.

*Submitted by Carole Krueger*

## QUILTERS CLUB

Join the Quilters Club and enjoy a time of creativity, accomplishment, and friendship. Our group does individual projects, charity quilts, and group lessons. We have some precut kits available for assembly of charity quilts. So far this year, our group has donated over 45 quilts to Caring Closet, Cares Northwest, Providence Elder Care and Maui Fire Victims.

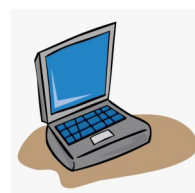
We welcome all quilters from novice to experienced. Meeting times are 12:30 to 3 PM on the first, third and fifth Thursdays and all day sew from 10 AM to 3 PM on the second and fourth Thursdays. Any questions, please call me at 503-352-4126. Come and quilt with us.

*Submitted by Bonnie Schweizer*

## Need help with your Computer or Phone?

The Tigard Library can help you in person; best of all it is FREE.

You must make an appointment with Jack Baur by calling the Tigard Library at 503-684-6537.





## SUMMERFIELD SINGERS

Like to sing? Want to be part of a group that sings just for fun? Then you will like Summerfield Singers! Summerfield Singers meets on the first and third Fridays from 2 – 3 PM in the Clubhouse Ballroom. We welcome anyone who likes to sing; you don't have to have a great voice or be able to read music. We sing a variety of songs, from musicals to old favorites and more, so there are sure to be ones you will like. Interested? Come and sit in a time or two, and if you would like to sing with us, you can join us! We have songbooks available for a nominal cost. We would love to have you! If you have any questions, Please call Julie at 712-830-7477.



*Submitted by Julie Helle, Director & Nancy Vink, Accompanist*

## Remembering Czech Christmas

Summerfield residents and members of Encore! Mark and Helena Greathouse will present a humorous musical show called Remembering a Czech Christmas.

Helena is a singer and dancer originally from former Czechoslovakia and Mark, a native Oregonian, will accompany her on the accordion. Helena will wear a genuine Czech folk costume and explain Czech Christmas traditions. This show would even be suitable for your grandchildren.

Place: **Lakeview Room in the Clubhouse**

Time: **Sunday, December 17<sup>th</sup>, from 3 – 4:30 PM**

Sign-up will be in the Clubhouse living room during coffee time 9 – 11 AM on four Mondays: November 20<sup>th</sup> and 27<sup>th</sup> and December 4<sup>th</sup> and 11<sup>th</sup>.

*Submitted by Mark and Helena Greathouse*

## ARCHITECTURE/LANDSCAPE

Fall is here, bringing with it a bounty of beautiful and colorful leaves. Weather forecasts suggest a mild early winter in the Pacific Northwest, making it a great time to get those fall and winter projects done before El Niño fully arrives.

Some projects to consider:

- Cleaning up leaves around your yard and street. If your home is near a street drain, watch for a buildup of leaves that might clog the drain.
- Having gutters cleaned out.
- Cover water spigots and drain sprinkler systems before the first frost.
- Remove dead/dying plants and flowers left over from our dry summer.
- Check all exterior lights including your curbside lamp post. If your lamp post needs new panes or a light, you can procure them from Rob in the golf shop.
- Replace batteries in all smoke and carbon monoxide detectors.
- Procure a snow shovel to keep your sidewalk clear when the white stuff falls.

None of these maintenance projects requires a Change Request. Thank you for keeping Summerfield looking its best all year long.

*Submitted by Scott Owen, Chairperson, A&L Committee*



## ENCORE! FREE HOLIDAY CONCERTS

### OUR GIFT TO YOU

December 3 at 4 PM

December 9 at 1 PM

Reservations on Mondays, 9—11:00 AM, starting November 6<sup>th</sup> at the Clubhouse. Seats are limited, walk-in seats may not be available.



# A Silver & Gold New Year's Eve Party!

Sunday, December 31, 2023



Featuring the Band  
**"SANDPOINT"**

Summerfield Clubhouse Ballroom

7:30 PM – 10:30 PM

Cocktail Attire

Champagne Toast at 10 PM

Fabulous Hors d'oeuvres

Beverage Mixers



## Tickets

Residents: \$25

Non-Residents: \$30

A limited number of tickets are available

Tickets will not be sold at the door



## Presales for Residents

November 27 – December 1

9-10 AM in the Clubhouse Lobby

## Regular Ticket Sales

December 4, 11, 18, and 26

9-11 AM in the Clubhouse Lobby

**Tickets or information: Contact Penny Kellogg 775-232-9420**



## CREATIVE ART GUILD

New art works are coming to the Summerfield Clubhouse Gallery Walls in mid-November! If you haven't seen the current exhibit, featuring the Pacific Northwest and the Beauty of Summerfield, be sure to stop by.



The upcoming exhibit is giving members of the Creative Art Guild an opportunity to share what inspires them. Working with watercolors, acrylics, oils, pen & ink, pastels, photography or mixed media, the upcoming works will give you some insight into what moves each artist.

The Guild meets monthly in the Arts and Crafts Room in the Clubhouse to share works currently in progress, get feedback from fellow artists, and keep up-to-date on the latest local art news. **We always welcome new art friends to attend.**

Our next meeting is Monday, November 20<sup>th</sup>, at 3 PM. Be sure to bring your new art works for the Gallery Walls. We look forward to seeing you there!



*Submitted by Lori Owen*

## DRUM CIRCLE

Drum Circle every 2<sup>nd</sup> and 4<sup>th</sup> Friday in the Lakeview Room at 10 AM. Everyone welcome! Join the fun!!

*Submitted by Mel Simrell*

## FITNESS CENTER & EQUIPMENT DEMONSTRATION

Come join us in the fitness center on November 8<sup>th</sup> at 4 PM.

Members of the Wellness and Fitness Committee will be there to demonstrate and answer questions about the equipment and machines.

We look forward to seeing you then!

*Submitted by Wellness and Fitness Committee*

## LINE DANCE

**Did you know?** Line dancing is good for your Physical, Mental and Emotional Wellness.

**Did you know?** Line Dancing grows confidence that grows from mastering a new dance.

**Did you know?** Line Dancing creates friendships that start and form.

**Did you know?** Dancing of all forms is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise while allowing engagement in a social activity.

**Did you know?** Dancing stimulates the mind and can reduce the risk of Alzheimer's disease and other forms of Dementia in senior adults.

A study published by the New England Journal of Medicine studied activities like playing tennis, golf, swimming, bicycling, dancing and walking for exercise. The study found that while these activities all provided cardiovascular benefits, the only activity to offer protection against dementia was frequent dancing. Dancing at least 11 times a month lowered the risk of Dementia by a dramatic 76%!!

**Classes are at 10:30 AM and 6 PM Mondays and at 1:30 PM Wednesdays. There is no charge for these classes so why not come on over and give it a try.**

**The New "ultra Beginner" class is in full swing and it's not too late to join in the fun. Monday mornings at 10:30 AM in the Ballroom**

*Submitted by Diane Christensen*



## WOMEN'S WEIGHT CLASS ON THURSDAYS

Just a reminder to all the ladies of Summerfield that we have a weight class every Thursday at 4 PM in the Ballroom. Bring your own hand weights or use the hand weights from the downstairs fitness center.

*Submitted by Linda Mulligan, Wellness and Fitness Committee*





## SUMMERFIELD BIBLE STUDY

Bible Study has returned to the Clubhouse. We meet every Wednesday at 10 AM (9:45 for coffee) for a lively discussion of Genesis, led by Craig Benjamin.

In November, we will start a study of Matthew led by Mike Anderson. Come and join us in the Craft Room on the **second Wednesday** but the Conference Room the **rest of the month**. You will be welcome!

Questions: Call Mary Kay at 503-479-5430

*Submitted by Mary Kay Stroum*

## PARKINSON'S SUPPORT GROUP

The new Parkinson's Disease Support Group is now meeting monthly in the Clubhouse Conference Room. Join us at 10 AM, the second Wednesday of the month. People with Parkinson's disease and the people who love them are welcome.

The topics will be varied because we are here to help you get the information and assistance you need. Question? Please call Jane at 630-564-2624 or Caren at 336-202-6601. We look forward to seeing you!

*Submitted by Jane Miller*

## SENIOR LEARNING

We are continuing with the video course "Inventions that Changed the World." This has proven to be a fascinating review of products and processes from ancient times up to the present. We gather every Thursday at 2 PM in the Lakeview Room.

*Submitted by Gerry Craig*

## DEMENTIA SUPPORT GROUP

"Alzheimer's Disease" is the name most people know for dementia. There are other types of dementia, too, such as Lewy Body and Huntington's disease. What's important is that there is much to learn. Our friendly and compassionate group can help you understand and cope with these devastating diseases. The next meeting is on Monday, November 20<sup>th</sup>, at 1 PM in the Conference Room.

*Submitted by Gerry Craig*

## LOW VISION SUPPORT

The Low Vision Support Group will continue to meet on the first Friday of every month. We will meet in the Conference Room from 10:30 AM.

*Submitted by Ruthanne Lidman*

## QIGONG ADAPTIVE YOGA

Get and Stay Healthy – Move Your Chi!

Are you open to:

- Feeling more openness in your body?
- Having better balance?
- Improving your overall well-being?



These are just some of the benefits you may experience from regular practice of **Qigong** (pronounced Chi kung) and **Adaptive Yoga**.

We use chairs and other yoga props such as straps to help improve posture, balance, and stability.

If you have a yoga mat, feel free to bring it, although it is not necessary to enjoy the practice. Looking forward to seeing you in class!

**Tuesdays – 10:30 AM - In the Lakeview Room**

**Fee: \$5 per class**

Questions? Call or text Pamela - 503-320-5150

*Submitted by Pamela Olzman*

## TAI CHI (The 24 Forms) UPDATE

Many thanks to all my friends and neighbors in this amazing community for the support and encouragement you have given me throughout my recent illness. Rehabilitation is taking more time than I anticipated and very quickly we know the holidays will be upon us. So, let us begin again in the New Year with a planned start date of Wednesday, January 17<sup>th</sup>, at 11:30 AM in the Lakeview Room. Please come join us and discover the many benefits of practicing Tai Chi. I look forward to seeing you!

*Submitted by Joan Mikels*



## JUST FRIENDS—SINGLES

**Saturday, November 4<sup>th</sup>, at 11 AM** Planning meeting for future activities at the Clubhouse Conference Room. If you want to keep this group going, please come and bring suggestions for future activities. After the meeting, a group of us go out for lunch (whoever is available). This is another way of getting to know each other. New members are encouraged to join us at planning meetings.

**Monday, November 6<sup>th</sup>, at 9:30 AM** Breakfast at La Provence Progress Ridge, 15151 S.W. Barrows Road #153, Beaverton. Call Shirley Edward if you plan to attend. Her number is 503-670-0950. We will meet there! Call if you need a ride.

**Wednesday, November 8<sup>th</sup>, at 5-6:30 PM** Come to the Clubhouse Living Room with your own picnic dinner or just visit for a Happy Hour prior to the movie (Golda) that will be shown in the Clubhouse.

**Sunday, November 12<sup>th</sup>, at 2:30 PM** Mask and Mirror play "The Game's Afoot" at Rise Church, 10445 SW Canterbury Lane, Tigard. Please RSVP to Mindi Tenison and let her know if you will be coming, will need a ride or can offer one. 503-484-0118. We will meet there at 2 PM.

**Thursday, November 16<sup>th</sup>, from 4-6 PM** Circle of Friends Social Hour in the Clubhouse Living Room. Welcome our new and returning neighbors and reconnect with your circle of friends. We can't wait to see you.

Note: Everyone is encouraged to invite a new single person to our group and accompany them to the first activity.

We will no longer have sign-up sheets in the lobby. However if anyone needs a ride or has any questions, please call Mindi Tenison at 503-484-0118. Mindi has stepped up to be the new leader of our group and facilitates our planning meetings.

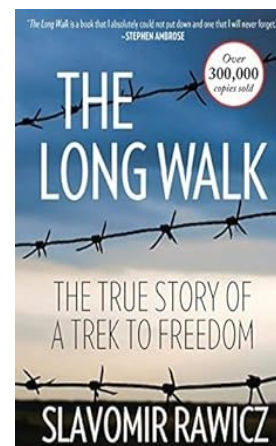
*Submitted by Michele Seligman*



## BOOK CLUB

The October Book Club was held on Tuesday, the 10<sup>th</sup>. Michelle Seligman led the group in discussing *The Book of the Unknown Americans*. She did this good thing even though it was her Birthday. Thanks Michelle, and Happy Birthday again. The book is about immigrants from Mexico and South America living in New York and the problems they faced there. Much of our time in the meeting was spent with each one of us telling the group where our families came from and some of what they faced in coming to America. It was brought out that unless we are Native Americans, we are all descendants of immigrants.

The November Book Club meeting is to be held on November 14<sup>th</sup>, at 2 PM in the Conference Room of the Clubhouse. We will be discussing the book *The Long Walk* by Slavomir Rawicz. Be careful because there is a book by Stephen King with the same name. Ashley Moen will be leading this discussion about a true account of 7 prisoners escaping a Siberian prison camp and their 4,000 miles trek out of Siberia, through China, The Gobi Desert, Tibet and across the Himalayas, and into British India. I'm worn out just writing this.



The December meeting will be held December 12<sup>th</sup>, at the regular time and place as mentioned above. We will have the nominations and election of the books that our club will read and discuss in 2024. If you have read a book or have heard of one that you think we would enjoy reading, please nominate it. We ask you to see if it is available in paperback and is not too long (less than 500 pages) and is readily available at book markets or the local libraries. Perhaps nominate two or three or more so that there is a varied group of topics of the books, so that we don't have to choose from all the same categories. This is a fun process that Carol leads us in and is so important to the enjoyment of our club members next year. Please email your nominations to Carol or bring them to our November Meeting. carolbrennamen350@gmail.com. This meeting in December is where the club members bring cookies or other holiday treats to enjoy during the nominations and to share and take home. More about this next month.

*Submitted by Neal Sanders*

## FUN WITH HAND & FOOT

**Tuesdays @ 1:30 PM in the Game Room**  
**Casual Drop In Lessons Offered**



Rain or shine, Hand & Foot (similar to Canasta) attracts a fun, casual group that plays every **Tuesday at 1:30 PM in the Game Room. We start play promptly at 1:30. Please plan on being there 15 minutes early for table assignment. Late arrivals may not be seated if tables are full or play has already begun.**

If you have never played or feel rusty, Susan can offer a tutorial at 12:30 PM on Tuesdays, just prior to the regular games, **to those who RSVP at least a day ahead.** Learn the basics without the pressure of a game. You may direct questions or RSVP to Susan by phone (818-648-5356) or by email at scallihan7308@gmail.com.

**By consensus of our regular players, we do require that players be vaccinated due to the number of immunocompromised or at-risk members of the group and the periodic resurgences of this virus and variants around the country.**

***We ask that if you travel or are in close contact with someone who has recently traveled, to not attend for 5 days after your return or after that contact. If you feel ill, please do not attend.***

*Submitted by Paula Henry and Susan Callihan – Co-chairs*

## BRIDGE SCORES

Monday Bridge: 9/11 D. Wallach 4420. 9/18 D Wallach 4600. 9/25 L. Bertrand. 10/2 S. McGuire 4040. 10/9 L. Cook 4270.

Wednesday Bridge: 9/13 B. Finch 4610. 9/20 B. Finch 4370. 9/27 B. Finch 3200. 10/4 S. McGuire 5290. 10/11 J. Roberts 3360.

Thursday Night Bridge: 9/14 D. Jordan 4500. 9/21 D. Jordan 4240. 9/28 J. Roberts 4190. 10/5 B. Finch 5100.

Thursday Duplicate: 9/5 1<sup>st</sup> A. Bennett/L. Derington. 2<sup>nd</sup> C. Williams/B. Meier. 9/21 N/S 1<sup>st</sup> H. Benschmidt/P. Biggs. 2<sup>nd</sup> A. Bennett/L. Derington. E/W 1<sup>st</sup> B. Meier/D. Nangle. 2<sup>nd</sup> M Itel/S. Bailey. 9/28 1<sup>st</sup> B. Meier/E. Landsburg. 2<sup>nd</sup> D. Nangle/M. Itel. 10/12 1<sup>st</sup> M Itel/S. Bailey. 2<sup>nd</sup> A. Bennett/L. Derington.

*Submitted by Maggie Scarborough*

## BINGO

Bingo will happen only once in the month of November. Mark your calendar to attend on the 10<sup>th</sup> of November at 7 PM in the Game Room. See you then.

*Submitted by Marlene Christensen*



## BUNCO

Join us for Bunco November 14<sup>th</sup>, from 7-9 PM in the Game Room!

*Submitted by Esther Vickstrom*



## CRIBBAGE

We play cribbage from 9:30 AM until 12 noon on Monday mornings. We have a great group of people who enjoy playing cribbage. We have the materials. Beginners welcome!! Come and join the fun!

*Submitted by Steve Moore*



## MAHJONGG (AMERICAN)

**Tuesdays 12 - 3:30 PM Game Room**

We learned through Summerfield's recent Newcomers event that several residents are interested in learning to play this fun, strategic, and very mind-challenging game. That said, I am considering scheduling training beginning mid-January or February of 2024. But first I need to establish amount of interest within the Summerfield community. Please know that training will consist of weekly, 2-hour sessions, for a minimum of 4 to 6 weeks, (day and time TBD). A sign-up sheet is on the bulletin board in the Clubhouse.

Feel free to call or text me.

Tish Kremidas @ 503-314-1575

*Submitted by Tish Kremidas*





## SUMMERFIELD'S ROSE GARDEN

Summerfield's Rose Garden at the east end of Highland Drive is producing the last few roses of the season this month, but it is worth taking a look at it now because a lot of effort has gone into it this past summer.

The garden is planted on the City of Tigard's Southwest 100<sup>th</sup> Avenue unimproved right of way. The city sent a letter to Larry McCullough, who lives near the garden and maintained it from 2013 to 2021, stating that the city exempts plants encroaching in unimproved rights of way that do not obstruct visibility from permit requirements, noting, "The roses do not obstruct visibility so they may remain without a permit."

The city, which has always provided water to the garden at no cost to Summerfield, also pays for a yard debris cart that garden club members and other volunteers use when they prune the roses.

The garden's many caretakers over the decades have always battled weeds because of the garden's proximity to the large grassy field between the Church of Jesus Christ of Latter-day Saints and the garden. The Summerfield Garden Club took over the maintenance of the garden in 2021, and under the leadership of Karen Walker, the weeds were finally conquered.

In August this year, Boy Scouts pulled weeds and spread topsoil, and in September the city provided heavy-duty landscape fabric that Karen Walker and Brenda Buck cut and placed around the rose bushes. The city also provided bark chips that volunteers, including Karen Walker, Larry McCullough, Stuart Warren, Will Bennington and Bob Walker, spread on top of the fabric to hopefully keep the weeds at bay for a long time.

The garden has a "colorful" history, starting with Sally and Burk Barlow and Leo and Angline Koropp, who planted the first rose bushes and developed the garden in 1975. After 6 ½ years, a series of dedicated homeowners started tending the garden and are still doing it today, keeping meticulous records.

Richard and Loretta Cooper took over Oct. 30, 1981, followed by Ercyl Bongard on Feb. 29, 1987, and James and Barbara Drake on Aug. 12, 1987; Victoria and Charles Jensen took over in December 1990. The Jensens tended the garden for nearly 20 years, until March 5, 2009, when Charles Sirianni took over, and three years later he was followed by Peter and Eva Feher on May 16, 2012.

Then, as previously mentioned, Larry McCullough took over for nine years, and he allows the garden club's yard debris cart to be stored at his home and hauls it out to the street to be emptied.

In addition to Karen Walker and Brenda Buck, others volunteers now tending the rose garden are Karen Lundberg, Will Bennington, Mary McConnel, Gail Cooke and Barbara Sherman.

There is always a possibility in the future that the City of Tigard may extend Southwest 100<sup>th</sup> Avenue to connect with Highland Drive, in which case the rose garden would cease to exist. But city officials assured Larry McCullough many years ago that it would provide 30 days' notice so there would be time to move the rose bushes to new homes.

*Submitted by Barbara Sherman*



Larry McCullough and Karen Walker spread city-provided bark chips around the Summerfield Rose Garden to prevent weeds from growing between the bushes.

## DISASTER PREPAREDNESS

Your Preparedness Lecture No. 4: Hands Only CPR and AED Training.

In cases of disasters, injuries, stress or trauma may trigger situations where CPR and/or AED use are necessary.

In Lecture No. 3, the TVF&R personnel presented demonstrations and training on Hands Only CPR and many at the Lecture took advantage of the chance to practice CPR on the training torsos provided by the TVF&R lecturer.

If you could not attend that lecture or missed the chance to practice on the training torsos, TVF&R personnel will repeat that session **November 13<sup>th</sup>** at 1 PM in the Clubhouse Ballroom. They will then add a session on AED demonstration and training as the second half of the program.

Handout folders on the Lecture and preparedness topics will be available, door prizes will be given away and refreshments will be available. This is your chance to learn procedures that might save the life of a family member, a friend or fellow resident in the future. Come join us at the Lecture. The Disaster Preparedness and Safety Committee.



*Submitted by Roy Metcalf*

Summerfield has 3 AED units available for emergencies. One is located on the main floor of the Clubhouse just before the kitchen door. A second is in the Lower Lobby just before going down the hallway. The third is located behind the Maintenance Shop near the 3rd Golf hole. As of November 2023, they are brand new units and are fully automatic. If an AED is needed to assist a person in trouble, a person should get to one of the three AED cabinets quickly, pull open the door and remove the entire unit. An alarm will sound—this sound lets others nearby know there is an emergency. If you shut the cabinet door, the alarm will disengage. There is an electronic screen on the AED and it tells the rescuer everything they need to do and once the electrode pads are applied to the person in need, the machine kicks in and sends the shock, it tells you when its ok to administer CPR, warns the rescuer before another shock will be administered and so on until EMTs can arrive. Time is crucial if someone's heart stops beating. The model AED we have is a Zoll AED 3 Fully Automatic. There is an excellent video detailing how it works on You Tube. Search "Zoll AED 3 inside the rescue" to watch the 5-minute video.

It is also highly encouraged that everyone carries around their cell phone with them whether they are just stopping by the Clubhouse, going for a swim, or out walking their dog. Everyone should create a contact in their phone titled ICE or In Case of Emergency and put the contact information in for the person you would want called should you need emergency help. Most of the newer phones will allow a person to get your ICE contact even if your phone is locked. Also, in this community where there are still many people who do not have a cell phone—if you have yours on you—it might just save their life.

*Submitted by SCA Office*

## SUMMERFIELD POOL

Our beautiful 2023 pool season ended on Sunday, October 8<sup>th</sup>. It was a beautiful summer allowing for many great Pool days. Thank you, all pool users, for following the rules to keep a clean, safe, and enjoyable place to exercise and relax. The Pool furniture will be upgraded in 2024. We look forward to all you Pool attendees around May 12<sup>th</sup>, 2024.

*Submitted by Marshall Henry*





## WELLNESS & FITNESS

### BALANCE

I am sure that in your lifetime, you've lost your balance more than once. As you age, balance issues are more common, but what do these issues mean for you, and how can you address them?

#### Understanding Balance Issues

As you get older, the way you walk changes. An improper stride when you walk can cause you to lose your balance. Losing your balance is often followed by a range of other symptoms. The way you feel when you lose your balance may be different from how another person feels. Some people may feel faint, nauseous, or unsteady.

Balance issues after 50 years old are often worse when you go from sitting to standing up, walk around, or move your head horizontally or vertically.

You may lose your balance because it suddenly feels like the room is spinning or you feel like you're about to pass out. Balance issues are often caused by a condition called vertigo.

**What causes vertigo?** If you have an inner ear problem like swelling, fluid buildup, or an infection, it can cause vertigo. Your inner ear helps with your sense of balance. Issues with your inner ear can lead to you losing your balance frequently if the condition is not addressed. There may be other factors contributing to vertigo, like vision impairment.

#### Why Does Loss of Balance Affect Older Adults?

Loss of balance is often a symptom of another health condition instead of being a stand-alone condition that needs treatment. The following health conditions can cause you to lose your balance:

- ♦ **Sudden changes to your blood pressure.** If you stand up too quickly or make a sudden movement, it causes your blood pressure to drop. If this happens, you may lose your balance for a moment and recover quickly. Symptoms usually fade as your blood pressure returns to normal.
- ♦ **Lack of circulation.** When your body isn't as efficient at pumping blood as it used to be, it slows your overall circulation. Oxygen doesn't travel as quickly to your brain, muscles, and organs.
- ♦ **Low blood sugar.** If you have diabetes that is controlled by insulin, dizziness occurs when your blood sugar drops suddenly.

- ♦ **Medications.** Does your medication have side effects that include dizziness? Read your drug information and talk to your doctor about risks before starting a new medication. For instance, if you're taking a medicine for high blood pressure, it may also make you lose your balance if your blood pressure gets too low.

Always check with your doctor and make a checklist of questions to ask if you feel that you are not able to pinpoint what is causing your balance issues.

*Submitted by Wellness and Fitness Committee*

## FROM THE GOLF SHOP

I just want to thank everyone for another successful golf year. I also want to again congratulate this year's club champions, Del Jordan and Mary Ribacchi. Both of these members played outstanding during Club Championship week and should be very proud of their accomplishment. I also want to congratulate this year's Horse Race winners; Bill Whitehead and Keith Masterson won on the men's side and Sylvia Dorney and Linda Gray took it on the women's side.



I know many of you are planning to head south this month and I wanted to be the first to wish everyone a happy and safe holiday. Please check your respective club's bulletin board for credit book balances. Many of you have accrued some credit and need to use it by the end of the year. Unfortunately, by the time you read this article, all special orders have officially come to an end. Please come and check out our merchandise on hand before it starts to get picked through. This year's Christmas Open House will be on Tuesday, December 5<sup>th</sup>. Like usual, we will have hors d'oeuvres and music with a special 20% off in the golf shop. This is always a great time to get together and celebrate the season.

#### Upcoming Events

- 11-15 Turkey Shoot (10 AM Shotgun)
- 12-5 Santa Claus Open (10 AM Shotgun)
- 12-5 Christmas Open House (5-7 PM)

*Submitted by Rob Lindsey*

## MEN'S GOLF CLUB



**MARK YOUR CALENDAR: Santa Claus Open:** Signup 11/1 to 11/28. Play 12/5. **Winter Play:** 11/1 to 3/31/24.

**2024 SMGC BOARD:** President Glenn Lett. VP Jon Erickson. Secretary John Gillan. Treasurer Remy Thibodeau.

**HOLE IN 1s & EAGLES:** Hole in 1: Del Jordan #2. Eagle's: Johnny Giccatti #1. Larry Launder #8.

**OCTOBER 2<sup>ND</sup> CHAPMAN RESULTS:** 100 golfers started the AM under a cloudy day. As the day progressed, Old Man Weather gave us a rainy taste of fall. The good news was 95% of the players received a payout. **Low Gross Winners:** 1<sup>st</sup> T Gallagher & B Smith. 2<sup>nd</sup> M & R Ribacchi. 3<sup>rd</sup> J Beck & D Jordan. **Tie 4<sup>th</sup>** J & G Heintz/ I Trommlitz & M Simrell. **Low Net Winners:** 1<sup>st</sup> J Harrington & D House. 2<sup>nd</sup> D Dorsey & R Sacconaghi. 3<sup>rd</sup> thru 10<sup>th</sup> 36 Teams. **Couples KP #4:** 1<sup>st</sup> J Harrington & D House. 2<sup>nd</sup> I Trommlitz & M Simrell. **KP #6:** 1<sup>st</sup> D Dorsey & R Sacconaghi. 2<sup>nd</sup> D & R Cruse. **Long Putt #8:** 1<sup>st</sup> P Benninghoff & L Wilcox. 2<sup>nd</sup> M & L Launder. **Men's KP #7:** 1<sup>st</sup> J Massaro. 2<sup>nd</sup> D Jordan. **Ladies KP #9:** 1<sup>st</sup> M Ribacchi. 2<sup>nd</sup> T Gallagher. **KP #2: Women** M Ribacchi. **Men S Blake. Between the Lines:** 16. **On #9 Green:** 24. **Sonic Putt** 6 winners. **Inside the Circle #5:** 12. **Raffle Winners:** 8. Thanks to our Sponsors Ken Miller, Sandy Brewer, Rob Lindsey & Mike Cook. Also, a big thanks to the scoring team for sorting through and deciphering the scorecards.

**WAKEFIELD SCRAMBLE:** 1<sup>st</sup> D Jordan, D Brosowski, J Fitzgerald, H Giles. 2<sup>nd</sup> J Cooke, E Stern, K Masterson, B Schubert. 3<sup>rd</sup> G Lett, M Tsujimura, B Meek, H Thiemann. **Tie 4<sup>th</sup>** G Eggert, C Coiner, J Gillan, J Vogel/R Reeves, R Johnson, R Sacconaghi, D Strain. **Tie 6<sup>th</sup>** Buzz Smith, G Chandlee, T Higdon, D Westby/Bob Smith, R Cruse, S Nelsen, G Meyer/L Launder, S Blake, J Scheel, D Jackson/J Erickson, K Nelson, E Tichnor, P Howard/B Opoka, J Jepson, R Knutson, K Carrell/ J Cooke, E Stern, K Masterson, B Schubert.

**FALL MATCH PLAY: Championship:** 1<sup>st</sup> D House. 2<sup>nd</sup> R Ribacchi. 3<sup>rd</sup> M Scott. 4<sup>th</sup> B Smith. **Consolation:** 1<sup>st</sup> H Peterson. 2<sup>nd</sup> B Meek. **Tie 3<sup>rd</sup>** D Jordan & E Stern.

**HOW A LAUNDER HELPED DEL'S HOLE IN 1:** First. What's a launder? It's a deflection off a tree that lands in the middle of the fairway. Named after the famous Summerfield golfer, L Launder. It's said Del hit a towering drive to the right on #2 and hit a tree. Everyone thought the ball went out of bounds. Everyone looked for the ball! Someone looked on the green. Exclamation! It's in the cup. Lo and behold, a Launder hole in one. Enough said. Writer takes no responsibility for content.

*Submitted By Ken Rose*

## WOMEN'S GOLF CLUB

The annual **Horse Race** got off to a great start on October 4<sup>th</sup> with 13 teams participating. Congratulations to each of the winning teams for a job well done: **1st Place:** Sylvia Dorney/ Linda Gray; **2nd Place:** Jackie Mitchell/Sharon Stoesser; **3rd Place:** Irma Trommlitz/Sandy Sisk; **4th Place:** Joyce Knutson/ Rebecca Whitehead. Thank you to Vice President, Mary Reeves, and her committee for their outstanding job of recruiting participants and coordinating the event with our Golf Pro, Rob Lindsey. Thanks to all of the spectators who came out to support the players!

Our last scramble of the season was played on Thursday, October 5th. Winning teams of the **September Scramble** were: **Low Gross:** J. Beck, S. Dorney, M. Gillan, and J. Knutson. **1st Low Net:** D. Brosowske, C. Krueger, J. Sell, and J. Vanderpool. **2nd Low Net:** J. Heintz, S. Sisk, J. Mitchell, and M. Reeves. **3rd Low Net:** K. Burton, J. Courson, M. Sims, and I. Trommlitz. **4th Low Net:** S. Comstock, J. Harrington, M. Pachciarz, and F. Rieder.

Following the scramble was the final general business meeting of 2023 where the nominees for the **SWGC 2024 Executive Board** were introduced and elected. Congratulations to our new officers: **Joyce Knutson - President, Cheryl Riggs - Vice President, Jan Harrington - Secretary, and Treasurer - Jo Heintz.**

**September Birdies** were made by: P. Dufort, C. Hargis, J. Mitchell, J. Mathews (2), D. Brosowske, and M. Ribacchi. **September Chip-Ins** were made by J. Heintz, M. Gillan, T. Gallagher, I. Trommlitz, J. Tinker, J. Meek, and D. Dorsey.

Thanks to Judy Sell and her committee for their terrific job organizing the **Birdie/Chip-In Tournament and Luncheon** on October 12th. Winners of the tournament were: **1st Place:** J. Beck, G. Blem, J. Heintz, and S. Sisk; **2nd Place:** J. Courson, D. Durgan, S. Stoesser, and D. Brosowske; **3rd Place:** D. Dorsey, T. Gallagher, M. Gillan, and J. Vanderpool; **4th Place:** N. Buchanan, C. Hargis, J. Meek, and B. Phillips; **5th Place (2-way tie):** M. Kerns, J. Mitchell, M. Pachciarz, I. Trommlitz and P. Cherrick, R. Nash, G. Heimbecker, J. Thiemann. Winners for **Most Birdies** during the season: **1st Place (6):** I. Trommlitz; **2nd Place (4):** M. Gillan and M. Ribacchi; **3rd Place (3):** J. Knutson. Winners for **Most Chip-Ins** during the season: **1st Place (4):** J. Beck, D. Dorsey, J. Sell, and I. Trommlitz; **2nd Place (3):** D. Cruse, J. Heintz, M. Kerns, and C. Pitre; **3rd Place (2):** D. Brosowske, M. Dunlap, M. Gillan, G. Heimbecker, J. Meek, J. Mitchell, D. Montgomery, L. O'Brien, B. Phillips, N. Sahler, J. Thiemann, and R. Whitehead. Congratulations to each of you!

**Winter Golf** begins on Tuesday, November 7<sup>th</sup>. Sign up in the golf lounge for the 9 AM morning tee time. Sign up with Rob for afternoon play. Contact Sylvia Dorney with any questions.

*Submitted by Cheryl Riggs*

## 1.5 Signs

Except as provided in this Section 1.5, no signs shall be erected or displayed without written permission as provided in Section 1.10. Signs not exceeding 24 inches by 36 inches may be displayed after approval advertising a garage, yard, patio, estate or similar sale, but such signs must be removed upon conclusion of the sale. Written permission is not required for the following signs:

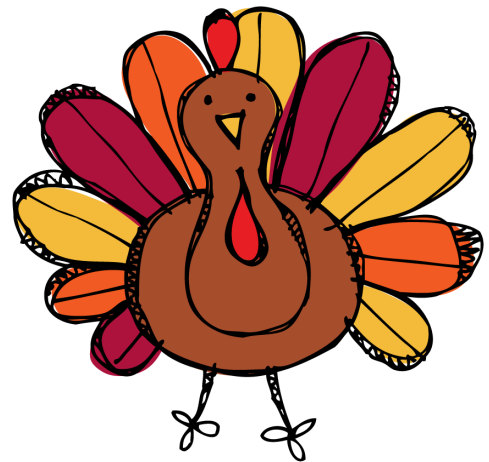
**1.5.1** One sign no larger than six inches by 24 inches displaying the name and/or address of the occupant;

**1.5.2** Two temporary signs, neither larger than 18 inches by 24 inches, plus the agent name hanging attachment, advertising the residential unit for sale or rent, placed entirely within the lot advertised for sale or rent, which must be removed upon the sale or rental;

**1.5.3** Temporary signs advertising community events not regularly scheduled, placed no earlier than 10 days prior to the event, to be removed at the conclusion of the event;

**1.5.4** One political sign no larger than 18 inches by 24 inches placed in the yard or unit window no earlier than one month before election day, to be removed not later than one day after election day."

*From the Covenants, Conditions & Restrictions, Amendment 04/2018*



### Summerfield Summary Staff

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