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Summerfield Civic Association

10650 SW Summerfield Dr. Tigard, OR 97224

Office: 503-620-0131 office@summerfield55.org www.summerfield55.org

Office open

Monday through Friday,

8 AM—12 noon

Golf Pro Shop: 503-620-1200 www.golfsummerfield.com

Upcoming SCA Board Meetings

Agenda Meeting October 2, in the Conference Room at 8:30 AM.

Board Meeting October 9, in the Conference Room at 9 AM.



Reminder! If you have a change for the 2024 Resident Directory and haven't already submitted your bright pink form that was in last month's newsletter, please do so by October 6th!

A few notes:

- No action from you is needed if all the information is correct in the current 2023 Directory.
- No action needed if you live in the Summerfield ESTATES.
- If you did not receive your September Newsletter and need to make changes, you
 can find the form on our website, click on Residents, then Forms, then Directory
 Update Form.

If you do not have a current 2023 Resident Directory (so that you can check your current listing) or a form, we have plenty in the SCA office. Just stop by and we will give you one (open Monday—Friday, 8:00 AM—12 noon). If you need to reread the September Newsletter, go to our website, www.summerfield55.org, click on Residents, then Newsletters.

ANNUAL VETERANS DAY PROGRAM

Saturday, November 11th, 2023, 2 - 4 PM

We are reaching out to all Veterans, families, and friends to attend this year's event.

We want to honor all our veterans with added attention to the Vietnam Veterans, as this is the 50th anniversary of the date the last combat troops left South Vietnam.

We will begin at 2 PM, followed by a short film at 2:30, Summerfield Singers at 3 PM.

Dessert and beverages will be served. We will have a table available for our veterans to display their memorabilia items.

We can never thank our Veterans enough for their courage, strength and dedication to our country and keeping us safe.

Submitted by Volunteer Appreciation Committee

BOARD MEETING DATE CHANGES

It was decided at the August Board Meeting to change the dates of the SCA Agenda Meetings from the 1st Monday of the month to the 2nd, as well as SCA Board Meetings from the 2nd Monday of the month to the 3rd. These changes will begin in November.

As part of our Board Meeting, we receive a Treasurer's Report of bank reconciliations and at times it is difficult to get the bank statements in on time from the banks depending on when the 1st of the month falls, to pull together the reports without rushing last minute. This change to the Board meeting dates will allow ample time to pull together the statements. A reminder also that Agenda and Board Meetings are open to the residents of Summerfield.

Jennifer Stiffler, Administrator



PRESIDENT'S MESSAGE

Being neighbors is more than just sharing a property line. It's about fostering a sense of community and connection that can enrich our lives in numerous ways. One of the most significant advantages of having good neighbors is the sense of security they provide. Knowing that there are people nearby who can help in times of need, whether it's borrowing a cup of sugar or looking out for each other's homes when on vacation, offers a comforting sense of safety. It creates a support system that can be invaluable during emergencies.

Neighbors can also be a source of friendship and companionship, offering a network of social interactions right at your doorstep. Sharing experiences, celebrations, and even challenges can build strong bonds that go beyond mere proximity.

Additionally, being a good neighbor means contributing to a friendly neighborhood environment. Being considerate of noise levels, maintaining your property, and respecting boundaries can foster a peaceful coexistence that benefits everyone. It's a give-and-take relationship where mutual respect is key.

Furthermore, in a community like Summerfield, good neighbors can save lives. If you have not seen your neighbor for a few days, and know they are not away, check on them. Good neighbors look out for one another. Let's all be good neighbors and continue making Summerfield a caring community.

Steve Blake, SCA President

ARCHITECTURAL/LANDSCAPE

A question commonly asked by Summerfield homeowners is – does my project require a permit? You might be surprised by some of the projects that do require a city permit, including the replacement/ installation of a water heater, the removal of certain trees, the installation of a hot tub, the installation of a new heat pump or furnace, and many more!

Determining if a permit (city or county) is required for your project is the responsibility of each homeowner. Tigard has a user-friendly page on their website www.tigard-or.gov under Building Services, titled 'Do I Need a Permit?'. Washington County also has information on their website www.washingtoncountyor.gov under Planning, FAQ's.

If you're using a contractor for your project, be sure to ask them about any required permits. If your project involves digging on your property, be sure to check the website www.digsafelyoregon.com for information about checking on the presence of underground cables, pipes or wires.

And a friendly reminder – any work to the exterior of your home or yard, other than general landscape maintenance, requires a Change Request!

Scott Owen, Chairperson, A&L Committee

CLUBHOUSE COMMITTEE

Soon after you read this the **kitchen remodel** will be underway. Please be patient and know that the noise and commotion are temporary and will continue only for a couple weeks of October.

Attention Clubs, Activities, and Residents

We will be offering an **orientation** to our new kitchen appliances for groups who use it frequently. The tour will include use of the new dishwasher/sanitizer and the new method for storing glasses and dishes in addition to other upgrades.

We all look forward to using our beautiful new kitchen!

Furniture Update - Selections have all been approved by the Board and ordering is underway! The **Silent Auction** is underway and bidding binder is out on the round tables in the Lobby through December. Items will be added to the bidding binder for purchase as items become available.

If you would like to join the Clubhouse Committee, we would love to have you - please contact Deb Simpson.

Submitted by the Clubhouse Committee





This report is a recap of the meeting. For details, see the minutes on the Clubhouse bulletin board.

September 11, 2023

Present: Steve Blake, President, Tom Clancy, Vice President, Pat VanOsdel, Director, Carol Knutson, Treasurer, JJ Gattuccio, Director, Dianne Phelps, Director, Jennifer Stiffler, Administrator

Absent: Valerie Wicklund, Director, Lance Yunck, Apartments, Manager, Estates

President Steve Blake called the meeting to order at 9:00 AM.

<u>Minutes</u>: A motion was made and seconded to accept the August Board Meeting Minutes. Motion passed.

Golf Course Report - Palmer:

Aerification of Golf Course happening September 11 & 12.

Golf Pro Shop Report – R. Lindsey:

August was a great month, beat the budget by \$7K. Off season passes on sale starting 9/18 at \$200 per pass. Men's and Women's Clubs had great seasons. Pro Shop hours are decreasing for the season.

City of Tigard Liaison Report - Sherman:

At the August City Council meeting, a commitment was made to eliminate traffic deaths and serious injuries in Tigard. September 15-October 15 is Hispanic Heritage Month. September 17 – 23 is Constitution Week.

Treasurer's Report – Knutson: Total August revenue is \$98,756.36, total August expenditures are \$108,098.67, and total cash on hand as of 08/31/23 is \$869,029.44. The General Reserve's beginning balance is \$1,624,372.54, the total revenue of \$3,429.34, the total expenditures are \$993.97, and the ending General Reserve balance as of 08/31/23 is \$1,626,807.91. The beginning balance of the New Buyer Fee is \$189,904.13, the New Buyer Fee revenue is \$14,000, NBF expenses were \$0, and NBF interest

SCA BOARD MEETING RECAP

earned is \$40.51, with an ending balance of \$203,944.64. The total balance of the Reserve Accounts is \$1,830,75.55 as of 08/31/23. Heritage Bank checks written were 5053-5222, and KeyBank checks written were 0. US Bank checks written were 668-669. WaFd checks written were 0. Motion to accept treasurer's report made and seconded. Motion passed.

Unfinished Business: None

New Business:

Golf Course Tree Bids

The motion was made and seconded to accept combination of work from Ash Tree Service and Evergreen Tree Service to handle the golf course trees which need attention for the cost of \$6600.00. Motion passed.

Wellness & Fitness Proposal – Pool Table

The motion was made and seconded to move the Pool Table to the "conversation area" of the Lower Lobby on a temporary basis until a permanent home can be approved. Motion passed.

Clubhouse Committee Proposal – Living Room Furniture

The motion was made and seconded to purchase the proposed furniture to update the Clubhouse Living Room not to exceed \$27,250. Motion passed.

Pool Committee - LED Light

The motion was made and seconded to accept the bid from Pool & Spa to replace the nonfunctioning underwater light with a new LED model. Motion passed.

2024 Landscape Maintenance Contract

The motion was made and seconded to accept the proposed contract from Innovative Landscape for the 2024 year to be paid quarterly. Motion passed.

<u>Administrator's Report:</u> 7 homes sold in August.

Newsletters were sent out from the print shop on 9/1 but some error occurred at

the Tigard Post Office which sent the newsletters to the PDX Post Office. No one was able to tell the office what happened, why it happened or how to avoid such a hassle in the future. Newsletters were beginning to get to residents starting 9/9.

Directors' Roundtable:

Valerie Wicklund: Sub Associations, Summary – Absent.

Pat VanOsdel: Newcomers, Clubs & Activities – No Report

Tom Clancy: A/L, Wellness & Fitness— Motion was made and seconded to accept Ron Reeves as a member of the A/ L Committee. Motion passed.

JJ Gattuccio: CALC, Pool, Greens – A motion was made and seconded to accept Ron Tennison and Lisa Genis as new members of the Pool Committee. Motion passed.

A motion was made and seconded to accept Carol Kadel as a member of the CALC Committee. Motion passed. A Motion was made and seconded to increase the number of members of the Greens Committee from 5 to 7 members per the Policy and Procedures D 4. 31. Motion passed.

Dianne Phelps: Clubhouse, Library, Safety & Disaster Preparedness – SDPC had about 80 people in attendance for their CPR talk on 9/8.

Carol Knutson: Pro Shop, Volunteer Appreciation – No Report.

Steve Blake: Marketing and Website— Marketing Committee has been working with the website designers to correct issues.

Motion made and seconded to adjourn. The meeting adjourned at 10:37 AM. Motion passed.

Next Agenda Meeting October 2, at 8:30 AM. The next regular Board Meeting is October 9, at 9 AM.

MONTHLY CLUBHOUSE TOUR

WEDNESDAY, OCTOBER11, 1-2PM

To welcome our new residents, there are monthly tours of our stunning Summerfield Clubhouse each month on the First Wednesday of the month from 1-2 PM. OCTOBER 11 is the next scheduled date. Tours will start promptly at 1 PM in the Clubhouse fireplace lounge area. There will be a Q & A session at the end of the tour. In addition to newcomers, any

Submitted by Barbara Lance

resident is welcome to join a tour.

MONDAY MORNING COFFEE



Enjoy coffee, tea, and a treat every **Monday at 9 AM**

It's a great way to make new friends and catch up with old(er) ones!!

Submitted by Connie Jones

TUESDAY HAPPY HOUR

Happy Hour in the Clubhouse Living Room, BYOB or bring to share.
Occasionally, we are entertained by Gerry Craig—Piano man and Dawn Juliano—Fiddler!!

Tuesdays from 4 - 6 PM



Submitted by Carene Svoboda

PIANO BAR THURSDAYS

Come join us for music and relaxation. Our next two gettogethers will be Thursday, October 12th and Thursday, October 26th from 6:30 PM to 8 PM in the Clubhouse Living Room. See you then.



Submitted by Lydia Cooper



Social Activities Group presents

MOVIE NIGHT

Wednesday, October 4 6:30 PM Free popcorn and candy! Watch the poster in the lobby!

Donations are appreciated.
Bring a seat cushion if needed
RSVP to <u>suestockamp@gmail.com</u>,
or text 503-709-7033



SUMMERFIELD DANCE CLUB

Moving to Summerfield changed my life. SCA Dance Club changed it more.

A new friend asked if I would be willing to help her decorate for the upcoming dance. Of course I did, and I had an unexpected great social experience. I joined the Club to help with decorating never expecting to create such a wide bond of friends.

Our 17 members work together to purposely create opportunities for people to feel welcomed and included. We create a warm inclusive atmosphere for both couples and singles...a party that just happens to have great food and live music that appeals to ballroom dancers, line dancers and good old Rock & Roll enthusiasts.

The club creates dance opportunities to form social connections that last beyond dance. Dance club members purposely plan a welcoming environment, present a tasty variety of foods and drinks, greet each guest upon arrival, and escort them to their table. We strive to visit all our guests throughout the evening.

Our dances are community events where residents can listen to music, have fun, share a meal, and dance close to home at a reasonable price. We have seen new dance attendees utilize dances to become active in our community, to socialize and make friends. It's wonderful to see singles, couples, regular attendees, and new residents filling the dance floor with teenage abandonment.

I love living in Summerfield and I really love our Dance Club. If you want to know more or join our Dance Club, join us Saturday, 9/30/23 from 2—4 PM at the Newcomers Fair at the Clubhouse.

Our next party and dance are New Year's Eve from 7—11 PM...GET READY TO PARTY!!!

Submitted by Gloria Vanderzanden for the Dance Club

Save the Date...

Encore! Holiday Concerts December 3 at 1 PM and December 9 at 4 PM in the Ballroom.

More info to follow

Submitted by Mel Simrell

next month.



LINE DANCE

The "Ultra Beginner" class has been in full swing. This is a progressive class where dancers will learn line dance steps set to multiple styles of dance and music. You will learn traditional line dance, waltz, rumba and cha cha. Dancing is also a great cardio and mental workout. Dancing to set patterns has been proven to slow down the effects of dementia.

It is also a great fun way to meet new people and make new friends. Plan to join this new group on Monday mornings at 10:30. All residents are invited to join any or all of our other classes held Monday evenings at 6 PM and/or Wednesday afternoons at 1:30. If you just want to drop by the ballroom and watch, that's OK too. I hope to see you soon and that you choose to Dance.

Submitted by Diane Christensen

SUMMERFIELD SINGERS

Like to sing? Want to be part of a group that sings just for fun? Then you will like Summerfield Singers!

Summerfield Singers meets on the first and third Fridays from 2 – 3 PM in the Clubhouse Ballroom. We welcome anyone who likes to sing; you don't have to have a great voice or be able to read music. We sing a variety of songs, from musicals to old favorites and more, so there are sure to be ones you will like Interested?

ones you will like. Interested?
Come and sit in a time or two,
and if you would like to sing with
us, you can join us! We have
songbooks available for a nominal cos

songbooks available for a nominal cost. We would love to have you! If you have any questions, Please call Julie at 712-830-7477.

Submitted by Julie Helle, Director & Nancy Vink, Accompanist

DRUM CIRCLE

Drum Circle every 2nd and 4th Friday in the Lakeview Room at 10 AM. Everyone welcome! Join the fun!!

Submitted by Mel Simrell





Coming Soon!

HOLIDAY BAZAAR

The Summerfield Craft Club will hold its 33rd Holiday Bazaar on Friday and Saturday, November 10^{th,} and 11th, from 9 AM to 4 PM in the Summerfield Clubhouse Conference Room.

The ladies of the Craft Club have a selection of beautifully handcrafted items perfect for holiday gift giving and for yourself. There will also be tempting treats from the Craft Club members' kitchens.

This is a great time and place to begin your holiday shopping, so mark your calendars now and plan to attend this fun event. Once again, the Meals on Wheels People will be the charity beneficiary.

Submitted by Sharon Hughes



WOMEN'S WEIGHTS CLASS

Just a reminder to all the ladies of Summerfield that we have a weight class every Thursday at 4 PM in the Ballroom. Bring your own hand weights or use the hand weights from the downstairs fitness center. We exercise the arms, shoulders and back ... plus we workout the legs.

Included are important balancing skills and techniques. Come and increase your muscle strength, build bone density and be part of a great group of women.

Hope to see you on Thursdays.

Submitted by Linda Mulligan

The Summerfield Anniversary Committee is looking for residents who have lived in Summerfield between 1973-1978. If this is you—please reach out to the SCA office at admin@summerfield55.org

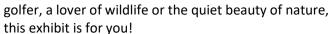
CREATIVE ART GUILD

The Summerfield Creative Art Guild is featuring new works on the Clubhouse Gallery Walls focused on the Pacific Northwest and the Beauty of Summerfield.

If you've lived in the Pacific Northwest since childhood or

are a more recent arrival, come see how Summerfield's resident artists have chosen to explore this theme.

Whether you love Tigard's annual balloon festival, are a



In our occasional segment Art Guild Members Getting Around, Jacie Pearson is a featured guest artist at the Astoria Art Loft in Astoria, OR (106 Third Street, Astoria, OR). She is showing works from her "Old Vehicles" series. The works will be on display through the end of October. If you're taking a trip to Astoria, be sure and stop by. Jacie also recently won a Judge's Merit Award at the Keizer Arts Association Wild Over Watercolor Show. Congratulations Jacie!

The Art Guild meets monthly and our next meeting is Monday, September 18th, at 3 PM in the Arts and Crafts Room in the Clubhouse. This is the time to bring a work currently in progress to share, get feedback from fellow artists and keep up to date on the latest local art happenings. We look forward to seeing you there!

Submitted by Lori Owen

GARDEN CLUB

The Garden Club had a good outing to Smith Berry Barn in September. We learned the history of the farm and all that they offer: berries, apples, pears, eggs, produce, great gift shop, store, coffee, milk shakes and more. From there we went to the Old Spaghetti Factory in Sherwood for a very nice lunch.

Wednesday, October 11th, (note the date change) we will meet in the west end of the Clubhouse parking lot for car pooling at 10:30 AM and travel out to the Oregon Heritage Farms, 22801 SW Scholls Ferry Road, Hillsboro and then on to The South Store Cafe, 24485 SW Scholls Ferry Road, Hillsboro for lunch. Please RSVP to Barbara Kelley at 503-799-4055 (call or text) by October 9th.

Submitted by Karen Walker



SUMMERFIELD BIBLE STUDY

Come Join us:

When: Every Wednesday at the Clubhouse at 10:00 AM 9:45 AM for Coffee.

What: A lively and spirit filled discussion of God's Word and Genesis led by Craig Benjamin. Coming Soon: Mike Anderson leading the group through Matthew.



Where: The Summerfield Conference Room, all Wednesdays except the second Wednesday of the month, then the Art Room.

Questions: Call Mary Kay at 503-479-5430

Submitted by Mary Kay Stroum

PARKINSON'S SUPPORT GROUP

The new Parkinson's Disease Support Group is now meeting monthly in the Clubhouse Conference Room. Join us at 10 AM, the second Wednesday of the month. People with Parkinson's disease and the people who love them are welcome. The topics will be varied because we are here to help you get the information and assistance you need. Question? Please call Jane at 630-564-2624 or Caren at 336-202-6601. We look forward to seeing you!

Submitted by Jane Miller

SENIOR LEARNING

We are continuing with the video course "Inventions that Changed the World." This has proven to be a fascinating review of products and processes from ancient times up to the present. We gather every Thursday at 2 PM in the Lakeview Room.

Submitted by Gerry Craig

DEMENTIA SUPPORT GROUP

Are you caring for someone with dementia? If so, you face many challenges every day. Please join us each month as we share experiences and learn how to cope with the effects of this terrible disease. Our October meeting is on Monday, the 16th, at 1 PM in the Conference Room.

Submitted by Gerry Craig

From the Golf Shop

Well, now that fall has officially arrived, I want to take this opportunity to thank everyone for another successful season at Summerfield. As we look forward to the rest of 2023, both the Men's and Women's Clubs still have some great events taking



place. Our last Chapman will be on Monday, October 2nd. The Horse Race for the Men's Club is scheduled on Tuesday, October 3rd and the Women's Club on Wednesday, October 4th. The Men's Club President's Classic is also scheduled on Wednesday, October 11th, with the Women's Club's closing luncheon scheduled on Thursday, October 26th.

I want take this opportunity again to congratulate Del Jordan and Mary Ribacchi for winning the Men's and Women's Club Championships. Also, a quick reminder for all Men's and Women's Club members, please check your respective club's bulletin board for credit book balances. Many of you have accrued some credit and need to use it by the end of the year. If you would like to special order something, please place your orders before the end of October.

Upcoming Events

- 10-2 October Chapman (10 AM & 1:15 PM Shotguns)
- 10-3 Men's Club Horse Race (12 PM)
- 10-4 Women's Club Horse Race (12 PM)
- 10-5 Women's Club Monthly Scramble/Meeting (9 AM Shotgun)
- 10-11 Men's Club President's Classic/Annual Meeting
- 10-12 Women's Club Birdie/Chip-in Tournament/ Luncheon (9 AM Shotgun)
- 10-26 Women's Club Closing Luncheon

Submitted by Rob Lindsey

BINGO

Calling all Ghosts, Goblins, and Spirits

Bingo happens on Friday, the 13th, and Friday, the 27th. The celebration of Halloween will take place on the 27th. Costumes, masks, or the wearing of orange and black are encouraged.



Submitted by Marlene Christensen



JUST FRIENDS—SINGLES

Saturday, October 7 at 11 AM Planning meeting for future activities at the Clubhouse Conference Room. If you want to keep this group going, please come and bring new suggestions for future activities. After the meeting, a group of us go out for lunch (whoever is available). This is another way of getting to know each other.

Sunday, October 8 at 7 PM TVS Symphony at NW Christian Church 13405 SW Hall Blvd. Tigard (Across from the Tigard Library) We will meet there.

Thursday, October 12 at 3:30 PM Happy Hour at McCormick's and Schmick's, 17015 SW 72nd Ave., Bridgeport Village. Please text or call Ann Phillips 503-830-7943 if you plan to attend. We will meet at 3 PM at the Clubhouse if you would like to carpool.

Saturday, October 14 at 7:30 PM A presentation by the Tilikum Chamber Orchestra at Lake Oswego H.S. Auditorium, 2501 Country Club Rd., Lake Oswego. Meet at 6:30 PM in the Clubhouse Living Room to carpool.

Monday, October 16 at 9:30 AM Breakfast at Biscuits 16230 SW Pacific Highway, Tigard. Please call or text Lu 503-747-5226 if you plan to attend.

Saturday, October 21 from 4 – 6 PM Social Hour in the Clubhouse Living Room. Meet and greet!! Bring your own beverages and snacks to share.

Sunday, October 22 from 10 AM to 4 PM West Coast Giant Pumpkin Regatta at the Tualatin at the Lake of the Commons 8325 SW Nyberg St., Tualatin. We will meet at 11 AM for carpooling. (Note parking here is difficult therefore carpooling is advised)

Wednesday, October 25 6—8 PM Our Halloween Event - Potluck Supper. Bring a Dish - Signups will be on the Clubhouse bulletin board. Costumes are optional!

Note: Please sign up for activities on the Clubhouse bulletin boards and indicate whether you want to carpool or meet there. Everyone is encouraged to invite a new single person to our group and accompany them to their first activity.

Questions about singles activities? Call Mindi Tenison 503 484-0118 or attend the meeting on October 7th.

Submitted by Michele Seligman

BOOK CLUB

Georgia Meshke led the discussion of *The Hotel New Hampshire* on Tuesday, September 12. The members of the Book Club discussed the books and movies that John Irving has written. I think most of the participants didn't really care for the book all that much but enjoyed discussing why they thought the author had included so many controversial subjects in this book. Sometimes the book that is the book of the month to be read isn't what we like or normally read, but it is always interesting to hear what other readers have to say about it. Georgia did an admirable job in leading the discussion of the book. Thanks, Georgia.

The Book Club meeting for October will be held on Tuesday, October 14, at 2 PM in the

Conference Room. Michelle Seligman will be the leader of discussing the book *The Book of the Unknown American* by Henriquez. This is a novel of storytelling that pulls us into their lives as much as they hold onto each other. The book talks about families who have immigrated to America and tells stories about how America has left its mark on them. This was Amazon's Book of



the Month in June of 2014. Sounds great. See you there.

The November meeting will discuss *The Long Walk* by Rawicz. Ashley Moen will lead this group discussion.

The December meeting is where we eat cookies and have the nominations for the books that we will read in the first 11 months of 2024. The nominations come from us, the Book Club members. If you have read or heard about a book that you think we would enjoy reading and discussing, please nominate the book. We ask that you research a bit to make sure that it isn't too long (less than 500 pages), that it is published in paperback and there is an ample number of the books in the Washington County Library system. Bring your nominations to Book Club or send them to Carol Brenneman via email at carolbrenneman350@gmail.com .

Submitted by Neal Sanders



FUN WITH HAND & FOOT

Tuesdays @ 1:30 PM in the Game Room Casual Drop In Lessons Offered



Rain or shine, Hand & Foot (similar to Canasta) attracts a fun, casual group that plays every Tuesday at 1:30 PM in the Game Room. We start play promptly at 1:30. Please plan on being there 15 minutes early for table assignment. Late arrivals may not be seated if tables are full or play has already begun.

If you have never played or feel rusty, Susan can offer a tutorial at **12:30** on Tuesdays, just prior to the regular games, **to those who RSVP at least a day ahead.** Learn the basics without the pressure of a game. You may direct questions or RSVP to Susan by phone 818-648-5356 or by email at scallihan7308@gmail.com.

By consensus of our regular players, we do require that players be vaccinated due to the number of immunocompromised or at-risk members of the group and the periodic resurgences of this virus and variants around the country.

We ask that if you travel or are in close contact with someone who has recently traveled, to not attend for 5 days after your return or after that contact. If you feel ill, please do not attend.

Submitted by Paula Henry and Susan Callihan

TRAVEL CLUB

Our club will be meeting Friday, October 20, 2023, at 10 AM in the Lakeview Room. Jamie Barton will be presenting and leading trips to Egypt, Jordan, Israel, and Cyprus and another one to Zimbabwe, Zambia, Botswana, and South Africa for a Safari. These trips are for people over 16, solo traveler or otherwise so come and check them out.

Since no one has stepped up to help, and there are fewer representatives available to come and talk to our group, this will be the last meeting for the Summerfield Travel Club.

Submitted by Paula Henry, Co-Chairperson of Summerfield Travel Club

WATER AEROBICS

Fall is upon us, and as the weather cools, so does the enthusiasm for Water Aerobics. However, many of us continue to get out and get wet in our heated pool, rain or shine – unless there is a threat of lightning.

Sessions run Monday - Friday from 10 - 10:45 A.M. We work out with easy exercises played on 45-minute CDs - one program on Monday, Wednesday & Friday, and another program on Tuesday & Thursday. Volunteers set up the daily sessions. Bring a pool noodle or floaties if you wish.

Water Aerobics does cease in mid October, so get your noodle on before it closes.



The cost is \$5.00 for the season. Come try us, then pay if you want to continue.

Paid members enjoy a fun catered party at season's end.

Bathrooms, showers, and lockers are available in the women's gym downstairs.

For more information, contact Sandra Serpas @ 541-521-8887.

Submitted by Susan Callihan

QIGONG ADAPTIVE YOGA

Are you ready to experience more energy in your body? Would you like better balance?

Do you want to improve your well-being and have fun too?

These are just some of the benefits you may experience from regular practice of **Qigong** (pronounced Chi kung) and **Adaptive Yoga**.

Chairs and other yoga props are used to help improve posture, balance, and the ability to move with greater ease.

We do certain poses and exercises that encourage more energy, flexibility, as well as stability. Options are offered based on each student's needs.

If you have a yoga mat, feel free to bring it, although it is not necessary to enjoy the practice. Looking forward to seeing you in class!

Tuesdays - 10:30 AM - In the Lakeview Room

Fee: \$5 per class

Questions? Call or text Pamela - 503-320-5150

Submitted by Pamela Olzman

DISASTER PREPAREDNESS

Actions, Cooperation and Security During and After A Disaster

OK, you have done all your preparedness things: you have a Go bag with money, medical items, emergency addresses, important papers, your out of area contacts, you have some food, some water and purification stuff, the car has gas and you feel pretty secure.

What do you do during that actual Disaster - - and After!!

During disasters, especially a quake, if in bed, reach for the box under the bed with the strong shoes, gloves, light and emergency clothes. (A hard hat would be handy!) For a Fire or Flood you may need to - - evacuate: we will cover that next month.

After a quake, make your family safe by doing the following: check the gas supply and secure it at the meter, ONLY IF YOU SMELL GAS, otherwise leave it alone. Check the water supply: if compromised, turn off the water at the street meter and turn off the supply to your water heater to save that resource if needed. See to any self or family medical and shelter needs and then think about the neighbors and who might need help there.

About the neighbors and others: it would behoove any HOA and housing groups to know the potential resources your neighbors might possess.

Who are the "Fixers," the Handy men in the area who might be available.

Who are the medical support people to aid in any needs, such as the members of the Medical Reserve Corps or other retired medically trained neighbors.

Who are the trained Community Emergency Responders (CERT) who can aid in Triage, First Aid, Fire Fighting and Search and Rescue.

Who are the retired Security personnel or militarily trained personnel, who have the training and possibly equipment to provide security when needed. We must consider that Summerfield might be thought of as a target for thieves or looters who could consider Summerfield as an easy and ripe source of supplies, given any state of lawlessness that might prevail.

The more we know about our neighbors and the more we are all willing to support and cooperate with each other, the better off we shall be to cope with and survive in a disaster situation.

(The above was mostly taken from the Washington County Emergency publication on "Connection is Protection!" - a multi-page instruction given out at our Lecture series and available from Washington County Emergency Management)

If you have questions, you can join us at our monthly meetings, 7:00 PM, the third Monday of each month in the Conference Room.

And - - Be on the lookout for our 4th Lecture in November about AED training and water storage and purification support. (More door prizes and refreshments)

Submitted by Roy Metcalf, Committee member

POLITICAL SIGNS

It's that time of year again – Election time! Summerfield has a No Sign Policy except when it comes to Political Signs but with restrictions. According to CC&R Amendment 1.5.4 – One political sign no larger than 18 inches by 24 inches placed in the yard or unit window no earlier than one month before election day, to be removed not later than one day after election day. That is only ONE sign in your yard or your home window. ~SCA Office





MEN'S GOLF CLUB

MARK YOUR CALENDAR: Chapman #6: Play 10/2. Al Coutant Horserace: Play 10/3. Turkey Shoot: Signup 10/11 to 11/8. President's Classic Golf: Play 10/11. Annual Membership Meeting & Dinner: 10/11 from 6 to 9 PM.

<u>IN MEMORY OF DAVID GAINES</u>: A great friend. Always had a smile and something nice to say. He will be missed.

2024 ANNUAL DUES: Costs for 2024 are \$60.00, which include SMGC and OGA dues. Payable by check only. You can bring your check to the Annual meeting.

<u>HOLE IN ONE AND EAGLE'S</u>: Congrats to Glen Lett who got a Hole-in-One on 8/28 & an Eagle on 9/1. Also, to Jim Cook who Eagled on 7/18.

WELCOME NEW MEMBERS: Jeff Baldwin & Ken Gunderson.

BIRD MAN OF SUMMERFIELD: Buzz Smith a couple Wednesdays ago tallied 3 birdies during his Men's Club round. Don't see this very often.

August 28th CHAPMAN RESULTS: 124 golfers played on a great summer day with 95% of the players receiving a payout. Low Gross Winners: 1st Beck & Jordan. 2nd M & R Ribacchi. 3rd Gallagher & Smith. 4th M & R Reeves. Low Net Winners: 1st Stoesser & Erickson. Tie 2nd Pitre & Peterson/Courson & Gunderson. 3rd thru 10th 43 Teams.

CONGRATULATIONS. Couples KP #4: 1st Trommlitz & F Anderson. 2nd Beck & Jordan. KP #6: 1st M & R Ribacchi. 2nd Riggs & Cook. Long Putt #8: 1st Phillips & Masterson. 2nd and Meek. Men's KP #7: 1st Lett. 2nd Peterson. Ladies KP #9: 1st Dorney. 2nd Durgan. KP #2: Women Sell. Men Lett. Between the Lines: 10. On #9 Green: 23. Sonic Putt #1: J & D Casciato. Inside the Circle #5: 12. Raffle Winners: 8. Thanks to our Sponsors Ken Miller, Sandy Brewer, Rob Lindsey & Mike Cook. Also, a big thanks to the scoring team for sorting through and deciphering the scorecards.

<u>CLUB CHAMPIONSHIP</u>: Congratulations to Del Jordan, our 2023 Club Champion. 68 players competed in 4 divisions. Championship Division: Low Gross: 1st Del Jordan. 2nd Buzz Smith. Low Net: 1st Mike Simrell. 2nd Bob Barnett. Senior Division: Low Gross 1st Glenn Lett. 2nd Greg Eggert. Low Net 1st Rick Knutson. 2nd Jim Cooke. Super Senior: 1st Hal Thiemann. Tie 2nd Kent Nelson & Frank Bouthillier. Legends: 1st Jerry Vanderpool. 2nd Dick Wald.

<u>SIGNS YOUR GAME IS OFF!</u>: Your game is so bad, you have to have your ball retriever regripped.

Submitted By Ken Rose

WOMEN'S GOLF CLUB

The winning teams of the **August Scramble** were **1**st **Low Gross:** Trommlitz, Rieder, Miller, and Cruse. **2**nd **Low Gross:** Courson, Gallagher, Gillan, and Knutson. **1**st **Low Net:** Dorsey, Heimbecker, Mitchell, and Van Lente. **2**nd **Low Net:** Beck, Burton, Mathews, and Dorney. **3**rd **Low Net:** Stoesser, Whitehead, Buchanan, and Gray. **4**th **Low Net:** Tinker, Thiemann, Hargis, and Opoka.

At the general meeting following the scramble, two new members were announced...welcome to the club, Kathy Burton and Debbie Grossen. Also announced were the nominations for next year's board: President - Joyce Knutson, Vice President - Cheryl Riggs, Secretary - Jan Harrington, and Treasurer - Jo Heintz. Voting will take place at the next general meeting on October 5th. Thank you to the nominating committee - Marja Gillan, Barbara Kelley, Wendy Pfiefer, Mary Kerns, and Sharon Strain.

August Birdies were made by: Trommlitz (4), Reeves (2), Baldwin, Gillan, Gallagher (2), and Ribacchi. June Chip-Ins were made by Opoka, Thiemann, Miller, Mitchell (2), Baldwin, Reeves, Cruse, Nash, Sell, Kerns (2), Semet, Dufort, Dorsey, Pachciarz, Krueger, Trommlitz, Brosowske, Heintz, and Beck.

The **Birdie/Chip-in Tournament** will be a scramble starting at 9 AM on Thursday, October 12th with lunch afterward for all qualifiers. Please sign up by October 5th.

Our annual **Ladies Horse Race** tournament will take place on October 4, at noon. For those who are not playing, please come on out and encourage these dedicated women. It is truly a fun day for everyone!

The Summer golf season is coming to an end. We had a great summer with lots of beautiful days to get out and enjoy this fun sport. The last day of play is Tuesday, October 24th. The **Closing Luncheon** will be held on Thursday, October 26th, at 11:30 AM (no play that day). The theme of this event is **"Hats Off to You!"** and lunch will be catered by Eleanor's Signature Catering for \$22.50 per person. Be sure to sign up by October 12th for this fun final event of the year.

Submitted by Cheryl Riggs

BRIDGE SCORES

Monday Bridge: 8/14 S. McGuire 3910. 8/21 D. McKim 4220. 8/28 M. Scarborough 4110. 9/4 D. Deal 4400.

Wednesday Bridge:8/16 M. Lynch 3390. 8/23 D. Wallach 4490. 8/30 J. Roberts 3480. 9/6 K. Mullen 3490.

Thursday Night: 8/17 D. McKim 3100. 8/24 E. Schuller 4800. 8/31 E. Schuller 4220. 9/7 D. Jordan 5390.

Thursday Duplicate: 8/17 1st M. Itel/ M. Henry 2nd J. Nelson/ J. Breitbath. 8/24 N/S 1st A. Bennett/ L. Deringgton. 2nd M. Itel/ M Scarborough/ E/W 1st J. Nelson/ B. Fuson. 2nd N. Sahler/ D. Nangle. 9/7 N/S 1st D. Nangle/ J. Breitbath. 2nd C. Grubesic/ K. Mullen. E/W 1st M. Itel/ S. Bailey. 2nd A. Bennett/ L. Derington. 9/14 N/S 1st M. Irel/ S. Bailey. 2nd H. Benscheidt/ P. Biggs. E/W 1st J. Nelson/ M. Henry. 2nd A. Bennett/ L. Derington.

Submitted by Maggie Scarborough



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