November 2022



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THE HOLIDAY BAZAAR RETURNS!

The Summerfield Craft Club will hold its 32nd Holiday Bazaar on Friday and Saturday, November 11 & 12, from 9:00 AM to 2:00 PM in the Summerfield Clubhouse Conference Room.

Once again, the ladies of the Craft Club have a selection of beautifully handcrafted items perfect for holiday gift-giving and for yourself. As in the past,

we'll have a variety of fashion accessories, original jewelry, kitchen boutique items, distinctive gifts and cards, holiday decorations, and other unique treasures. Again, there will be tempting treats from the Craft Club members' kitchens.



Call your friends and family and make plans now to join us bright and early for the best selections. This is a great time and place to begin your holiday shopping! Meals on Wheels will again be the charity beneficiary of this Bazaar. Sales will be cash or check only. No cards accepted.

Submitted by Sharon Hughes

Summerfield Civic Association

10650 SW Summerfield Dr. Tigard, OR 97224

Office: 503-620-0131 or sca55@comcast.net

Golf Pro Shop: 503-620-1200

www.summerfield55.org www.golfsummerfield.com

Office open Monday through Friday, 8 AM—12 noon

WEBSITE LAUNCH PARTY

November 19 at 10:30 AM in the Lakeview Room

IT'S PARTY TIME The Website Team, after more than a year of hard web work, would like to invite you to the unveiling of the new Summerfield website. The party will be on November 19 at 10:30 AM in the Lakeview room. Be one of the first to see the new site and learn how to make effective use of our new and expanded website. Following the presentation, the team will be available to answer your questions. Refreshments will be

Submitted by Leigh Wilcox Website Team Leader

served.



President's Message

I recently had the opportunity to attend two long overdue events in Summerfield.

The first was the "Newcomers Welcome, Meet and Mingle" Celebration. It's been three years since we have been able to welcome our Newcomers. The Committee provided cookies and lemonade and coordinated a Fair featuring Clubs and Committees of Summerfield. Booths were signed to designate the Club or Committee and had representatives from each one visit with people and explain their purpose and answer questions. There were many activities on hand to explore from Pickleball and Tennis to Bridge and Craft Club. There were many volunteer opportunities, such as Clubhouse Committee and Neighborhood Watch. Many of the 44 Clubs and 14 Committees had representatives there, something for everyone. And most importantly, people to Meet and Mingle with and get to know neighbors and new friends. The Event was well attended with over 147 people attending.

A Big Thank You to the Newcomers Committee for coordination and set-up and to the many volunteers who staffed the various booths, provided food service, clean-up and put away the tables and chairs, a great example of our Exceptional Volunteers.

That brings me to the next Event: our Summerfield Volunteer Appreciation Night, another celebration that is three years overdue. Our Volunteers are the backbone of every Event going on in Summerfield and devote their time, energy and organizational skills to running each of our 14 Board Appointed Committees. These Committees serve the many needs of Summerfield from Architecture & Landscape to our Pool Committee. They produce our *Summary* Newsletter and create and manage our Summerfield Website. They manage our Common Area Landscaping needs and our Clubhouse Committee coordinates events, and manages the cleaning and remodeling of our beautiful Clubhouse. Our Library is one of our most popular and well-used areas.

The Volunteer Event coordinated by our Volunteer Appreciation Committee featured a great variety of sandwiches, appetizers, cookies and beverages. It featured music provided by our Summerfield Encore Group, and musicians Jerry Craig, Nancy Vink, Craig Kellogg and Carol Ann Wheeler, all Summerfield Volunteers.

We thanked them all for sharing their Time and Talents Volunteering and for making Summerfield a wonderful place to live.

Behind every successfully organized event, there is an extraordinary volunteer team!

Tom Clancy

Summerfield Neighborhood Watch, a SCA Board-appointed Committee, is looking for new members. No experience is needed, and we welcome new ideas!

The main functions of Neighborhood Watch are to maintain an accurate account of occupancy and emergency contact information in Summerfield's five security areas, and to encourage Summerfield residents' awareness of their physical surroundings, their neighbors, and of neighborhood crime prevention strategies

Contact: SCA Board Liaison, Penny Kellogg at pennykelloggsca@comcast.net

SCA Board Meeting Report

This report is a <u>recap</u> of the meeting. For details, see the minutes on the Clubhouse bulletin board.

October 10, 2022

President Tom Clancy called the meeting to order at $9{:}00$ AM. No visitors signed in to speak. Minutes accepted from the September $12^{\rm th}$, 2022 regular Board Meeting.

Golf Course Report- Z. Palmer: Mikayla Dart is now a full time employee. Three major mistakes made with Lift install, looking into how errors occurred and who is responsible for correcting them.

Golf Pro Shop Report – R. Lindsey: Beat September budget by \$6K and overall compared to budget is up \$17K. Sold out of off season passes in just 10 days. Huge thanks to Zach and Crew for keeping the golf course in such great shape. Men's and Women's golf clubs are coming to a close for the season.

City of Tigard Liaison Report -

Sherman: At the Sept. 13 City Council meeting, it was announced that there are 41,459 registered Tigard library card holders, which is pretty impressive considering that the city's population is about 55,000. Sept. 15 to Oct. 14 is Hispanic Heritage Month, and the city is sponsoring a large festival called El Tigre Fest on Oct. 15 in the Dirksen Nature Preserve. Everyone is welcome. At the Sept. 27 council meeting, upon review of the Tigard Municipal Court's collections process, it was recommended that the collections fee be modified. City Manager Steve Rymer reported the breaking news that Clean Water Services has reopened the Fanno Creek Trail at Scholls Ferry Road.

Seven people had applied to serve on the charter review committee at the time of the council meeting. The recruitment period ends Oct. 18.

Treasurer's Report: Operating account: September 2022 total income of \$72,413.33; September 2022 total expenditures of \$110,781.10; Cash on hand as of 9/30/2022 \$780,343.58. Reserve account: September 2022 total income of \$60.42; September 2022 total expenditures of \$8,905.00; General

reserve balance as of 9/30/22 \$1,370,014.14. New Buyer Fee income for September \$14,000; New Buyer Fee expenses for September \$7,769.18; New Buyer Fee interest \$19.20; New Buyer Fee account balance as of 9/30/22 \$242,533.30. Total General Reserves plus New Buyers Fee Account as of 9/30/22 \$1,612,547.44. Checks written in September: From Key Bank Operating checking account regular checks: #19380-19428, paychecks: #50370 -50373; From US Bank Reserves checking account checks: 112-1125; From Washington Federal Reserves Checking Account checks: 240-244. Motion was made (Gattuccio), seconded (Hughes) and approved to accept the entire Treasurer's report.

Old Business:

Poplar Trees

Motion made (Blake), seconded (Hughes) to accept bid from Evergreen Tree Services to remove the 15 Poplar Trees with a budget not to exceed \$65K. Motion passed.

Phase 3 of Monument Sign Landscaping - CALC

Motion made (Blake), seconded (Knutson) to approve a budget not to exceed \$5K for the completion of Phase 3 of the Monument Sign Landscaping by Innovative Landscaping. Motion passed.

Variance Request

Motion made (Gattuccio), seconded (Blake) to grant a variance request to allow a residents domestic partner to remain in occupancy should the owner pass before them. Motion passed.

New Business:

Clubhouse Use Forms Update

Motion was made (Kellogg), seconded (Gattuccio) to accept new Clubhouse Use Forms with minor edits. Motion passed.

Administrator's Report: Lots of correspondence with residents lately regarding issues like refuse bins, trailers, signs and the like. Home sales were slow for September.

Directors' Roundtable:

Gattuccio – Liaison to Architecture/ Landscape, Sub-Associations: Still lots of change requests coming in to A/L. Motion made (Clancy), seconded (Gattuccio) to approve Scott Owen as chairperson of A/L Committee and for Bev Anderson, Mary Kay Stroum, Greg Eggert, Larrie Nobel and Jon Erikson to remain on the A/L Committee for another year.

Kellogg - Liaison to Clubs/Activities, Neighborhood Watch, Clubhouse.

Newcomers: Newcomers Fair was a huge success. Neighborhood Watch is looking for a new Chairperson. Motion made (Kellogg), seconded (Hughes) to approve Deb Simpson as Clubhouse Committee Chairperson, Linda Tell as Secretary and Valerie Wicklund as a new member. Motion passed. Clubhouse Committee also changed their meeting time to the 3rd Tuesday of every month.

Hughes - Liaison to Pool, Summary:

Pool Committee has decided to extend the Pool season past Columbus Day due to the great weather and the closing date is set for Tuesday, October 18.

Knutson - Liaison to Pro Shop, Volunteer Appreciation: Upcoming Volunteer Appreciation event October 11, 4-6 PM.

Blake – Liaison to CALC, Greens, Marketing: Motion made (Blake), seconded (Knutson) to approve Barbara Jones to serve one more year on the Common Areas Landscape Committee. Motion passed.

Clancy – Liaison to Directory, Fair Housing, Website: Looking forward to a website preview soon.

Motion made (Hughes), seconded (Gattuccio) and approved to adjourn.

Meeting adjourned at 10:17 AM. Motion passed. Next Agenda Meeting November 7, 2022 at 9 AM. Next regular Board Meeting is November 14, 2022 at 9:00 AM.





A KALEIDOSCOPE OF COLORS

has begun to grace Summerfield after a long beautiful warm summer. Colorful leaves are now beginning to fall. This beautiful process reminds us that winter is coming and there are certain preparations we can consider doing to winterize our homes and yards.

Some of these are:

- Clean up leaves including those that might be clogging the street drains by your home.
- Remove and/or replace summer flowers and plants.
- Replace the batteries in smoke and carbon monoxide detectors.
- Close or Open house vents.
- Check to make sure the lamppost light is working properly.
- Check gutters for good drainage.

Enjoy this beautiful colorful Fall.

Submitted by Bev Anderson and Mary Kay Stroum A/L Committee Co-Chairs

BYOB Clubhouse Happy Hour

Tuesday afternoons at 4 PM. Come on down to the Clubhouse Living Room and bring a libation of your choosing to enjoy.

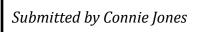
Meet new neighbors, chat with friends and swap some summer stories.
First Meet Up will be
November 1, at 4 PM.

Submitted by Carene Svoboda

Monday Morning Coffee

Coffee, tea, and treats are served every **Monday morning from 9-11 AM**. Please join us!! Visit with neighbors and make new friends. We have so many new neighbors at this particular time, so share your common interests, or learn about all the activities in this very active community.

There's something for everyone! Just drop a quarter in the cup.





First Aid in the Clubhouse

There are two new First Aid boxes in the Clubhouse. One is located in the Upstairs Kitchen just left of the door. There is also a Blood Borne Pathogens Kit there too. The second First Aid box is downstairs just before entering the hallway leading to the Fitness Rooms.

There are also two AED machines in the Clubhouse. One just outside of the Clubhouse Closet near the Kitchen and the second is next to the downstairs First Aid box. There is a third AED on the Golf Course near the restrooms on #3 tee.

Street Safety in Summerfield

Have you experienced an unsafe situation regarding Summerfield streets, sidewalks, or

paths, whether a pedestrian, vehicle, or just witnessed something from your own property?

The SCA Office would like to hear feed back about areas of trouble

visibility, speeding, missing signage or even obstructed signage as we work towards a safer community.

Please submit your thoughts and concerns to Administrator, Jennifer Stiffler at SCA55@comcast.net

Encore! Presents....

Together for the Holidays
A free musical concert of
memories, mirth and merriment
at the Summerfield Clubhouse

Two performances available: Sunday, Dec 4, 4:00 PM Saturday, Dec 10, 1:00 PM

To ensure a seat on the day of the concert, make your reservations early, as seating is limited.

Concerts start promptly on time.

Walk-ins will be accommodated if seats are available.

Every Monday in November Performers will be available 9-11 AM at a table in the lobby to take reservations.

QUILTERS CLUB

Join the Quilters Club and enjoy a time of creativity, accomplishment and friendship. Our group does individual projects, charity quilts, and group lessons. On November 10, we will be starting a block-of-the-month quilt project. We also have some precut kits available for assembly of charity quilts.

We welcome all quilters from novices to experienced. Meeting times are 12:30 to 3 PM on the first, third and fifth Thursdays and all day sew from 10 AM to 3 PM on the second and fourth Thursdays. Any questions call Bonnie Schweizer at 503-352-4126.

Come and quilt with us. *Submitted by Bonnie Schweizer*

GARDEN CLUB

On October 10, about 30 members of the Summerfield Garden Club made their annual pilgrimage to Bauman Farms in Gervais during its fall Harvest Festival, when many extra activities are available.

Members first enjoyed lunch in a giant greenhouse prepared by Barb Bauman and her staff before starting their shopping. Many purchased deli items, baked and canned goods, holiday decor (fall, Halloween, Thanksgiving and Christmas!), garden art, plants, hanging planters and more before heading back to Summerfield.

For their meeting on Monday, Nov. 14, a representative from the Tualatin Riverkeepers will speak to the group. The meeting begins at 1 PM in the Lakeview Room in the Clubhouse, and everyone is welcome.

For more information, call Karen Walker at 503-713-8694.

Submitted by Barbara Sherman



CALLING ALL RESIDENTS

Do you have a talent or past experience that can be of value to Summerfield? Summerfield is always looking for people with skills and passion in bringing people together, design, music, arts and crafts, project management, finances, marketing... the list goes on. Residents tenured and brand new can join committees, clubs and activities and impart your thoughts and gifts to our lovely community!!

CLUBHOUSE COMMITTEE

The Clubhouse Committee continues to work on keeping things up-to-date and attractive in the Clubhouse. Check out the display cases! A lot of work has also been done to update and provide clarity on the application forms used for events. You will be seeing the new forms in November.

We will welcome some new members to the October meeting and hope to attract others as well! We are expecting 2023 to be a very active year involving some exciting projects.

Next month we will be gearing up for holiday decorating!! Let us know if you would like to participate.

Submitted by Clubhouse Committee



MONTHLY CLUBHOUSE TOURS

November 2.1-2 PM

To welcome our new residents, there are monthly tours of our stunning Summerfield Clubhouse each month on the First Wednesday of the month from 1-2 PM. November 2 is the next scheduled date. Tours will start promptly at 1 PM in the Clubhouse fireplace lounge area.

There will be a Q & A session at the end of the tour. In addition to newcomers, **any resident** is welcome to join a tour.

For questions, call Barbara Lance at 503-639-8134.

Submitted by Newcomers Welcome Committee

Resident Private Events Updates

Effective January 1, 2023

The Clubhouse is a gathering place for many events and activities. Residents are welcome to use it for family-related private events. However, the Clubhouse is not a conference center, and as such its facilities are not for use by outside affiliated groups or events. The SCA Office will continue to review every application and has the authority to deny any event. The applicant has the right to appeal to the SCA Board, as always.

Beginning in 2023, the fees for use by residents will change. First, the deposit fee will be \$300 regardless of the size of the event. Second, the User Fee for non-SCA residents will increase to \$3.00 per person up from \$2.00 per person (the exception continues for Resident Memorial Services).

The Clubhouse use for private events has increased tremendously post-COVID, and we are excited that residents enjoy its use.

Clubs and Committees may ask SCA Maintenance to provide set-up and take-down for their events 7 days in advance of event. It has become apparent, that over the years, there have been mixed messages of what this entails, resulting in left over debris in Ballroom/Lakeview rooms after an event.

To clarify going forward, SCA Maintenance only does the set-up and take-down of the tables and chairs, not clean-up.

The Club or Committee is required to do clean-up immediately at the end of the event. This includes the kitchen but also cleaning the floor of debris and spills, especially after an event when food is served.

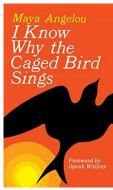
Forms are available in the rack outside of the SCA Office any time, as well as, most are available on the website www.summerfield55.org/forms

Submitted by SCA Administration

BOOK CLUB

We had a great book club meeting in October. Ashley Moen led the discussion of The Children's Blizzard. A score of participants had their own stories to tell of blizzards and other harrowing things that have happened to them. None were as bad as what happened in the blizzard of 1888 in the Dakotas.

The November meeting will be on Tuesday, November 8, at 2:00 PM in the Conference Room. We will be discussing *I* Know Why the Caged Bird Sings by Maya Angelou. This is a coming-of-age story of a precocious but insecure black girl growing up in the American South in the 1930s and California in the 1940s. She



lives with her grandmother after her parents' divorce. Her Grandmother runs the only store for blacks in Stamps, Arkansas. We have no leader for this meeting, so we ask that all who attend bring some ideas of interest about the book and present them for discussion from the group. To start the meeting, I will gather some information about the author and present it. (so, we all don't do the same thing)

Please help us get our reading list for next year, 2023. If you have read a book or heard about one that you think the book club would like to read, please state the name of the book and the author and a sentence or two about the subject and if you have time, check the availability from the Washington County library system. Please Email these nominations to Carol Brenneman at carolbrennamen350@gmail.com, or you can bring them to the meeting. These nominations will be discussed and voted upon at our December Meeting on December 13. Thank you all for making our Book Club an important part of our lives here in Summerfield.

Submitted by Neal Sanders

SENIOR LEARNING

Do you like Impressionist paintings? If so, you should come to the Senior Learning sessions in the Lakeview Room every Thursday at 2 PM. We will have "Impressionism, from Monet to Van Gogh" videos throughout this month. Never too late to learn!

Submitted by Gerry Craig

DEMENTIA SUPPORT GROUP

The greatest factor for the onset of dementia is aging. You may already be a caregiver for a loved one suffering from this tragic disease. There is a support group right here in Summerfield that meets in the Clubhouse each month on the third Monday at 1 PM. All are welcome to come and share experiences and feelings.

Submitted by Gerry Craig

LOW VISION SUPPORT GROUP

Curious? Any SCA member may sit in on our meetings. We meet the first Friday of every month, from 10:30 AM until noon in the Conference Room.

Submitted by Ruthanne Lidman

Summerfield Bible Study

Meets every Wednesday at 9:30 AM for coffee and fellowship and 10 AM for a study in Romans. We will finish up Romans in October and start Ephesians the first of November.

We gather together at Southwest Church of Christ on Durham and 98th each Wednesday. Any questions?



Submitted by Mary Kay Stroum

JUST-FRIENDS SINGLES

On Thursday, November 3, let's go to an early dinner at Hunan Pearl Restaurant, 15160 Bangy Rd., Lake Oswego, 97035. Check out their menu at: www.hunanpearl.com.

To carpool, meet in the lobby at the Club-

To carpool, meet in the lobby at the Clubhouse at 3:45 PM.



Planning meeting for future activities on Saturday, November 5, at 11 AM, in the Conference Room. Bring ideas for winter fun! We will go to lunch afterward.

Let's play Cornhole on Thursday, November 10, at 3:15 PM in the Lakeview Room at the Clubhouse. It's a fun game and easy to learn!



On Tuesday, November 15, come to Game Night at 6:30 PM in the Game Room. Hot cider and "everything pumpkin" will be provided. Bring your favorite game if you have one.

Tired of turkey?? Then come to breakfast on Wednesday, November 30, at IHOP in Sherwood, (16814 SW Edy Rd., Suite 121). Find their menu at: www.ihop.com. To carpool, meet in the lobby of the Clubhouse at 9 AM.

★ SAVE THE DATE for our annual



Holiday Party! Thursday, December 8, at 6:30 PM at the Claim Jumper Restaurant, 18000 SW Lower Boones Ferry Rd., Tualatin, 97224. There will be a limit of 24 people, and YOU MUST SIGN up by

December 1. More details to follow, Ho Ho Ho.

Questions about these activities? Call Linda Henning: at 858-481-6868 or attend the meeting on November 5.

Submitted by Nancy Vink

SUMMERFIELD SINGERS



Like to sing? Want to be part of a group that sings just for fun? Then you will like Summerfield Singers!

Summerfield Singers meets on the first and third Fridays from 2 PM – 3 PM in the Ballroom of the Clubhouse. We welcome anyone who likes to sing. You don't have to have a great voice or be able to read music. We sing a variety of songs, from musicals to old favorites and more, so there are sure to be ones you will like.

Interested? Come and sit in a time or two, and if you would like to sing with us, you can join us! We have songbooks available for a nominal cost. We would love to have you!

Questions? Call Julie at 712-830-7477.

Submitted by Julie Helle, Director and Nancy Vink, Accompanist

Tai Chi and Yoga

Shape up! Trim down! Gently bend and stretch -- all for nothing!! No \$\$ that is.

The rewards are: more energy, better balance, looser joints and possibly a calmer sense of self with attention to better breathing. Another great benefit is meeting new neighbors!

We meet each Monday, Wednesday and Friday: **Tai Chi** and **Qi Gong** at 8 AM in Lakeview and Ballroom

Yoga at 8:30 AM in Ballroom (bring mat for Yoga). Dress comfortably and don't forget to drink water.

Questions? Call Connie Jones 503-816-8563

Submitted by Connie Jones

Newcomer's Fair Thank You

Thank you for making the Newcomer's Fair on October 1st a great success! Those newcomers attending had a wonderful time, mixing and mingling, learning about Summerfield's clubs and activities, enjoying refreshments and a line dancing demonstration. Congratulations to the five people who won \$20 door prizes.

We thank those who gave their time to host club and activities tables and to the Newcomer's Committee for their help and support.

Submitted by Toby Blake & Carene Svoboda Newcomer's Fair Chair and Newcomers Chair

Please.... DON'T FEED THE DUCKS

Sure a lot of us think they are cute, they are part of the land, they a part of nature but please, **don't feed the ducks.** The ducks are mostly a nuisance to the neighborhood, to the golf course, and to our outdoor pool.

The problem with feeding them it that is helps their population grow which can cause a natural disturbance in the pond as it reaches more than its "carrying capacity." It may feel like a good thing to toss them some bread, crackers or grain, but an increased carbohydrate diet actually causes them to produce more feces as well; it's basically a "junk food" diet. A poor diet decreases their ability to fight infection. Ducks and geese can pass on some nasty diseases such as avian botulism.

Urban waterfowl are more likely to be hit by vehicles, attract larger predators and fall into storm drains.

There are many more reasons, but finally in our interest they tear up our beautiful lawns with their nesting and pecking. Please don't feed the ducks. Submitted by the SCA Office





Friday, November 11, at 2 to 4 PM in the Lakeview room.

To all Veterans and others who want to honor our men and women in uniform, past, present and future. We will never forget your sacrifices.

There will be a memorabilia table, video display and refreshments. Share a bit of history with all.

Submitted by the Volunteer Appreciation Committee

The **Volunteer Appreciation Event** was held on October 11th.

It was a great time enjoyed by (125) attendees. The Committee served appetizers and beverages. They were entertained by Encore! our own Summerfield music group.

Thank you again to all of our amazing Summerfield volunteers and a special thanks to the group of volunteers who coordinated this event: Cheryl Baldwin, Eldon Tichenor, Lov Thiemann, Beth McPherson, Joann

Joy Thiemann, Beth McPherson, Joann Casciato, Joyce Knutson and Carol Knutson (Board Liaison).



FUN WITH HAND & FOOT NOVEMBER IS TOURNAMENT MONTH

If you have previously played with the Tuesday group, you may sign up at our regular game on November 1, or on the bulletin board. **Please sign up with a partner**; if you do not have a partner, we can try to match you with another single.

Because we must have even tables (4 players per table), early sign-ups will have priority. Tournament rules will be available at our regular Tuesday games.



We have a very fun, casual group that plays every **Tuesday at 1:30 PM in the Game Room**. **Please plan on being there 15 minutes early for table assignment**. We start to play promptly at 1:30. Late arrivals cannot be seated, as table seating is drawn and we cannot interrupt a game that has started.

If you have never played or feel rusty, Susan is offering tutorials at Noon on Tuesdays, just before the regular games, **to those who RSVP at least a day ahead.** Learn the basics without the pressure of a game. You may direct questions or RSVP to Susan by phone at 818-648-5356 or by email at scallihan7308@gmail.com. **Lessons will not be offered on Tournament day – November 8.**

The Hand & Foot group no longer requires masking unless OHA returns to mandate. Some of our players may choose to continue masking, and that is their prerogative. However, by consensus of our regular players, we will continue to require that players be vaccinated due to the number of immunocompromised or atrisk members of the group and the periodic resurgences of this virus and variants around the country.

We ask that if you travel, or are in close contact with someone who has recently traveled, to not attend for 5 days after your return or after that contact. If you feel ill, please do not attend.

Submitted by Paula Henry and Susan Callihan – Co-chairs

CALLING ALL BINGO PLAYERS



Bingo will be played only once this month on Friday, November 11, at 7:00 PM, in the Game Room. See you there!

Submitted by Marlene Christensen

CRIBBAGE

We play cribbage from **9:30 AM until noon on Monday** mornings. We have all the materials. It is a great place to learn how to play or refresh your memory. Come join the fun! Call if you have questions at 503-341-8454



Submitted by Steve Moore

MahJongg (American)

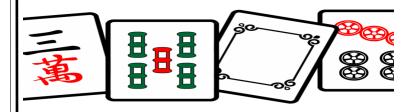
Come join us on Tuesdays between the hours of Noon - 4 PM in the Game Room.

Our group is currently small and we'd like to build it. I am considering offering training, but first I need to establish the amount of interest within the Summerfield Community.

Note that this is not a game one learns in an afternoon, then plays the next day. Training will consist of weekly 2-hour sessions, for a minimum of 4-6 weeks. But, once you are up-to-speed, you will find American MahJongg one of the most challenging and enjoyable ways to spend your time AND work your mind each week. Give it some thought. Feel free to contact me at 503-314-1575 (text or talk) or email tishk42@gmail.com for more info and/or to let me know if you would like to be included in training. I have also posted a sign-up sheet on the bulletin

Submitted by Tish Kremidas

board.



LINE DANCE

Advantages of Line Dancing – Mental, Physical and Social.



More informal than ballroom dancing, line dancing involves lines of people who do set patterns of steps to a variety of rhythms. No special dancing skills are needed. Once steps are learned, an instructor calls out those steps and away you go. Line dancing also provides great opportunities for socializing, even though partners aren't needed. Making new friends in our Summerfield community is the best!

Ultra Beginners began October 24 and it is not too late for you to join **IF** you attend the class on November 7. Due to the way this class is structured, it is more difficult to catch up after three weeks. This class is held on Monday mornings from 10:30 – 11:30 AM in the ballroom.

OTHER LINE DANCE OPPORTUNITIES

Monday evenings from 6 – 7:30 PM will be a combination of dances from beginner to low intermediate levels of dance.

Wednesday afternoons 1:30 – 3 PM combination much the same as Monday evenings. I hope you chose to DANCE.

Submitted by Diane Christensen

Qigong-Yoga

Tuesdays - In the Lakeview Room - 10:30 AM

Do you want to improve your strength or balance? Would you like to feel more openness in your body?



These are some of the many benefits you may experience from regular participation in **Qigong Yoga** (pronounced CheeGong).

We make use of chairs as props and sometimes use yoga straps to help improve our posture and find more openness in the body.

We move mindfully into poses and exercises that encourage more energy, flexibility, and balance.

Variations are offered based on each student's needs.

If you have a yoga mat, feel free to bring it, although it is not necessary to enjoy the practice. Looking forward to seeing you in class!

Questions? Call or text Pamela at 503-320-5150

Submitted by Pamela Olzman

ART GUILD

The Creative Art Guild has been busy preparing new works to display on the Clubhouse Gallery Walls - our latest theme is "Through A Window".

Be sure and watch for the new works to be displayed mid-November, and see the many creative ways Summerfield's artists express this theme.



In our occasional segment, "Art Guild Members Getting Around", Lori Owen had one of her wildlife pastel paintings selected as a finalist in an "Art for Animals" national competition. Congratulations!

Our next Art Guild meeting will be on Monday, November 21, at 3:00 PM in the Art and Crafts Room. Be sure and bring your work for the Gallery Walls display. We look forward to seeing you there.

Submitted by the Creative Art Guild

Disasters: a couple of examples for consideration

(The following is provided to prompt your interest in Preparedness.)

"Disasters" are a pretty general description of events, so I thought you might like a couple of examples for consideration – to help in your motivation to prepare for the possible coming "Big One." Christchurch, NZ, sits on the East coast of South Island, which sits on top of a rift zone of subduction of the Pacific Plate under a more western plate, rather like the central West Coast Cascadia zone here – but it is a very active zone with numerous earthquakes being recorded since a large one in 1885. In 2010 a 7.1 scale quake hit in September and did extensive damage, but there was little loss of life due to big changes in building codes over the years and an excellent warning system. The ground shook for 40 seconds. However, in February of the next year, a 6.3 aftershock, one of many, struck and caused more damage and 185 fatalities with hundreds injured. While this quake was smaller than the September one, the almost constant series of aftershocks up to that time weakened many structures and utilities. Emergency services were put to extreme tests and rebuilding took years to accomplish.

In March of 2010, the 9.0 level Tohoku (Nuclear site) quake struck 40 miles off the east coast of Japan, causing a 135ft high tidal wave that destroyed 450,000 homes and killed 15,500 residents. The ground shook for <u>6 minutes</u>. Parts of the coastline were raised several feet. The rotation of the Earth was slowed by a microsecond or two. That entire island of the Japan chain was moved West some. Roads were buckled, bridges were down, and utilities were out for months. A lecture by a US exchange teacher working there noted her school on the coast just "disappeared" but warnings were sufficient to get the students and staff to high ground. After the event, she stood in line for 2 hours to get water from a farmer's well, outside the small city where she lived. Stores somehow managed to conduct some sales without electricity for weeks. Money to buy what was available was hard to find.

Now, consider us and the central West Pacific coast here: Hundreds of GPS sensors up and down the coastal area show that most of the land is moving East, pushed by the subducting Juan De Fuca plate out at sea, sliding under the Northwest Plate. This is reducing some stress built up by the subduction action. The Northwest is moving along, north of us and south of us but NOT in the central/northern Oregon coast area, therefore this region is building up stress over the past centuries and will need to be relieved someday! That is the reason experts are predicting the 200 to 600-year cycle event, "The Big One" – the 9.4+ level quake that could shake for 4 minutes. and generate a large tsunami on the coast. It could also cause widespread quake damage inland as far as the Cascade mountain chain. It could make other recent quakes seem more innocent in comparison! If and when it comes, Emergency services will be overcome, roads and most bridges will be out, and utilities will possibly be out for weeks. Relief efforts will possibly be slow in coming due to road/rail/airport damage. And then there are the possible aftershocks! One can prepare for this now!! - with some minimal supplies and equipment.

The Summerfield Disaster Preparation Committee is working on programs to inform, educate, and help prepare residents for the predicted quake coming – we hope it will be far in the future, or not at all - but predictions are hard to ignore. If you would like to aid the Committee work and learn more about Preparedness, please come and join us in our monthly meetings, on the third Monday of each month in the Summerfield Clubhouse conference room at 7 PM.

Call Committee member Roy Metcalf, with any questions, (before the event!) 503-352-9672.

Submitted by Roy Metcalf

WATER AEROBICS

Summer has fled, belied by the continuing warm, sunny weather. But alas, water aerobics has come to an end. We have thoroughly enjoyed our water aerobics this summer, with approximately 700 individual visits by our intrepid participants, despite five weeks of closure for a variety of maintenance/repair issues. We have had a consistent core of 10-15 water aerobics enthusiasts.

Summerfield Water
Aerobics will resume in
May 2023. Watch the
Summary for the opening
date – usually Mother's
Day weekend. Our next
announcement will be in
the March or April Summary.



During winter months, there are local pools that offer water aerobics:

- ◆ **Tigard Pool** 503-431-5455 www.ttadpools.com
- Sherwood YMCA 503-625-9622 www.ymcaw.org
- **Tualatin Marquis Cmty. Pool** 503-612-2550

www.marquiscompanies.com/facility/ tualatin-community

For general information about Summerfield water aerobics, you can contact Sandra Serpas at 541-521-8887.

SEE YOU NEXT SPRING

Submitted by Sandra Serpas

From the Golf Shop



I just want to thank everyone for another successful golf year. I also want to again congratulate this year's club champions, Del Jordan and Mary Ribacchi. Both of these members

played outstandingly during Club Championship week and should be very proud of their accomplishments. I also want to congratulate this year's Horse Race winners; Bob Smith and Jack Vogel won on the men's side and Lynn O'Brien and Pat Dufort took it on the women's side.

I know many of you are planning to head south this month and I wanted to be the first to wish everyone a happy and safe holiday. Please check your respective club's bulletin board for credit book balances. Many of you have accrued some credit and need to use it by the end of the year. Unfortunately, due to vendor and supply chain issues, we will not be able to accept any special orders from this point forward.

This year's Christmas Open House will be on Tuesday, December 6th. As usual, we will have hors -d'oeuvres and music with a special 20% off discount in the golf shop. This is always a great time to get together and celebrate the season.

Upcoming Events

- 11-16 Turkey Shoot (10 AM Shotgun)
- 12-6 Santa Claus Open (10 AM Shotgun)
- 12-6 Christmas Open House (5-7 PM)

Submitted by Rob Lindsey



SUMMERFIELD WOMEN'S GOLF CLUB

The annual **Horse Race** got off to a great start on October 5th with 26 women participating in the event. The weather was a little cool but then warmed up and turned out to be a beautiful day. Congratulations to the winners: L. O'Brien & P. Dufort (1st), I. Trommlitz & J. Sell (2nd), M. Gillan & S. Stoesser (3rd), J. Miller & S. Comstock (4th). Thank you to all of the players, the many spectators and Rob Lindsey our Golf Pro for a job well done!

September Birdies were achieved by C. Pitre, S. Brewer, C. Riggs, I. Lafferty, M. Launder, I. Trommlitz, J. Mitchell, B. Phillips (2), J. Meek, K. Connolly, W. Pfeifer. **September Chip-Ins** were achieved by C. Baldwin, C. Pitre, T. Gallagher, J. Endicott, M. Kerns, B. Phillips (2), G. Lynch, P. Cherrick, W. Pfeifer, M. Ribacchi, J. Heintz, J. Meek, R. Nash, J. Beck, L. Gray.

The **Birdie/Chip-In Tournament** was held on October 13th. 1st Place went to the team of T. Gallagher, R. Nash, Y. Semet, I. Trommlitz. 2nd Place went to the team of J. Courson, J. Heinz, M. Kerns, M. Reeves. 3rd Place went to the team of N. Buchanan, M. Launder, N. Sahler. 4th Place was a 3-way tie and went to the teams of C. Hargis, J. Knutson, J. Opoka and C. Baldwin, J. Endicott, C. Pitre and J. Beck, D. Cruse, C. Krueger, J. Sell. Thanks to Judy Sell and her committee for organizing a great tournament and wonderful lunch!

Also recognized at the luncheon were **Birdie/Chip-In Winners** for the 2022 golf season. 1st Place with 7 Birdies went to M. Ribacchi, 2nd Place with 5 Birdies went to B. Phillips & I. Trommlitz, 3rd Place with 4 Birdies went to M. Launder. 1st Place with 5 Chip-Ins went to Y. Semet, 2nd Place with 3 Chip-Ins each went to Y. Semet, 2nd Place with 3 Chip-Ins each went to Y. Semet, 2nd Place with 3 Chip-Ins each went to Y. Semet, Ist Place with 3 Chip-Ins each went to M. Kerns, M. Sims, J. Courson, M. Launder, C. Hargis, J. Knutson, J. Mitchell, M. Katz, J. Harrington, M. Dunlap, L. O'Brien, C. Riggs, D. Smith, N. Sahler, R. Whitehead.

Our final day of play was on October 25th. The 2022 golf season was commemorated at the **Closing Luncheon** held on October 27th with the theme "**Celebrate the Season**". Costumes were an optional part of the festivities and a delicious lunch was catered by Dalton's. A huge thanks to Sharon Strain, Carol Hargis, and committee members for all of their time and effort in making this an enjoyable event. More will be reported in next month's summary.

The first day of play for **Winter Golf** is Tuesday, November 1. Show up at the Pro Shop by 8:45 AM to sign in and play at 9:00 AM. If you prefer to play in the afternoon time of 1:30 PM, you need to call the pro shop ahead of time to sign up. Your 10 best scores will be used this year. The cost for Winter Golf is \$8 which covers prizes and the luncheon.

Hello November! Thank you for reminding us we have so much to be grateful for!

Submitted by Cheryl Riggs

SUMMERFIELD MEN'S GOLF CLUB

MARK YOUR CALENDAR: **Turkey Shoot:** Sign up until 11/9. Play 11/16. **Santa Claus Open:** Sign up 11/9 to 11/29. Play 12/9.



OCTOBER 3RD CHAPMAN RESULTS: We had 130 players & 126 received an award. Great weather. Low Gross: 1st Tori Gallagher & Buzz Smith. 2nd Janice Beck & Del Jordan. 3rd Mary & Rich Ribacchi. Tie 4th June & Scott Miller/Joanne & Gary Heintz. Low Net: Tie 1st Sandy & John Brewer/Diana Smith & Lou Bunch. Tie 2nd Wendy Pfeifer & Chuck Coiner/Irene Lafferty & Frank Bouthhillier/Jack Vogel & Susan VanLente. Ten Teams Tied for 3rd. CONGRATULATIONS 4th through 10th. Couples KP #4: 1st Tori Gallagher & Buzz Smith 2nd Jan Harrington & David House. KP #6: 1st Joy & Hal Thiemann. 2nd Joy Tinker & Doug Jackson. Long Putt #8: 1st Gail Romero & David Gaines. 2nd Wendy Pfeifer & Chuck Coiner. Men's KP #7: 1st Ed Stern. 2nd Mike Tsujimura. Ladies KP #9: 1st Mary Reeves. 2nd Irene Jordan. KP #2: Women: Judy Sell. Men: Larry Comstock. Between the Lines: 17 winners. On #9 Green: 36 winners. Sonic Putt: 7 winners. Inside the Circle #5: 14 winners. Low Gross Winners: 5. Low Net Winners: 56.

Raffle Winners: 8. Thanks to our sponsors Ken Miller, Sandy Brewer, Rob Lindsey and Mike Cook, whose generous donations allowed 97% of the players to receive an award. Also, a big thanks to John Brewer, Mike Tsujimura and Buzz Smith for sorting through and deciphering the scorecards and tabulating all the scores to determine the payouts.

CHAPMAN DINNER SURVEY: Mike Cook will be sending out a survey to get everyone's opinion on the number of Chapman dinners for 2023.

FALL MATCH PLAY: **A Flight: 1**st Bill Whitehead. **2**nd Ed Stern. **3**rd Glenn Lett. **4**th Ron Reeves. **Consolation: 1**st Jim Cooke. **2**nd Herb Peterson. **3**rd Mike Simrell. **4**th Mel Scott. **B Flight 1**st Jerry Vanderpool. **2**nd John Fitzgerald. **3**rd Bob Meek. **4**th John Brewer. **Consolation: 1**st Ken Carrell. **2**nd Mike Tsujimura. **Tie 3**rd Kent Nelson & Frank Anderson.

<u>WAKEFIELD SCRAMBLE</u>: Event started with 56 players competing for the top spots; 36 received awards. Low Gross Winners: Frank Peterson, Greg Eggert, Larry Launder, David Gaines. Low Net Winners: Del Jordan, Jack Jepsen, Gary Nelson, Herb Giles.

HORSE RACE: 18 groups started out on a great day for golf. Competition was tight, with chip-offs on every hole, including the Championship hole. **Winners:** Bob Smith & Jack Vogel. **2**nd Ron Reeves & Mike Tsujimura. **3**rd Del Jordan & Jerry Vanderpool. **4**th Mel Scott & Johnny Giccatti.

THE NO-ADVICE GOLF ADVISOR: As the season winds down, it's maybe time to reflect on our past season's efforts - especially this writer. With that thought, I found an article by Luke Kerr-Dineen of GOLF.com regarding the "worst" feelings in golf. Here are a few that I'm sure everyone can relate to. Topping a drive of the first tee, leaving a birdie putt short, missing the green with a wedge, three-putting from 10 feet, chunking a chip and then blading the next chip and realizing you hit a putt way too hard. But on the brighter side, Will Rogers once said, "Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

Submitted by Ken Rose

BRIDGE SCORES

Monday 9/19 B. Eberle 4540. 9/26 S. McGuire 3310. 10/3 D. Wallach 4060. 10/10 M. Scarborough 3940.

Wednesday 9/14 P. Wilson 3450 & B. Finch 3450. 9/21 S. McGuire 4510. 9/28 D. Jordan. 10/5 B. Eberle 5100. 10/12 P. Wilson 2050. **Thursday night** 9/15 D. Jordan 4020. 9/22 K. Mullen 2400 & D. McKim 2400. 9/29 D. Wallach 3980. 10/6 M. Dick 3280. 10/13 B. Eberle 3330.

Thursday Duplicate - 9/16 1st J. Nelson/ B. Fuson. 2nd M. Itel/ A. Bennett. 9/22

N/S 1st A. Bennett/ M. Itel. 2nd M. Scarborough/ L. Cook. E/W 1st J. Nelson/ J. MacNeill. 2nd E. Landsburg/ B. Meier. 9/29 N/S 1st N. Sahler/ D. Nangle. 2nd H. Benscheidt/ L.

Derington. E/W 1st M. Ritchey/ B. Gevertz. 2nd B.

Meier/ J. MacNeill.10/6/ 1st J. Nelson/ M.

Henry. 2nd B. Meier/J. MacNeill. 10/13 1st N. Schlor/D. Nongle. 2nd B. Ferryand / C. Ferryand

Sahler/ D. Nangle. 2nd B Forward/ C. Forward.

Submitted by Maggie Scarborough



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et's Play Bridge!