

## ***MUST HAVE EMERGENCY SUPPLIES***

### **I.D. and Cash**

- Copies of driver's license, birth certificate/passport, wills, insurance company policy numbers in a plastic baggie. Wear I.D. on your person.
- Cash, \$300 to \$500 in small bills. ATMs will not be working.

### **FOOD AND WATER**

- 3 WEEKS SUPPLY FOOD AND WATER, 1 gallon of water per day per person. Don't forget pets.
- Canned foods: tuna, chicken, hearty soups, beans, chili, peanut butter.
- Dry foods: dry soups, noodles, instant cereal packs, crackers, energy bars, beef jerky, instant cocoa/coffee/tea.
- 3 - 6 weeks supply of freeze dried food. (Costco, Wal-Mart, Cabela's, REI, or order on line).

### **FIRST AID AND HYGIENE**

- First Aid kit including gauze rolls, surgical tape, pads or tampons for severe bleeding, hydrogen peroxide, alcohol, aspirin, bandages.
- Soap concentrate, baking soda, bleach, toothpaste/brush, small towels/face cloth, scissors, tweezers.
- Prescription medications, spare eyeglasses.
- Garbage bags, 2 plastic buckets (waste and wash), toilet paper, foil.
- Water Purification: tablets, liquid, filter, or boil water 1 minute and add 4 drops bleach per quart.

### **SUPPLIES AND TOOLS**

- Pet carriers.
- Basic tools plus a crowbar, hatchet, saw, duct tape.
- Hand cranked radio, flashlights/lanterns (solar powered is better).
- Survival whistles for getting attention. Work gloves for broken glass, splinters, etc.
- Warm clothing, sturdy shoes & socks.
- Extra blankets (heavy fleece).
- Sleeping bags, tarps, reflector blankets, tent, plastic sheeting.
- Small cook stove, fuel, matches.
- Utensils, cups, bowls.